

WHAT DOES IT MEAN TO BE A PEOPLE OF POSSIBILITY?

Of all our topics this year, possibility is arguably most central to our faith. It has distinguished Unitarian Universalists from the start. Historically, when others saw depravity and sin at the core of human identity, we saw potential--sometimes with hardly any boundaries. When many were preaching that this world was fallen, and we should look instead to the hope of an afterlife, we found ourselves falling in love with the possibility of heaven on earth. Theologically, you might say that we were the people that believed that God hadn't given up on any of us and so we shouldn't give up on each other or this world. Psychologically, it's led to us being a people of "why not?" Why not give people another chance? Why not fight what seems a losing battle? Why not risk a little failure? After all, to us the possible has always seemed more likely than not!



So that's our religion. But what about us personally? How open have you been recently to "Why not?" How's your faith in possibility doing? As we honor our religion's trust in what's possible, we need to allow space for the reality that trusting possibility isn't so easy for many of us. Here's how one UU put it;

"When I think of possibility, I think of all the people and opportunities we close the door on. Such as: 'I will never see eye to eye with my sister.' 'I couldn't possibly leave this job to start my own business' 'I will never have close friends like I had where I used to live.' 'I will never really make a difference, so why bother?' 'UU's will always be a small faith.' "

We tell ourselves so many small things about who we and others are. And we know that's not really because we're pessimistic. More often than not, it's about protecting ourselves. There's comfort in convincing yourself that the work is hopeless; that way you don't have to try and risk failure, hurt or disappointment yet again.

All of which is to say that maybe being a people of possibility has more to do with being a people of vulnerability and courage than we've thought. The work isn't just about *believing* in possibility. It's about being willing to endure a few wounds along the way. It can hurt to be hopeful. Especially with all that is going on in our world and society right now, we need to make room for that.

So maybe the question this month isn't "Are you ready to lean into possibility?" but "Who's beside you and who are you bringing along?" "Who have you gathered to patch and pick you up when the path gets bumpy?" After all, no one makes it down the road of possibility alone.

And perhaps that's the real secret: remembering that "Why not?" is something we all have to say together.





January Services

Jan. 6th, 10:30am: The Impossible Dream: Annual State of the Fellowship Address: We begin the new year by taking stock of where we are and imagining where we might go. We'll begin our service by passing an "Impossible Dream" catcher and sharing our most grandiose idea of what is next for us as a faith community. What are your biggest dreams for MVUUF? Rev. Laura Thompson and Lorna Prell.

Jan. 13th, 10:30am: Welcoming Possibilities: Are We Accessible: As diverse as we are in our theologies, we are also diverse in our physical and mental abilities. Among us are those who live with or love someone with physical disabilities, cognitive disabilities, chronic illnesses or mental illnesses. This service will give us time to hear from folks about their experiences and to reflect about how we can be a more accessible and inclusive community. Rev. Laura Thompson and Linda Hayen and Carla Ries

Jan. 19th & 20th: MLK Weekend of Service and Reflection: We once again will focus on volunteerism for MLK weekend. There are volunteer opportunities on both Saturday and Sunday. On Sunday, we'll gather for brunch and fellowship in lieu of our regular service. Please sign-up for volunteer opportunities online [here](#) or on the sign-up sheets located in the upper lobby.

Jan. 19th:

10am-12pm: **VEAP:** Bring our toilet paper and diaper donations to VEAP and get them sorted and packaged (ages 12 and up)

4-6pm: **Brunch Prep & Set-Up for Sunday:** help and table set-up for Sunday Brunch

7-9pm: **Feed My Starving Children:** Eagan Location (ages 5 and up)

Jan. 20th:

9-11am: **Brunch Crew:** Cook and serve brunch

11:30pm-1:30pm: **Doing Good Together[™]; Family Service Fair:** After a short presentation from the folks at Doing Good Together, folks will be invited to various stations to engage the following projects (all ages):

Making cat toys and dog treat bags for local animal shelters

Decorating conversation placemats for MVUUF families

Making Caring Cards to send to MVUUF members

Making Valentine's treat bags for OASIS for Homeless Youth

Make Breakfast Bundle Packs for Cornerstone Shelter

11:30am-1:00pm: **Superstar Clean-up Crew**

Jan. 20th, 10:30am: Food for Thought Sunday: What Possibilities Do We Create?: We will gather briefly in the sanctuary for a song and blessing, before joining together with one another at tables for a community brunch celebrating the possibilities we create together. Whether or not you are able to participate in our volunteer activities for the weekend, we would love to have you present for this service of fellowship. *This service often runs longer than our usual program, please plan accordingly.

