

WHAT DOES IT MEAN TO BE A PEOPLE OF WHOLENESS?

Let's just say that we're skeptical about rushing in to fix things. We Unitarian Universalists understand the urge to restore what once was. Nothing is more human. Who doesn't want to reverse the damage? Who doesn't hold on to the humpty dumpty hope that all can be put back together again? But our faith teaches us that this is just not how the world works. Transition and change rule the flow of life. There is no going back. The current of time is just too strong.

And so the wholeness offered us is not that returning our lives to their original state but working with what remains to make something new. The shards are not pieces of a puzzle that needs put perfectly back together, but building blocks

waiting to be molded into a yet to be imagined form. To be made whole again is to be reorganized, not restored.

Another way to put this is to say that there is freedom in the breaking. The cracks make room for creativity. That's not to minimize the pain. And it's certainly not a way of justifying tragedy as "part of God's plan." Rather, it's a call for us to perceive the broken pieces of our lives as more than just a pile of worthless and ruined rubble. "Look closer," says our faith, "that ash, if worked with, can give birth to a Phoenix."

So, what piles of rubble in your life need revisited? What longing for what was needs let go so a new wholeness can emerge?

And how might you break open even further? Because that's part of this too, isn't it? "Your broken pieces are more than rubble" is not the only counterintuitive thing our faith tells us about wholeness. It also urges us to "Crack wider!" As odd as it sounds, we were meant to be broken,

broken open to be exact. Over and over again, our faith reminds us that protecting our personal wholeness is only half the game. The equally important part of life's journey is about letting in the wholeness of world!

It's about cultivating cracks on purpose. It's about becoming intentionally exposed. As Leonard Cohen famously put it "Cracks are how the light gets in."

Broken hearts hurt but they also let in and allow us to connect with the pain of others. Protected hearts may seem safe, but our armor only ends up being a prison. It's one of the most important but paradoxical spiritual truths there is: Broken people end up bigger people.

So, in the end, maybe that's our most important "wholeness question": How are your cracks inviting you to become larger? What cracks do you need to cultivate on purpose? – **Soul Matters Themed Ministry**





APRIL SUNDAY SERVICES 10:30 AM

From the minister,

The month of April brings us to the theme of Wholeness. This is something I have worked on a lot in my personal life. By my forties, I had become a determined "go-getter". I was confident and I was able to accomplish things that I set my mind to. As that decade of my life wore on, I realized that I was focusing on only those things in my life that I deemed "strong, able and good" and dismissing everything else as somehow less important. I equated my vulnerability to weakness and tried to spend as little time there as possible.

But, I have come to realize that most of the amazing and "good" things in life come not from our "strengths", but from our vulnerability. Our compassion is rooted there. Forgiveness finds its roots there. Creativity and courage also are often born not out of our confidence, but out of our vulnerability.

April is a month of tender new growth, of life returning. Why not spend some time reflecting on your own wholeness: What of your tender new growth need tending? What gifts of your vulnerability have you overlooked? In loving our whole selves, we take the first step in learning to fully love one another.

See you Sunday, Rev. Laura

April 7th: The Wholeness of Community: Celebration!: We are a community of needs and a community of abundance; a community that gives and receives. We have traditions and a history and we move with curiosity into new ways of being and seeing ourselves. On this day we come together to celebrate all that we are and all that we can be as our pledge drive draws to a close. Rev. Laura Thompson with special music provided the MVUUF Choir and Nicole Collins and guests, Tony Langworthy and Alyssa Kluver

<u>April 14th: 10:30am: My Pilgrimage with Jesus</u>: As we turn towards the Easter season and our Judeo-Christian religious roots, what can the story of Jesus' teachings and life's journey teach us about our own journey towards liberation, justice and healing. Rev. Andrea Johnson and Carol Jernberg.

12:00pm: Sunday Forum: OutFront: Jesus Lucero joins us from OutFront Minnesota (our April Sunday Sharing partner) to talk about the current climate for LGBTQ folks. We'll talk about the issues, how our values inform our commitments to support and what we can do to be good allies.

April 21st: Wholeness: Rebirth for Easter and Earth Day; The Practice of Rising from the Ashes: This service for all ages will engage us in song, reflection and activity about the things we can do to preserve and celebrate life on this planet. With Rev. Laura Thompson, Fran Bohlke, Tom Ehlinger, Linda Hayen and Carol Jernberg.

April 28th: Listening to the Future; Youth Sunday: Voting-age Millennials now outnumber the Baby Boomers. They have a whole new way of both seeing the needs of this world and enacting change. This Youth Sunday we will listen to what our youth have to say about the world they are inheriting, the future they want to create and the support and collaboration they need from older generations. Rev. Laura Thompson and MVUUF Youth.



