

MINISTER'S COLUMN

REVEREND LAURA THOMPSON

The Promise and the Practice

In September, our theme was vision. Within that theme we talked about what we bring to the bigger picture and about the need for forgiveness and atonement in bringing our best vision to fruition. This month, we're going deeper than just vision. This month our focus is the UUA campaign "The Promise and the Practice".

The Promise and the Practice is a turning moment; a choice to **listen deeply to the stories in our movement that have not been heard**, and taken to heart, by all Unitarian Universalists.

It's a lamenting of what our Unitarian Universalist tradition and congregations have lost by being—unable or unwilling—to center people of color (or even, at times, to merely include them). The Promise and the Practice is a **celebration of our shared commitment** to live into a new chapter in the story of our UU faith.

Holding onto the opening words of our mission statement that "we are an inclusive community" and the directive words of our vision statement that we courageously strive to live out our principles justice is a cornerstone of our community it is good and right that we should focus a month of our Sunday services on lifting the up voices of people of color in our denomination and community. At the same time, we will be engaged in the practice of making amends by answering the call of the UUA for every congregation to participate in the funding of Black Lives UU (BLUU).

The campaign has called upon congregations to donate \$10 per member in order to receive a matching grant from a generous donor of up to 1 million dollars. In October 2016 the UUA Board of Trustees made a \$5.3 million commitment to fund black leaders in Unitarian Universalism to support ministry to black-identified Unitarian Universalists. This bold move was and is a part of our faith's commitment to anti-racism work and decentering whiteness. While we do this work on Sunday mornings and through our social justice work, it is important that we lift up, value and share leadership with UU's of color.

Throughout the month we'll learn about our history with anti-racism work and about the current work of BLUU. We'll share reflections from UU folks of color. And in our commitment to understanding racism within our broader communities we'll learn about racial bias in our local criminal justice systems. Taking up this work is hard and it can bring up many

feelings. Try to center your feelings about why we are doing this work; to enable a world that is more loving and just, to celebrate and uplift voices from the margins, to reconcile ourselves with the whole. It is through listening and witnessing the pain that white supremacy has caused in all of our systems that we can heal our own brokenness. And it is in creating space for people of color whom we have historically diminished, overlooked and let down to feel safe and empowered that they may heal their wounds and find empowerment. Let us rejoice in the opportunity to engage in this good work.

In faith and joy,
Rev. Laura

SUNDAY SERVICES

Oct 7: The Promise and the Practice

We Will Story Our Own Lives, Part I; What would it be like if our UU worship service centered entirely around the voices and the experiences of black Unitarian Universalists? What truths might we hear, however difficult? What might we learn? How might these black UU leaders teach us to be better allies, better siblings in faith, and even better citizens in our community? The worship components of this service were created specifically for The Promise and the Practice Sundays by black religious professionals who were compensated for their time, wisdom, and skills. Through dialogue and covenant, they chose to "story" their own lives – that is, to draw from their lived experience and make of it a text to be absorbed by UUs of all races and ethnicities.

Oct 14: Race and the Criminal Justice System

Are We Awake? The Social Action Committee and Beloved Conversations participants are excited to announce that our speaker this Sunday will be Mary Moriarty, Hennepin County Chief Public Defender. Recognizing that our state's incarceration rates are among the most disparate in the nation, Mary will discuss how racial bias distorts our criminal justice system.

Oct 21: The Promise and the Practice: We Will Story Our Own Lives, Part II

This continuation from our October 7th service will include a Story for all Ages. With Rev. Laura and Tom Ehlinger

Oct 28: Unpacking White Fragility

Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. Why do we act this way? Why is it so hard for white people to talk about racism? Rev. Laura and Linda Hayden





NOTES FROM THE CHAIR

“Shared Ministry” is the latest buzzword in the field of congregational development. One reason for this could be that it can empower each of us to see clearly our stake in helping our congregation evolve and grow with our culture’s seismic changes.

“Shared” implies that we each partake and contribute in one way or another. Each of us experiences benefits, and each of us, if only with our presence, gives to and supports our MVUUF community.

“Ministry” refers to how each of us can contribute our gifts, including our gift of presence, in caring and compassionate ways.