Jan. 27th, 10:30am: Emerging Gracefully: The poet, John O'Donohue, suggests that our inner teacher emerges: "In the out-of-the-way places of the heart, where your thoughts never think to wander, this beginning has been quietly forming, waiting until you were ready to emerge. For a long time it has watched your desire, feeling the emptiness growing inside you, noticing how you willed yourself on, still unable to leave what you had outgrown." How we might listen to our longings and learn to slow down and dance with life in a new way – not as an obstacle course to get through, but as a host of holy voices calling us to greater loving and living. Congregational Programs Minister, Andrea Johnson



BOARD OF TRUSTEES HIGHLIGHTS

KELLEY HUGHES

Mark Ewert, our Stewardship consultant this year, gave our Board of Trustees an orientation on Board Roles in a Stewardship Program on December 12.

The big push is that our Board can continue to take a much more active role, as it did last year, and to use our own behavior, and our own stories, as examples.

One take-away from the orientation for this listener is the question: When my life is crashing, when I experience the death of a loved one, when I need support....where do I turn? Probably not to my alumni fund, or the American Cancer Society, as worthy as these causes are to me.

Another take-away: I learned the idea of planning my giving to MVUUF for the year, the way I plan for all yearly expenses, as I consider my income changes, my anticipated household expenses, etc.

And in doing this planning, I can ask myself: What inspires me about MVUUF? What am I proud of and want to celebrate at MVUUF? Where do I see challenges? What do I hope to see in our future?

Next Board Meeting: Wednesday, January 9 at 7:00PM

All are welcome to attend. If there is a topic you would like to add to the Board agenda, please contact Kelley Hughes, Board Chair, at uukelley@hotmail.com.

NOTES FROM THE CHAIR

KELLEY HUGHES, CHAIR

During these days of short daylight hours and long cold nights, MVUUF continues to hum with activity.

Technology continues implementing improvements that make our Sunday services, and our Religious Education classes, more inclusive and meaningful for all. If you want to help, seek out a Technology Committee member.

Social Action is preparing the new round of Beloved Conversation gatherings for 2019.

Music and Aesthetics continues to enrich our lives and make our building a warm and welcoming space.

Archives continues to care for our history, and for our stories, which we will pass on to MVUUF's children and to our wider communities.

Stewardship continues it's year-long program, first initiated in 2017, that highlights all the ways each of us contributes to our MVUUF community, and beyond.

Congregational Care continues its compassionate work for our many ongoing needs.

I could go on and on for all the good work we do.

Happy New Year! May you meet 2019 with joy, inspiration, and challenges that fuel your passions.

Kelley Hughes, Board Chair, 2018-19





CONGREGATIONAL PROGRAMS

ANDREA JOHNSON

Religious Education in January

Our theme this month is Possibility which seems fitting for January as we kick off a new year. This month we'll be discussing the possibility that lies in each of us and what to do when we make mistakes. There are three Religious Education Sundays in January. January 6th, 13th and 27th.

Please Sign Up to Teach for Religious Education Term 2. We need teachers for the Nursery, Middle and High School and 2nd & 3rd Grade. There are 13 Religious Education Sundays from February - May. You DO NOT need any previous teaching experience. All lesson materials are provided and are easy to follow. Training will be held on Saturday January 27th from 10-noon. eClick on the following Google documnet link <https://docs.google.com/spreadsheets/d/1ycAX7-yD6Oj-g58RtUTyXEmFIYnMaIWkabER-EpVZxg/edit#gid=0>

to sign-up online or contact Andrea at programs@mnvalleyuu.org to indicate your interest in teaching!

Sunday January 6th from 11:30 - 1pm! Come to the UUSC Spaghetti Luncheon to kick off the New Year!

Come to our annual Spaghetti Luncheon to support the Unitarian Universalist Service Committee (UUSC) Guest at Your Table Program. Bring in your boxes and come celebrate our success by eating lunch with one another! This year's theme is **Justice Across Borders**. We are all watching with alarm the horrific human rights abuses experienced by so many from Central America. From violence and extreme poverty at home to prolonged detention and family separation in this country, the issues facing migrants all along the migration route are devastating. Please consider giving generously to this worthy cause.