BOARD OF TRUSTEES HIGHLIGHTS

KELLEY HUGHES

We received a rebate of \$780 from Excel for replacing our fluorescent bulbs with LED bulbs. Our heartfelt thanks to MVUUF member Will Olson who made this happen.

Green Sanctuary and Welcoming Congregation re-certifications: Re-certification has certain qualifications and takes time. Rev. Laura is drawing upon volunteers to help with this. Please let her know if you want to help.

Stewardship: From what I have learned today, more than half of Stewardship pledges so far have given "Fair Share" commitments. Yet, only half of the congregation has responded. Questions about your pledge packet? Do you need more information? Please let me, or any Stewardship or Board member known if you have questions.

* In March's Board of Trustees meeting, we discussed, among other needs, our Long Range Plan goals. Highlights:

Goal: Increased trust and confidence in the organization: Accessible information about how to become involved in committees and work groups is key. The Board and others have been working to improve this. Please see Kelley Hughes or any other Board of Trustees member with your valuable feedback about what you need.

Goal: Offering programming within our community: Our staff has risen to this need in spades, with their excellent programming. Thank you, Rev. Laura, Rev. Andrea, Communications Manager/ Membership Coordinator Kate, and our illustrious youth coordinator, Sara!

Goal: Bringing awareness of MVUUF and its values to the outside community by offering relevant programs: Rev. Laura wholeheartedly has supported planning for this. The Women's Group and Men's Group offer opportunities to hear outside speakers through emails to the congregation. We discussed outside advertising for the wider community of Bloomington and beyond. Consensus that word of mouth is also very effective in bringing in people interested in what MVUUF has to offer. The Board also brainstormed ideas about other communal events, like an ice cream social or a "night out" block event.

Goal: Continue to develop an engaged congregation with a strong sense of community and commitment to MVUUF so that net membership increases by 25 to 35% over 5 years. We discussed how a 2%-3% -per-year increase in membership might be a realistic goal. Every year brings different opportunities and challenges. Historically, some years have brought an unprecedented decline in membership, while in other years, we have experienced an unprecedented period of growth. Planning is needed to weather the down times. Facebook is a great tool. So is word of mouth. Outside community events may help even more.

Goal: Maintain or change our current building to address current membership concerns and planing for future physical space opportunities: *Nancy Buckman agreed to consult Doug Bruce and Bloomington s governance officials about zoning laws, and other needed information, for our congregation's consideration. This will prepare us for sharing our opinions about uses for this property.*

Questions or comments? Please let me know. Kelley Hughes, Chair, 2018-19 Phone 952-451-6376

Email uukelley@hotmail.com.

Next Board Meeting: Wednesday, April 10 at 7:00PM

All are welcome to attend. If there is a topic you would like to add to the Board agenda, please contact Kelley Hughes, Board Chair, at uukelley@hotmail.com.



CONGREGATIONAL PROGRAMS

ANDREA JOHNSON

Religious Education in April

Our theme this month is wholeness and I love this quote from Parker Palmer: "wholeness does not mean perfection: it means embracing brokenness as an integral part of life. Knowing this gives me hope that human wholeness - mine, yours, ours - need not be a utopian dream, if we can use devastation as a seedbed for new life." Helping our children embrace the challenges and the heartbreak of life is one of the toughest parts of parenting but is crucial to developing resilient children who are spiritually grounded. This is what I hope we are doing together here at the fellowship as we continue to build an inclusive community!

This month, we'll be exploring the following angles in our **three Religious Education Sundays this month.**Note there will be no class on April 21st due to Easter.

- April 7th: Wholeness & Widening the Circle: The Practice of Inclusivity
- April 14th: Wholeness: Rebirth: The Practice of Rising from the Ashes
- April 28th: Wholeness: The Practice of Sharing All of You with the World.



Resources for Families and Parents:

Instead of an Easter Egg Hunt, Try a Can Hunt

We are made whole by helping others. Instead of an Egg Hunt, offer a Can Hunt. Hide the cans the same way that Easter Eggs are hidden, on a lawn. You will need sturdy baskets, or the children bring one or two at a time. Make the journey to donate the cans to a Food Bank.

An additional angle is for Earth Day. Avoid cheap plastic crap on a day when we want to take care of the earth.