“Shared Ministry” acknowledges the ripple effects of each individual life. Words, once spoken and heard, are free for listeners to interpret and pass on. Actions, once taken, create ripples that far outreach the acting individual’s line of sight. “Shared Ministry” gives us a lens through which we can consider our words and actions, with intention.

The UUA has proposed some ideas about shared leadership in congregations through which we can consider “shared ministry.” One idea includes adapting into our by-laws a description of how a Congregation looks to its minister, and how a Minister looks to its congregation. It includes:

1.2.3. Consistent with our shared values and Principles of Unitarian Universalism, the Minister looks to the Congregation to live out its mission and vision, demonstrate effective leadership, be open to change, broaden the meaning of community, and to communicate issues or concerns that may arise in a forthright and respectful manner.

This highlights the reality that each of us is an integral part of MVUUF, and that we each have a part to play. Please stay tuned for more information about these proposals in the coming months.

SUMMER BOARD HIGHLIGHTS

At the time of the Board of Trustees meeting on September 12, Hanifl Grant approval for the second of its two years was pending. I am glad to report that we have since received this approval.

As good as this news is, this generous grant is a finite source of funding, which ends in June 2019. The need for each of us to consider ourselves as a committed steward of this congregation is more evident and urgent than ever, if we are to maintain our programming.

Stewardship was a guest of the September Board meeting. Jeanne Simpson, Richard Duffin, and Glenn Corliss gave a well-thought-out presentation of year’s Stewardship strategy, and their expectations of the Board.

Our Board of Trustees this year has committed to focusing on Stewardship. We recognize that each of us congregants has a stake in the health and success of MVUUF. You will hear more in the coming weeks about a variety of ways to contribute to this year’s Stewardship program, whether out front, or behind the scenes. Also, of course, if you have ideas about how you might contribute, please contact a member of the Stewardship Committee, or a Board member. You can find this information in our Sunday Programs, and on the second-to-the-last page of the Uni-Sun.

Please feel free to call or email me if you have comments or questions.

Kelley Hughes, Board Chair, 2018-2019 Phone 952-451-6376 Email: uukelley@hotmail.com



MUSICAL NOTES

SONJA JOHNSTON, MINISTER OF MUSIC

Happy fall to everyone! I'm happy to announce that we have 2 new choir members, Carol Jernberg and Mary Woodward. Mary is a longtime member. We're so happy to have them and our choir now numbers 22 which is the largest choir we've had!

An important event on Sunday, October 28 is a classical concert. We plan to have it at 1 p.m. after services and a light lunch (yet to be arranged). We know our friends at Friendship Village particularly love classical music and we want to make it easy for them to attend. We are very fortunate to have an exceptional group of classical musicians at MVUUF! What a joy!

The music featured in October will be composed by African-Americans and we are currently working on finding and scheduling an entire month.

I know there are rumors that I may be retiring and they are true. This year is my 43rd year and it will be my last. I have TRULY loved this position, which, outside of my family, has been my life's passion. Our wonderful Children's Choir Director, Nicole Paul Collins, will become the new Music Director in the fall of 2019. MVUUF will also have to hire a pianist/accompanist. More details will follow.

HELLO! I AM

Please wear your name badges on Sunday mornings.
If you need either a new one or a replacement, look for the
signup sheet in the entrance hall.

In case you don't know or remember, the colored dots
indicate where you live. Besides being colorful, they can be
conversation starters! Look for someone else who has the
same dot as you and talk about how close you live to one
another.

Next Board Meeting: Wednesday, October 10 at 7:00PM

All are welcome to attend. If there is a topic
you would like to add to the Board agenda,
please contact Kelley Hughes, Board Chair, at
uukelley@hotmail.com.