Adults \$7, Kids \$5 and \$15 per family.





Did You Know . . .

That MVUUF's special
Sunday collections
totaled \$6,256?

*Living our values
through the Fellowship*



Minnesota Valley UU Fellowship

HOSPITALITY TEAMS

Hospitality teams are starting to take over all greeting, ushering, and social hour duties on Sunday, January 6th. There are six teams each with a targeted membership of 6-10. If you are not yet signed up to be a part of a team, there is still time to do so! Each team will split up the Sunday morning duties amongst their team about every six weeks. Kate in the office will be emailing a schedule to the team leaders the first week of January. The team leaders will then email their team members with their assignments. If you would like to sign up to be a part of a team, please email the office at office@mnvalleyuu.org.

Hospitality Teams

Jody Gray

Gretchen Grey
Holly Bruce
Ginny
Christiansen
Robyn & Tom
Schoenbauer &
kids
David & Anders
Mykkeltvedt

Candace

McClenahan
Barb Gilliland
Barb Olson
Barb Becker
Donna Kopnick
Lorna Prell

Kate Stomberg

Ed Janes
Kat Janes
KJ Hummer
Karen Moreno
John Peloquin

Linda Hayen

Nan Corliss
Don Park
Mary Woodward
Mary Koehler
Steve Koehler
George Fairman

Nancy

Buckman
Fran Bohlke
Ruth Keely
Bobbie Gish
Diane Bick
Beth Smith
Heidi Voss
Jeanne Simpson

The Dankos

Marilyn Burt
Emily Lafave
Carmen
Herzog
Kristina
Marshall
Jason Marshall



MEN'S GROUP (ALL GENDERS WELCOME)

Men's group will meet on Thursday January 10, 2019 at 6:30 in the Fellowship Hall. Our speaker will be **John Budd** a Professor of Economics at the Carlson School of Management where he holds the Industrial Relations Land Grant Chair. John's topic will be **The State of Organized Labor**. John will shed light on such questions as: Why are there such different views on labor unions? Why has unionization declined in the private sector but not in the public sector? Do unions raise wages for members? Can unions work for professionals? What happened to the strike? **All are invited regardless of gender.**

If you wish to come for dinner at 6:15 email **Glenn Corliss** gcorliss16@aol.com by Tuesday January 8 with the phrase **For Dinner** (if a spouse or friend will attend with you please indicate that). Dinner will be less than \$10. If you only want to hear the speaker come by 7:00 and email me with the phrase **Speaker Only**. Questions contact **Glenn Corliss** gcorliss16@aol.com.

WOMEN'S GROUP

Our January program, 1/5 at 10:15 am: **Bridging the Great Political Divide; Can Better Angels Work Miracles?**, will be led by longtime MVUUF member Tom Ehlinger. Tom will share timely information about his experiences with a program called "Better Angels" whose name refers to the closing words of Lincoln's First Inaugural Address. It's a program of workshops and skills trainings that bring together people from both sides of the political divide with the goal of depolarizing our national conversation. If you're concerned by our extremely polarized politics, you won't want to miss this presentation.

If you wish to attend January's meeting but are not currently on our Women's Group contact list, please let Nancy Buckman know no later than January 2. You can reach her at nancybmnuu@gmail.com or 952-736-9586.

Also, to help you plan ahead, our February 2 program, "An Overview of Current U.S. Foreign Policy," will be lead by Tom Hanson, retired foreign service officer and media commentator.

COMMITTEES

CONGREGATIONAL CARE

The Congregational Care Resource Committee (CCRC) helps connect volunteers in the congregation with people who need services. The CCRC looks for volunteers to help with: Meals, Rides to church/appointments, Child care, Visits (at home/hospital), Light chores (mowing, changing light bulbs, shoveling, etc), Special Equipment (crutches, wheel chairs, etc), Pet Care, and other things you might need.

Contact any one of us. We will do our best to help.
 Maria Bavier, Ruth Keely, Donna Kopnick, Betty Olson,
 Leslie Swenson, Angie Talarico, and Maya Walkington





ENDOWMENT

Glenn Corliss, Chair

The Endowment Committee is thankful to MVUUF members and friends for contributing to the Endowment Fund during 2018. Your support made it possible for this committee to award two grants last year, the first already underway is for staff/lay training and the second is for a March 3 community music program.

We want to express our appreciation to the two teams that received the awards for their patience in working with the Endowment Committee to successfully complete the application process for this new MVUUF initiative and lastly to the Board of Trustees for agreeing with the Endowment Committee that the two projects deserve financial support.

The Trump Slump has negatively affected the Endowment Fund balance as it ended November at \$32,729 and is likely to have dropped even lower in December (data not available when article was submitted). Nevertheless the Endowment Committee is bullish on MVUUF and looks forward to receiving applications for funding during the 2019-2020 Fellowship Year.

There is no need to keep new project ideas hidden until July 1, 2019 though. Bring them immediately to any committee member: Glenn Corliss, Kat Janes, Marv Gish, Holly Bruce and Rolie Hron.

Did You Know . . .

That **Stewardship**
is about
expressing **gratitude**
through **generosity.**



Minnesota Valley UU Fellowship

MEMBERSHIP COMMITTEE

KATE STOMBERG

We continue to sell coffee & decaf coffee (\$9 for 12 oz bag), a variety of teas (\$6 for 20 bags), and hot cocoa (\$8 for a 12 oz tin) in the entryway of the fellowship after service. You can also find a variety of literature about fair trade, small batch farming and it's impact on the communities UUSC and Equal Exchange work with, stop by and check it out!

Hospitality teams are up and running. If you have not signed up to be a part of one yet, please email me at office@mnvalleyuu.org to sign up!





SUNDAY SHARING

Since 2013, MVUUF has been offering scholarships to encourage our youth to attend Camp UniStar, a UU owned facility where they meet and interact with UU peers from across the MidAmerican Region. To enable that to continue, funds collected from February offerings will be used for 2019 camp scholarships.



In June of 2018 four MVUUF youth: Gena Coate, Sophie La Fave, Sydney Rothgeb, and Sully Chelmo spent an eventful, enjoyable week on Star Island which is located on Cass Lake, 10 miles east of Bemidji Minnesota. The MVUUF Scholarship Fund also partnered with the Nancy Heege Scholarship Fund to send Pat Chelmo and sons Connall, Liam and Sully for the opening week of camp to get it ready for youth and family program weeks. They brought a boat load of enthusiasm to camp and became instant favorites for being such diligent workers. It is our intent to offer scholarships to families and individuals as well as youth for this summer's camp.

I discovered Camp UniStar in 2009 and have returned to this island retreat every year since then to enjoy a week of stimulating programs, great meals and memorable experiences, in concert with a diverse group of Unitarian Universalists. A MVUUF youth, Sophies' brother, Cal, has captured my camp experience in words: "Going to camp every year is without a doubt the highlight of my summer. The friends I have there are their own entity, separate from any friends at home. We share a bond that is entirely different from anyone else in my life. I look forward to UniStar all year long. It's one of the most important parts of my life."

Trivia Question: What is unique about Star Island, home of Camp UniStar?

Answer: See Legend of Star

<https://www.youtube.com/watch?v=kJGlvOMc-ew>

If you have any questions please call me at 952-835-6832 or email me at gcorliss16@aol.com

NEWS FROM THE SOCIAL ACTION COMMITTEE



The Social Action Committee will meet on Sunday January 13th for an informational and reboot session. Anyone wanting to learn more about the committee or join the committee is invited to attend.

Sunday, January 13th at 11:45
Fireside Room. Childcare upon request.

Contact: minister@mnvalleyuu.org



SOCIAL ACTION COMMITTEE

Continued

Doing Good Together Family Service Fair



Doing Good Together™ Family Service Fair

Research shows that family service helps inspire kids to care, strengthens families and builds better communities. Likewise, kids and older adults spending time together has been shown to have deep benefits for all ages. We invite you all to MVUUF's first Doing Good Together™ Family Service Fair on January 20th, following our Food for Thought MLK Brunch Service. Join together in doing fun, simple service projects to benefit our community. The event is free and open to the entire family. Come for a half hour or stay for the whole time. If you'd like to help with this event, please contact minister@mnvalleyuu.org or programs@mnvalleyuu.org. RSVP for the Family Service Fair and other MLK weekend volunteer opportunities [here](#). See you there!

Did You Know . . .