MVUUF Office Hours

— Minister —

Rev. Laura Thompson
minister@mnvalleyuu.org
(612) 216-4203

Tuesday/ Wednesday/ Thursday
9:00 am — 5:00 pm

*office hours vary due to meetings and appointments
throughout the day and evening

— Director of Congregational Programming —

Andrea Johnson
Programs@mnvalleyuu.org
(612) 216-4224

Tuesday / Wednesday / Thursday
10:00am—3:30 pm
Sunday 9:00 am — 1:00 pm

*office hours vary due to meetings and appointments
throughout the day and evening

— Communications Manager and Membership Coordinator —

Kate Stomberg
office@mnvalleyuu.org
(952) 884-8956 (Fellowship Phone)
(612) 216-4113 (Direct Line)

Sunday - Thursday
9:30 am — 1:30 pm

— RE & Youth Coordinator —

Sara Sweeney
REY@mnvalleyuu.org
(612) 216-4318
Sunday and Tuesday 9:00 am — 1:00 pm



RELIGIOUS EDUCATION CORNER

NEW! Join a Soul Matters Theme-Based Small Group - Two PILOT GROUPS will be offered on the 4th Sunday from 1-3 and the 4th Wednesday from 6:30-8:30pm. Please contact Andrea Johnson to indicate your interest. The groups meet once a month on the 4th Sunday or 4th Wednesday for approximately two hours.

WHAT IS a SOUL MATTERS SMALL GROUP?

SOUL MATTERS are **groups of 5-10 committed participants who come together once a month, from October – June**, with a trained facilitator (Andrea Johnson or Laura Thompson) to nurture spiritual growth in community and engage more deeply with our monthly themes through deep listening and open-hearted sharing. Soul Matters:

Build circles of trust by speaking our own truth, listening receptively to the truth of others and asking each other honest, open questions instead of giving counsel. We offer each other the healing and empowering gifts of silence and laughter rather than “fixing, saving or setting each other straight.”

Invite us, through spiritual exercises and questions focused on daily living, to engage the world not as an obstacle course to get through, but as a host of holy voices calling us to greater loving and living.

THE NUTS AND BOLTS:

At the beginning of each month, participants will receive a packet of materials based upon the month’s worship theme. From these materials, each participant chooses **one** spiritual exercise and **one** deep question to sit with for the course of a month. At the end of the month, participants will gather with their small group to share their experiences of the spiritual exercise, of contemplating their question, and to reflect on the theme.

The Pilot Groups will start on October 24th and 28th. Contact Andrea Johnson, Director of Congregational Programs, at programs@mnvalleyuu.org if you are interested in being a part of one of the groups.

Religious Education Program Updates

Last month Sara and I welcomed approximately 30 children, youth and their families to the 2018-19 Religious Education Program with getting to know you Sundays. It was fun for us to get to know you and your kids and to have some fun! We also used the month of September to clean and organize the classrooms, train teachers and prepare the curriculum. We are excited to get started with regular classroom lessons. As a reminder the curriculum we have planned is as follows:

- Nursery/PreK - Loving Care for our Little Ones. Due to low PreK enrollment and no teacher volunteers we are asking children up to age 4 to go to the Nursery and children age 5 to join the Kindergarten and 1st Grade Class.



- Kindergarten/1st Grade - World of Wonder. This curriculum nurtures a sense of wonder and respect for the web of life and appreciation of its beauty, excitement and mystery.
- 2nd/3rd Grade - **NEW!** Soul Matters Theme based curriculum. Stories and activities based on the monthly themes. Enables children and adults to talk together about what they are learning and experiencing at church together.
- 4th/5th Grade - Empowers children to become motivated, passionate and engaged in Social Justice and Action using the moral and social values that arise for Harry Potter and friends.
- Middle and High School Youth - We are getting to know this group of young people are still fine tuning curriculum options for this group.

Halloween Party

Mark your calendars for the afternoon of Sunday October 28th for our annual Halloween Party! Our Middle and High School Youth will spend the early afternoon building a haunted house and planning games and activities for our younger children. The Party will be from 3-4:30. Please RSVP to Andrea if you plan on coming so she can buy enough pumpkins for the children to carve!

RELIGION, ETHICS, AND IDEAS

Religion Ethics and Ideas will meet on Sunday October 14 at 9:00 AM in the Fireside Room. Our topic will be US immigration policy. Questions to be discussed: Should the US adopt a policy of unrestricted immigration for anyone in good health without a criminal record (roughly the policy of 1880)? If not, should any immigration laws be enforced? Could the US maintain a Capitalist welfare state with unrestricted immigration? Should we consider adopting the more or less libertarian economic policies of the 1880's to facilitate unlimited immigration? What should our policy towards unauthorized immigrants residing in the US be? Should we expand or reduce the quotas for legal immigration to the US? Should US immigration criteria be shifted from largely family unification based to employment based? What should the grounds for granting asylum be? All are invited welcome to attend. Questions contact John Peloquin - John17780@charter.net.