That **Social Justice** includes:

Donations to VEAP

Weekly Special Sunday Collections

Martin Luther King Sunday Activities

Beloved Conversations



Minnesota Valley UU Fellowship



PHYSICS

HOLLY AND DOUG BRUCE

I purchased a physics tutoring session from Don Park during our last auction. On Thursday November 29, 2018 Don came to my house with books and notes ready to explain physics to me. You know, physics for dummies. I am quite sure Don thought long and hard about how to dumb down what he spent his life learning and applying his knowledge to his career as an EE (electrical engineer) as he brought two whole pages of handwritten notes.

Don spent the next two hours working very hard to explain to Doug and me what exactly physics is.

It was really a lot of fun and I have to say I learned a lot. Some of the information that stuck with me:

The only way time will stop is when nothing changes.

When the earth stops rotating

When the sun stops moving

A lot of physics is deciding what to ignore

There are disciplines in physics

Thermodynamics

Electricity

Optics

Many more that I have to check my notes

Issac Newton was really really really smart

Way smarter than Einstein

He created lots of laws that define a lot of things

He was an alchemist; trying to turn lead to gold.

Just a note...that did not work out very well for him

Physics is all about precision and measurement and math – calculus, trigonometry, algebra

There are physics jokes.

Don brought a physics textbook from 1952 he used in college and a new textbook being used now.

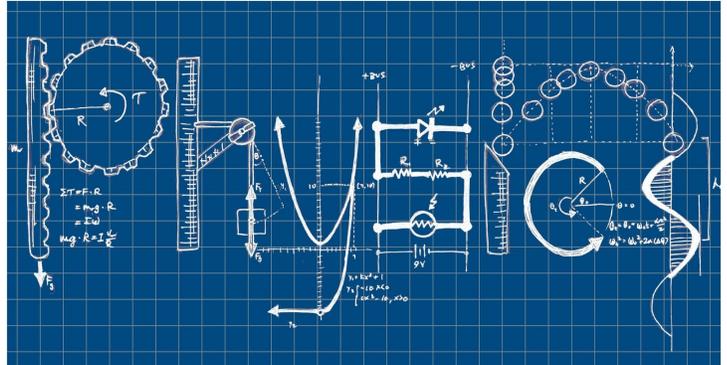
It was interesting seeing how the presentation of the information has changed over the years. The old book was heavy and full of charts and tables and graphs. The paper was heavy and glossy. The print is small.

The new book had colored pictures, the type was bigger and there was more white space.

Don said the problems at the end of the chapters is basically the same but the new book takes into account the new information on how people learn.

I will buy more of his time at the next auction. We have lots more to learn.

Thanks Don.



amazonsmile
You shop. Amazon gives.

Do you order from Amazon.com?
If so, they will contribute to MVUUF
for each order you place.
Go to [Smile.Amazon.com](https://www.amazon.com) to set it up.



EVENING BOOK GROUP

Reading is a great winter activity. Warm fires, comfy chairs and a good book are as close to heaven as most of us can get on these cold days. If you can think of a book you would like us to read and you would like to come and discuss it with us, let us know. We might be able to add it to our list. Our current selections follow. If you read one of our choices, we hope you will join us for a lively, informative discussion. Alternating fiction and nonfiction, our upcoming choices are:

On January 17, 2019, *Educated: A Memoir* by Tara Westover

NO MEETING IN FEBRUARY

On March 21, 2019, *There There* by Tommy Orange

On April 18, 2019, *Earning the Rockies: How Geography Shapes America's Role in the World* by Robert D. Kaplan

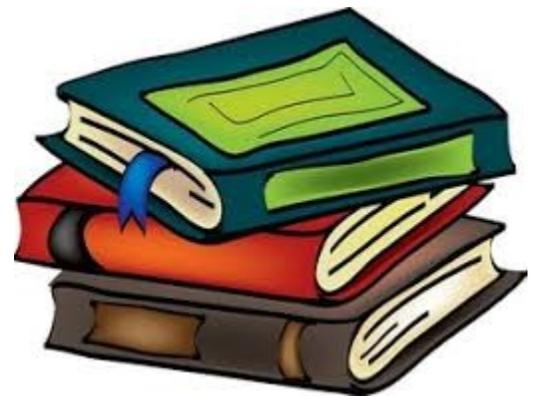
On May 16, 2019, *A Terrible Country* by Keith Gessen

On June 20, 2019, *When Republicans Were Progressive* by Dave Durenberger, Lori Sturdevant and Norm Ornstein (Please note that this book is not available in Audio or Kindle form)

NO MEETING IN JULY

On August 15, 2019, *Unsheltered* by Barbara Kingsolver

On September 19, 2019, *Why Nations Fail: The Origins of Power, Prosperity, and Poverty* by Daron Acemoglu and James Robinson



The Evening Book Group **USUALLY** meets on the third Thursday of the month throughout the year in the Fireside Room at 7PM. **PLEASE NOTE THAT WE WILL NOT BE MEETING IN EITHER FEBRUARY OR JULY.** The only requirement is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or email at joyceamcmartin@gmail.com.