Did you know?
That the 2019-2020
Stewardship Campaign has begun?
"We are all in this together" is our theme.



MEN'S GROUP (ALL GENDERS WELCOME)

Minnesota Writers

Men's group will meet on Thursday October 11 at 6:15 in the Fellowship Hall. Our speaker will be Patrick Coleman a curator at the MN Historical Society his topic will be **Minnesota writers**. His talk will focus on Sinclair Lewis and women writers of the time who did not receive the attention Lewis did. If you have any interest in Minnesota history, literature or writing this is a presentation for you. Patrick encourages questions and lots of discussion. If you have a favorite MN writer come and tell us about him or her. All are invited to attend **regardless of gender**.

If you wish to come for dinner at 6:15 email John Peloquin at john17780@charter.net by Tuesday October 9 with the phrase **For Dinner** (if a spouse or friend will attend with you please indicate that). Dinner will be less than \$10. If you only want to hear the speaker come by 7:00 and email me with the phrase **Speaker Only**.

WOMEN'S GROUP

All women of MVUUF are invited to attend our first Women's Group meeting of the fellowship year on Saturday, October 6, in the social hall. Plan to arrive by 10:15 to greet other members and share coffee or tea. The one-hour program begins at 10:30 and is followed by a very short business meeting and a relaxing lunch together.

October's program will feature writing by our own John Solensten, husband of our member Brenda Daly. John is a Minnesota native who has been publishing stories, poetry and plays for almost fifty years. Specifically, we'll be treated to Brenda's sharing of John's recently published work--a story set in a late summer, a winter pilgrimage in poetry, and poetic tributes to such artists as Vincent van Gogh and Billie Holiday.

Our monthly meetings are a great way for the women of the fellowship to get better acquainted, learn something new, and enjoy a catered meal and conversation together. If you plan to attend the Oct. 6 meeting but are not currently on our Women's Group contact list, please contact Nancy Buckman at nancybmnuu@gmail.com or 952-736-9586 by Wednesday, Oct. 3.

Airport Chauffeur Service

For a long time, MVUUF has offered a chauffeur service in which members will take you to or from the airport. There is a free service, but many members choose to make a donation to the Fellowship for the amount they would have had to pay for a taxi, Uber, or Lyft. Over the years, we have received more than \$10,000 in donations from this service.

The number of drivers providing rides has dwindled over time, and we could use some more volunteers. If you would be willing to drive people to or from the airport, please let Kate at the office know (952-884-8956 or office@mnvalleyuu.org). You can always say no when someone calls if the time isn't convenient, but it provides a way to get to know your fellow members better and participate in a great fund-raiser for the Fellowship.

And if you are going to the airport, just call George Stevens (952-888-6577), Dale Lewellyn (952-432-9459), or George Fairman (612-669-3952) for a ride.



COMMITTEES

ENDOWMENT

Glenn Corliss, Chair

The Endowment Committee is happy to announce that the first grant it has ever recommended has been approved by the MVUUF Board. The grant is to help support a staff/lay leader training program to explore new ways of understanding faith formation and family ministries. The grant will cover a portion of the training cost. The members of the Endowment Committee were unanimous in approving this funding request believing that new staff and new lay leaders will be more effective by training and learning together and that MVUUF will benefit as a result.

The Endowment Committee anticipates awarding one or more requests before the end of the fellowship year and is asking MVUUF committees, members and staff to apply for the funding of projects they would like to champion. To aid in this process we have created an application form which is on file with Kate Stomberg and it can also be accessed electronically [here](#) to fill it out.

If you have questions about the application form and process please contact any of the five committee members: Holly Bruce, Kat Janes, Rolie Hron, Marv Gish and Glenn Corliss. We are eager to work with you.

MEMBERSHIP COMMITTEE

KATE STOMBERG

The Membership Committee started off the church year with hosting a wonderful picnic at Moir Park on September 9. The grill was manned by Pat Chelmo- he served up hot dogs and veggie burgers by the dozen, Fellowship members and friends brought their favorite salads, chips, and desserts, and the weather was perfect. It was a great day. Thanks in large part to the hard work of Nancy Buckman who set everything up ahead of time and helped me plan.

The committee is continuing to head up hospitality following Sunday services. The sign up genius can be reached here. We are having a difficult time getting volunteers on a weekly basis, it may seem daunting to supply treats for the entire fellowship on Sunday morning– but that is not what we expect. We ask each treat volunteer to bring 2-3 dozen cookies or bars OR 2-3 lbs of fruit OR a box of crackers and cheese, etc. We hope to have at least two volunteers each Sunday for both treats and clean-up, to make the job smaller for all involved.

Greeters and ushers can sign up here. Welcoming the friend and stranger through the door is such an important and easy job on Sunday mornings, We have expanded the teams from two to three members, each team will decide who greets and who is an usher on Sunday morning, When I accepted this position, I was most nervous about greeting, as an introvert myself, I didn't know how I would handle all the smiling and welcoming– because of how friendly everyone is at the Fellowship, this has easily become one of my favorite parts of my job.

On November 4, We will host a “Getting to Know UU” class for new and interested members and friends at MVUUF. The class will be following service and a light lunch will be provided, please let me know if you need **child care**, more information to follow.

We are pleased to announce we are starting to serve only UUSC, Equal Exchange coffee and tea—fair trade, small batch farming. This is an important step in standing with our UU principles. We will soon be offering it for sale in the Fellowship as well. Stay tuned!



SOCIAL ACTION COMMITTEE



This piercing, Oscar-nominated film won Best Documentary at the Emmys, the BAFTAs and the NAACP Image Awards. Powerful and thought-provoking, the film uses scholars, activists and politicians in analysis of the criminalization of African Americans and the U.S. prison boom. Sunday October 7th at 12:15 in the Fireside Room. Discussion to follow the film. If you need childcare please let us know; minister@mnvalleyuu.org

Sunday Sharing for October: Black Lives UU Endowment Fund

Our collection for October will be designated towards the Black Lives UU Fund. Rev Thompson's column in this UNISUN explains more about this fund as part of "The Promise and the Practice of Our Faith" month at MVUUF.

Following General Assembly in New Orleans in June 2017, the UUA launched The Promise and the Practice of our Faith, inviting all Unitarian Universalists to be part of this historic commitment through 1) their financial support, 2) by scheduling at least one worship service around the campaign's themes, and 3) by making a long-term commitment to dismantling white supremacy, racism and oppression within our congregations, our Association, and beyond.

The purpose of the Social Action Committee is to provide opportunities for our fellowship to apply the UU principles and values by learning, contributing, and acting on social action issues in our local and wider communities. One way the group does this is to identify nine charities, with collection during each month, September to May. We have some groups we have been supporting every year, including OASIS, VEAP, a Camp UNISTAR scholarship, and the UUSC (Unitarian Universalist Service Committee). We have frequently made a commitment to a UUSC fund drive that is dedicated to addressing a large national or international recent tragedy. For the first collection of the year, a member purchases the privilege of choosing a charity at the MVUUF Silent Auction. So, last month we supported Very Special Arts Minnesota.

If you are following the math, that leaves four additional choices to be made. The fact that there are so many groups in need of support makes this a hard task. For many years, we have looked for groups to support that provide service in the metropolitan area. We try to choose places that have financial procedures in place (per Charity Navigator, etc.), and have a purpose that meshes with our principles. Discerning effectiveness is more complex, but we write about what we have learned about the group in the monthly UNISUN.

Supporting the BLUU Endowment fund is an easier task. Because we are contributing to an endowment fund, our support permits the BLUU group to have stable funding, and develop resources and activities within our congregation, and our Association, and beyond, for a long time. Each year, we will be able to expand the reach of our social justice activities!