RELIGION, ETHICS, AND IDEAS

Religion Ethics and Ideas will meet on Sunday January 13 at 9:00 in the Fireside room. Our topic will be White Privilege as presented in an often referenced article entitled **White Privilege: Unpacking the Invisible Knapsack** by Peggy McIntosh. <https://www.racialequitytools.org/resourcefiles/mcintosh.pdf>. You are encouraged to read and bring a copy of the article with you so you can share your reactions. The discussion will be co-moderated by John Peloquin and Candace McClenahan who will also share her MBA students' responses to this article.

Questions: contact John Peloquin, john17780@charter.net



VEAP—DONATE AND DO

During the month of December and first half of January we will be collecting paper goods (diapers and toilet paper) for our annual “Donate and Do” project for VEAP. The “Do” portion of the project will be one of several projects in honor of the Dr. Martin Luther King holiday which takes place on Saturday, January 19th. You can donate any size baby diapers in any quantity and toilet paper in any quantity. Volunteers from the church will take all the donations to VEAP on January 19th and divide the larger quantity packages into smaller packages.

All donations will be collected at the church.

MVUUF Office Hours

Minister

Rev. Laura Thompson
minister@mnvalleyuu.org
(612) 216-4203

Tuesday/ Wednesday/ Thursday
9:00 am — 5:00 pm

*office hours vary due to meetings and appointments throughout the day and evening

Minister of Congregational Programs

Andrea Johnson
Programs@mnvalleyuu.org
(612) 216-4224

Tuesday / Wednesday / Thursday
10:00am—3:30 pm
Sunday 9:00 am — 1:00 pm

*office hours vary due to meetings and appointments throughout the day and evening

Communications Manager and Membership Coordinator

Kate Stomberg
office@mnvalleyuu.org
(952) 884-8956 (Fellowship Phone)
(612) 216-4113 (Direct Line)

Sunday - Thursday
9:30 am — 1:30 pm

RE & Youth Coordinator

Sara Sweeney
REY@mnvalleyuu.org
(612)216-4318
Sunday and Tuesday 9:00 am — 1:00 pm

Please call or email ahead to make sure we don't have another appointment when you come in.

Did You Know . . .

That 28 people participated in Beloved Conversations?

*A curriculum for exploring the role of
race/ethnicity in individual and
congregational lives.*

*All of that is possible because of your
generous pledges.*



Minnesota Valley UU Fellowship

HELLO! I AM

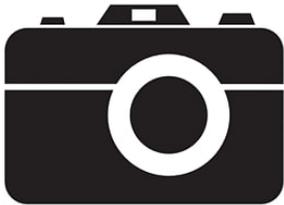
Please wear your name badges on Sunday mornings.
If you need either a new one or a replacement, look for the
signup sheet in the entrance hall.

In case you don't know or remember, the colored dots
indicate where you live. Besides being colorful, they can be
conversation starters! Look for someone else who has the
same dot as you and talk about how close you live to one
another.



ARCHIVE ALERT!

KATHY EAGER



Many of you take pictures and videos during services and at events. Archives loves to get these. Please send to Kathy's email at kathy@darrelleager.com or office email at office@mnvalleyuu.org. Please make sure they are titled and dated.

JIGSAW PUZZLE EXCHANGE

NANCY BUCKMAN

Downstairs in the Social Hall, we have a collection of puzzles waiting for people to solve them. They are in the bookcase next to the drinking fountain (near the piano). Feel free to take one home to solve, bring it back and take another to enjoy. If you have any of your own that you are ready to let go of, we'd love for you to add them to the collection.



Did You Know . . .

That during **last year's** Stewardship campaign, **85% increased?**



Minnesota Valley UU Fellowship



REGULAR EVENTS

Men's Group

A Preview Men's Group topics 2018 -2019

Men's group meets the second Thursday of each month. All members of the fellowship are invited regardless of gender. A tentative but not complete or final list of topics is shown below:

Financing K thru 12 education in Minnesota

Looking at Organized labor from WWII to the present.