SOCIAL ACTION COMMITTEE

Continued

October 14, 2018 Sunday Service Special Guest Speaker

The Social Action Committee and Beloved Conversations participants are excited to announce that our Sunday service speaker for October 14, 2018 will be the Mary Moriarty, Hennepin County Chief Public Defender. The service is titled "Race and the Criminal Justice System: Are We Awake". Mary was scheduled to give the service in April when the BIG SNOW STORM cancelled the service. We are happy Mary agreed to a rain check- or we could say snow check! For 2 decades Mary has tried many murder and serious felony cases including a number that set important state court precedents. She has acquired a national profile as a gifted courtroom advocate with a talent for training others in the creative, powerful trial skills she uses to secure acquittal after acquittal. Besides being a core faculty member of Gideon's Promise and a recipient of the Steven B. Bright Award, Mary is on the public de-

fender trial skills programs in many states. She teaches at the Harvard Law School Trial Advocacy Workshop and the National Criminal Defense College.

Recognizing that our state's incarceration rates are among the most disparate in the nation (blacks are 10 times more likely to be incarcerated than whites), Mary will talk to how racial bias distorts our criminal justice system.

Several books have been recommended by Mary for background information relating to the service. Below is a list.

***Just Mercy- Brian Seversen

*** The Color of Wealth- Lui, Robles, et al.

***The White Racial Frame- Joe Feagin

***The New Jim Crow- The Advocate, Macalester College Newsletter, profiled Mary and her work in their August 2017 issue. Copies of this article have been printed for you reading and may be picked up either downstairs on the counter or upstairs on one of the tables.

BELOVED CONVERSATIONS IN ACTION

This group will be sponsoring an October 14 Sunday Service with Mary Moriarty, chief public defender at Hennepin County. Letter writing to incarcerated UU members (sponsored by the UU Church of the Larger Fellowship) is another activity that has begun, with the leadership of Fran Bohlke. Some members are exploring being witnesses at the Hennepin County Immigration Court. Starting Friday, January 18, and Saturday January 19, Rev. Ashley Horan will join us for the start of a NEW session of Beloved Conversations. That group will meet on Sundays. Our quarterly one hour meeting includes a check in for those present, and brainstorming and planning for activities to create a diverse and inclusive community within our congregation and in the greater community. The next meeting will be Sunday, December 9.



Do you order from Amazon.com?
If so, they will contribute to MVUUF
for each order you place.
Go to [Smile.Amazon.com](https://www.amazon.com/smile) to set it up.



REGULAR EVENTS

Men's Group

A Preview Men's Group topics 2018 -2019

Men's group meets the second Thursday of each month . All members of the fellowship are invited regardless of gender. A tentative but not complete or final list of topics is shown below:

Famous Minnesota Writers – Was Sinclair Lewis Minnesota's first feminist writer? See Article on page 6

Minnesota History seen through a dinner Honoring James J Hill - Railroad Builder

Financing K thru 12 education in Minnesota

Looking at Organized labor from WWII to the present.

Running a Classical Radio Music Service in 2019

The Gender Wage (this is in fulfillment of a Service Auction obligation by John Peloquin – as such there will be a \$20.00 donation required to attend the presentation). Questions contact John Peloquin

American Mahjongg

If you are interested in playing or learning how to play, we have a small group meeting every other Wednesday in Social Hall at the Fellowship from 1-3 pm. Contact either Bobbie Gish or Nancy Buckman for more information.

Beyond Sunday Morning

Come to some of our small, informal gatherings at the following locations and times if you would like an opportunity to get to enjoy the conversation.

Tuesdays, October 2 & 16– We are meeting from 1-2:30 at the Richfield Panera (980 W 78th)

Wednesday, October 24, We are meeting from 1-2:30 at the SUBWAY located on Nicollet Ave between Rt 13 and Burnsville Pkwy in Burnsville.

Contact Nancy Buckman at nancybmnuu@gmail.com , 952-736-9586 if you have questions, need a ride and/or if you would like an email reminder.

Yoga

Yoga classes on the mat will resume on Wednesday, September 19, at 5:00 p.m. Saturday yoga is at 9:00 am, starting 9/22, Classes are 50 minutes and include gentle stretches and beginning yoga poses. All are welcome. Wear comfortable clothes and bring a mat. Cost is \$3 per class or \$40 for 15 classes. Not sure if this is for you? Call Fran Bohlke, instructor, at 952.445.9131 or email her bryawnte@msn.com.

Meditation

Meditation group meets on Fridays at 3:30 in the Fireside room. We begin with a short reading, then a few minutes of centering music, 25 minutes of silence , then conversation. Not sure if this is for you? Contact Fran

Bohlke bryawnte@msn.com or Richard Duffin rwduffin@comcast.net

Evening Book Group

Fall is in the air and the group is snuggling in for some good cool weather reading. Our reading list follows. If you read one of our selections, we hope you will join us for a lively, informative discussion. Alternating fiction and nonfiction, our upcoming choices are:

On October 18, 2018, ***It Can't Happen Here*** by Sinclair Lewis

On November 15, 2018, ***Loaded: A Disarming History if the Second Amendment*** by Roxanne Dunbar-Ortiz

On December 20, 2018, ***What Alice Forgot*** by Liane Moriarty

The Evening Book Group meets on the third Thursday of the month throughout the year in the Fireside Room at 7PM. The only requirement is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or email at joyceamcmartin@gmail.com.

Women's Group

Saturday, October 6 at 10:30 am. See article on page 6

**BOARD OFFICERS OF THE FELLOWSHIP**

Chair & Board Member	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com
Chair-elect & Board Member	Nancy Buckman	(952) 736-9586 nancybmnuu@gmail.com
Secretary & Board Member	David Olson	(952) 888-6527 olson199@umn.edu
Treasurer	Dale Lewellyn	(952) 432-9459 treasurer@mnvalleyuu.org

BOARD TRUSTEES

Trustee & Board Member	Max Chester	(952) 388-1186 maxchessler@gmail.com
Trustee & Board Member	Judith Anderson	(952) 941-7047 andersonkj@earthlink.net
Trustee & Board Member	Tom Schoenbauer	(952) 808-7714 tschoenbauer@hotmail.com
Trustee & Board Member	Diane Bick	(952) 250-9559 dianeebick@gmail.com

BOARD WORKGROUPS

Zimmer Property	Doug Bruce, Mark Clary, Steve Danko, Eva Mach
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MVUUF STANDING COMMITTEES

Committee	Chair(s)	Phone & Email
Adult Education and Enrichment	Open	Andrea Johnson programs@mnvalleyuu.org
Aesthetics	Karen Olson	(952) 888-6527 luzcatz@comcast.net
Archives	Beverly Schmidt Kathy Eager	(952) 884-7262 gypsyleap@gmail.com (952) 888.8427 Kathy@darrelleager.com
Congregational Care	Open	office@mnvalleyuu.org 952-884-8956
Committee on Shared Ministry	Tom Ehlinger	(612) 840-8905 tomehlinger@gmail.com
Endowment	Glen Corliss	(952) 835-6832 gcorliss16@aol.com
Finance	Steve Danko	(952) 884-9099 jsg@jsgalleries.com
Kitchen	George Fairman	((612) 669-3952 geofairman@gmail.com
Membership	Kate Stomberg	(612) 216-4113 office@mnvalleyuu.org
Music	Betty Olson	(952) 831-3854 bolsonflute@gmail.com
Nominating	Robyn Schoenbauer	(952) 808-7714 robyn.schoenbauer@gmail.com
Operations	Mark Clary	(952) 830-1971 mlfe@aol.com
Personnel	Tom Traub	(952) 435-5855 Tomtraub@charter.net
Religious Education	Open	Andrea Johnson programs@mnvalleyuu.org
Social Action	Open	office@mnvalleyuu.org 952-884-8956
Stewardship	Jeanne Simpson	(612) 239-1240 jems.ellen@gmail.com
Technology	Richard Duffin	(707) 696-6406 rwduffin@comcast.net

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Minister of Music
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Custodian & Operations
Mark Clary, cust@mnvalleyuu.org

Internet
Home Page: www.mnvalleyuu.org
Facebook: www.facebook.com/mnvalleyuu

The Board of Trustees meets the second Wednesday of each month at 7:00 PM in the Fellowship Hall. The meetings are open to all members of the Fellowship.