Questions contact John Peloquin. See Page 6 for more information on this month's meeting.

American Mahjongg

If you are interested in playing, or learning how to play, we have a small group meeting every other Wednesday in Social Hall at the Fellowship from 1-3 pm. Contact either Bobbie Gish or Nancy Buckman for more information.

Beyond Sunday Morning

You are invited to attend some of our upcoming small, informal gatherings at the following locations and times. These are opportunities to visit with and get to know others better and have some interesting conversation. No need to RSVP. Just come if you can. (Note: Some times and locations have changed from the past.)

Tuesdays, 1-2:30 pm on **January 15, February 5 and 19** We are meeting at the Richfield Panera (980 W 78th).

Wednesdays, 1-2:30 pm on **January 23, February 27:** we are returning to Jojo's Rise and Wine in Burnsville. It is on Nicollet Blvd between Rt 13 and Burnsville Pkwy. Contact Nancy Buckman at nancybmnuu@gmail.com, if you have questions, need a ride and/or if you would like an email reminder.

Yoga

Yoga classes on the mat are on Wednesdays at 5:00 pm and Saturday yoga is at 9:00 am,. Classes are 50 minutes and include gentle stretches and beginning yoga poses. All are welcome. Wear comfortable clothes and bring a mat. Cost is \$3 per class or \$40 for 15 classes. Not sure if this is for you? Call Fran Bohlke, instructor, at 952.445.9131 or email her bryawnte@msn.com.

Meditation

Meditation group meets on Fridays at 3:30 in the Fireside room. We begin with a short reading, then a few minutes of centering music, 25 minutes of silence, then conversation. Not sure if this is for you? Contact Fran Bohlke bryawnte@msn.com or Richard Duffin rwduffin@comcast.net

Women's Group

Saturday, January 5 at 10:15 am. See article on page 6

Bridge Club

January bridge will be on Saturday, January 19 at 1 p.m.

The bridge group meets the third Saturday of every month from 1-3 p.m. We are always looking for new players! Beginner to expert, all are welcome. If you are interested, please contact Barbara Hanson, 952-937-5905 or bnehanson@comcast.net. Come join the fun!



BOARD OFFICERS OF THE FELLOWSHIP

Chair & Board Member	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com
Chair-elect & Board Member	Nancy Buckman	(952) 736-9586 nancybmnuu@gmail.com
Secretary & Board Member	David Olson	(952) 888-6527 olson199@umn.edu
Treasurer	Dale Lewellyn	(952) 432-9459 treasurer@mnvalleyuu.org

BOARD TRUSTEES

Trustee & Board Member	Max Chester	(952) 388-1186 maxchessler@gmail.com
Trustee & Board Member	Judith Anderson	(952) 941-7047 andersonkj@earthlink.net
Trustee & Board Member	Tom Schoenbauer	(952) 808-7714 tschoenbauer@hotmail.com
Trustee & Board Member	Diane Bick	(952)250-9559 dianeebick@gmail.com

BOARD WORKGROUPS

Zimmer Property	Doug Bruce, Mark Clary, Steve Danko, Eva Mach
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MVUUF STANDING COMMITTEES

Committee	Chair(s)	Phone & Email
Adult Education and Enrichment	Open	Andrea Johnson programs@mnvalleyuu.org
Aesthetics	Karen Olson	(952) 888-6527 luzzcatz@comcast.net
Archives	Beverly Schmidt Kathy Eager	(952) 884-7262 gypsyleap@gmail.com (952) 888.8427 Kathy@darrelleager.com
Congregational Care	Open	office@mnvalleyuu.org 952-884-8956
Committee on Shared Ministry	Tom Ehlinger	(612) 840-8905 tomehlinger@gmail.com
Endowment	Glen Corliss	(952) 835-6832 gcorliss16@aol.com
Finance	Steve Danko	(952) 884-9099 jsg@jsgalleries.com
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Nominating	Robyn Schoenbauer	(952) 808-7714 robyn.schoenbauer@gmail.com
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Stewardship	Jeanne Simpson	(612) 239-1240 jems.ellen@gmail.com
Technology	Richard Duffin	(707) 696-6406 rwduffin@comcast.net

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Office Phone Number
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Minister
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minister@mnvalleyuu.org
(612) 216-4203

Tuesday/Wednesday/Thursday
9:00am-5:00pm

Minister of Congregational Programs
Andrea Johnson, programs@mnvalleyuu.org
(612) 216-4224
Tuesday/Wednesday/Thursday 10am-3:30 pm
Sunday 9:00-am-1:00 pm

Minister of Music
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RE and Youth Coordinator
Sara Sweeney
612-216-4318, REY@mnvalleyuu.org
Sunday and Tuesday 9:00-1:00 pm

Communications Manager and Membership Coordinator
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(612) 216-4113
Sunday-Thursday 9:30-1:30 pm

Custodian & Operations
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Uni-Sun Item Submission Information

The submission deadline date for the UNI-SUN is the 20th of each month.
Submit articles to the Newsletter Editor via email to newsletter@mnvalleyuu.org



Calendar Today < > January 2019

Month

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January 2019

SUN	MON	TUE	WED	THU	FRI	SAT
30 <ul style="list-style-type: none"> 9am Choir 10:30am Sunday Services 11:30am Children's Choir 	31 New Year's Eve	Jan 1 New Year's Day <ul style="list-style-type: none"> 1pm Beyond Sunday Mornir 	2 <ul style="list-style-type: none"> 1pm Mah Jongg 6:30pm Choir 	3	4 <ul style="list-style-type: none"> 3:30pm Meditation Group 	5 <ul style="list-style-type: none"> 9am Yoga 10:15am Women's Group 1pm Itchy Fingers Salon 5pm Private Event
6 <ul style="list-style-type: none"> 9am Choir 10:30am Sunday Services 11:30am Spaghetti Lunch 11:30am Children's Choir 	7	8 <ul style="list-style-type: none"> 10am Women's Book Group 7pm Finance Committee Me 	9 <ul style="list-style-type: none"> 5:30pm C.O.S.M. meeting 6:30pm Choir 7pm Board of Trustees Mee 	10 <ul style="list-style-type: none"> 9am Women's Spirituality Gi 6:15pm Men's Group 	11 <ul style="list-style-type: none"> 10:15am Blue Highways 3:30pm Meditation Group 7pm Friday Night Poker 	12 <ul style="list-style-type: none"> 9am Yoga 10am Women's Chorale 1pm Itchy Fingers Salon 5pm Private Event
13 <ul style="list-style-type: none"> 9am Choir 9am Religion Ethics and Ide 10:30am Sunday Services 2 more	14	15 <ul style="list-style-type: none"> 1pm Beyond Sunday Mornir 	16 <ul style="list-style-type: none"> 1pm Mah Jongg 6:30pm Choir 	17 <ul style="list-style-type: none"> 9am Women's Spirituality Gi 7pm Evening Book Club 	18 <ul style="list-style-type: none"> 3:30pm Meditation Group 5pm Beloved Conversations 	19 <ul style="list-style-type: none"> 8am Beloved Conversations 9am Yoga 1pm Bridge Club 1pm Itchy Fingers Salon
20 <ul style="list-style-type: none"> 9am Choir 10:30am Sunday Services 11:30am Children's Choir 12pm Beloved Conversatio 	21 Martin Luther King Jr. Day	22 <ul style="list-style-type: none"> 9am Private Event 	23 <ul style="list-style-type: none"> 1pm Beyond Sunday Mornir 6:30pm Soul Matters 6:30pm Choir 6:30pm Soul Matters Small 	24 <ul style="list-style-type: none"> 9am Women's Spirituality Gi 	25 <ul style="list-style-type: none"> 10:15am Blue Highways 3:30pm Meditation Group 7pm Music Festival Set-up 	26 <ul style="list-style-type: none"> 7am Music Festival 9am Yoga 10am Women's Chorale 1pm Itchy Fingers Salon
27 <ul style="list-style-type: none"> 9am Choir 10:30am Sunday Services 11:30am Children's Choir 2 more	28	29	30 <ul style="list-style-type: none"> 1pm Mah Jongg 6:30pm Choir 	31 <ul style="list-style-type: none"> 9am Women's Spirituality Gi 	Feb 1 <ul style="list-style-type: none"> 3:30pm Meditation Group 	2 <ul style="list-style-type: none"> 9am Yoga 10:15am Women's Group 1pm Itchy Fingers Salon 5pm Private Event

To View the MVUUF Calendar online, go to:
<http://www.mnvalleyuu.org/calendar>