UNI-SUN Item Submission Information

The submission deadline date for the UNI-SUN is the 20th of each month.
Submit articles to the Newsletter Editor via email to newsletter@mnvalleyuu.org

MVUUF CALENDAR ~ OCTOBER 2018

Sun 30	Mon Oct 1	Tue 2	Wed 3	Thu 4	Fri 5	Sat 6
<ul style="list-style-type: none"> 10:30am Sunday Services 12pm Membership Meeting 	<ul style="list-style-type: none"> 12:30pm Mental Health Minnesota 		<ul style="list-style-type: none"> 5pm Yoga 6:30pm Choir 	<ul style="list-style-type: none"> 9am Women's Spirituality Group 	<ul style="list-style-type: none"> 3:30pm Meditation Group 	<ul style="list-style-type: none"> 9am Yoga 1pm Itchy Fingers Salon
7	8	9	10	11	12	13
<ul style="list-style-type: none"> 10:30am Sunday Services 4pm Private Party 	Columbus Day (regional holiday)	<ul style="list-style-type: none"> 10am Book Club 7pm Finance Committee Meeting 	<ul style="list-style-type: none"> 1pm Mah Jongg 5pm Yoga 5:30pm C.O.S.M. meeting 2 more 	<ul style="list-style-type: none"> 9am Women's Spirituality Group 10:30am Women's Book Club 6:15pm Men's Group 	<ul style="list-style-type: none"> 10:15am Blue Highways 3:30pm Meditation Group 7pm Friday Night Poker 	<ul style="list-style-type: none"> 9am Yoga 10:30am Women's Chorale 1pm Itchy Fingers Salon
14	15	16	17	18	19	20
<ul style="list-style-type: none"> 9am Religion Ethics and Ideas 10:30am Sunday Services 	<ul style="list-style-type: none"> 12:30pm Mental Health Minnesota 		<ul style="list-style-type: none"> 5pm Yoga 6:30pm Choir 	<ul style="list-style-type: none"> 7pm Evening Book Club 	<ul style="list-style-type: none"> 12pm Candidate Forum 3:30pm Meditation Group 	<ul style="list-style-type: none"> 9am Yoga 1pm Bridge Club 1pm Itchy Fingers Salon
21	22	23	24	25	26	27
<ul style="list-style-type: none"> 10:30am Sunday Services 			<ul style="list-style-type: none"> 1pm Mah Jongg 5pm Yoga 6:30pm Choir 	<ul style="list-style-type: none"> 9am Women's Spirituality Group 	<ul style="list-style-type: none"> 10:15am Blue Highways 3:30pm Meditation Group 	<ul style="list-style-type: none"> 9am Yoga 10:30am Women's Chorale 1pm Classical Concert 1pm Itchy Fingers Salon
28	29	30	31	Nov 1	2	3
<ul style="list-style-type: none"> 10:30am Sunday Services 			Halloween <ul style="list-style-type: none"> 5pm Yoga 6:30pm Choir 	<ul style="list-style-type: none"> 9am Women's Spirituality Group 	<ul style="list-style-type: none"> 3:30pm Meditation Group 	<ul style="list-style-type: none"> 9am Yoga 1pm Itchy Fingers Salon

To View the MVUUF Calendar online, go to:

<https://calendar.google.com/calendar/r/month/2018/10/1?>

Volunteer Services



Park Nicollet

Methodist Hospital Hospice and Park Nicollet Foundation is looking for volunteers. Methodist Hospital Hospice will be providing training sessions in October for new volunteers. Their volunteers give respite care to caregivers who are caring for terminally ill loved ones in their own private homes, or visit terminally ill patients to provide comfort and support. Commitment is a maximum of 4 hours per week, can be less, and training is in 4 sessions. Please contact Libby at 952-993-5381. Park Nicollet is looking for patient experience rounders, patient and family advisory committee members, gift shop volunteers, and volunteers in medical alert services. Contact volunteer@parknicollet.com



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We are a Welcoming Congregation

More information on Uni-Sun articles and MVUUF in general can be found at the MVUUF Fellowship website www.mnvalleyuu.org.
Click on [Calendar](#) at the top of the home page and use the arrow to go to the month you want.