What Does Mindful Parenting Mean (hint: Self-Love)

Blog by Chris Scheller, First Parish of Sudbury UU

https://fpsudbury.org/2016/01/27/what-does-mindful-parenting-mean-hint-self-love/

• https://www.uuworld.org/articles/creating-rituals-with-for-children



SUNDAY SHARING

April's Sunday Sharing Partner is OUTFRONT MN

OutFront Minnesota was formed in 1987 to help Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) people in Minnesota. Those first days saw OutFront operating as a crisis and anti-violence line for our communities to help report hate crimes, sexual and domestic violence, discrimination and police brutality against LGBTQ Minnesotans. They built grassroots power throughout the 2000's and joined with Project 515 to launch Minnesotans United for All Families in 2011 to fight against the anti-marriage amendment. LOVE won. In 2013, they went on to help pass marriage equality here in Minnesota. They built coalitions to help pass one of the strongest anti-bullying bills in the country to protect our youth (2014) and write the Transgender Student Toolkit to help make our schools more inclusive and allow trans youth to thrive (2017). They've also helped elect some phenomenal pro-equity candidates with their OutFront ACTION PAC.



Our offering plate is shared 50/50 each week with our Sunday Sharing Partner, (minus pledge checks). If you prefer for 100% of your gift to go to the Sunday Sharing Partner, Write "Charity Only" on your check or put cash in an envelope provided on the table in the lobby. If you prefer for your gift to go 100% to the Fellowship, write "MVUUF Only" on the check or put cash in an



Save the Date!
Saturday
April 27
Service Auction
"Pitching in to Hit the High Note"



MUSICAL NOTES

SONJA JOHNSTON, MINISTER OF MUSIC

"and the days dwindle down to a precious few..."

That's my thoughts as my retirement draws nearer and nearer. Leaving a job that has been my passion for 43 years is daunting but I know it's time and I know I have a exemplary successor. Nicole Paul-Collins brings musicality, energy, knowledge variety to the future music at MVUUF. We are so lucky she found us!

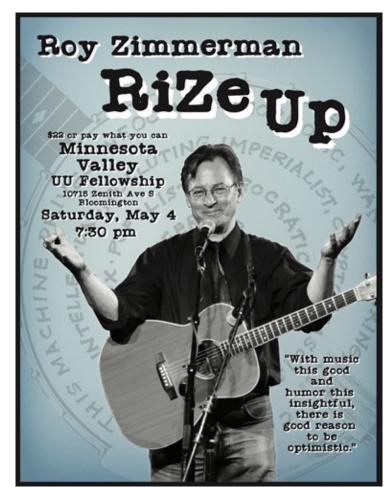
Special music for April 7, our Celebration Sunday, features robust choir music requested by Laura! We will be singing two of our most loved pieces: "We Will" which Tom Ehlinger will lead and "We Rise Again". For April 21, Earth Day, I found a particular fitting choral piece titled "Out of the Stars".

Are we loving this sudden spring!!!

Sonja Johnston

Minister of Music





Mark your calendars for Family & Community Night on Saturday May 4th.

The evening will begin with a community potluck and social hour at 6pm and will be followed by a host of activities for all ages:

Arts and Crafts Room

Parenting Group

Roy Zimmerman Concert (cost per ticket)

Two Movie Rooms:

Curious George Swings Into Spring (ages 3+)

The Goonies (ages 10+)

Sign-up to help with the activities and clean-up: https://www.signupgenius.com/

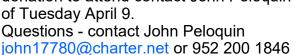


MEN'S GROUP (ALL GENDERS WELCOME)

MEN'S GROUP (ALL GENDERS WELCOME)

"Women are paid 80 cents on the dollar for doing the same work as men" ... True or False?

On April 11, 2019 in place of the regular men's group meeting John Peloquin will *fulfill a service auction obligation* by making a presentation on the **gender pay gap**. In order to attend this presentation, you must A.) Have purchased it at the April, 2018 service auction OR B.) *Make a donation of \$20 to MVUUF for this purpose.* Included with the presentation will be pizza donated by John Peloquin . If you plan to make a \$20 donation to attend contact John Peloquin by the evening of Tuesday April 9.





WOMEN'S GROUP

April 6 Women's Group My Evolution as a Woman Traveler from Age 20 to 70

Our April program will be presented by MVUUF member and avid traveler Candace McClenahan. <u>This</u> <u>will be a totally different presentation from the one Candace gave in church Sunday, March 31.</u> Even those who are now "armchair travelers" will enjoy Candace's reflections on over 50 years of traveling, and active travelers may well pick up some tips for a future trip. Come to hear some of her fun or poignant travel stories, some of the lessons she's learned, and what keeps her traveling after all these years. Be at MVUUF by 10:15 for a few minutes of coffee and conversation before the 10:30 program.

We welcome visitors. If you'd like to attend the April 6 meeting but are not currently on the Women's Group contact list, please contact Nancy Buckman by April 3 at nancybmnuu@gmail.com or 952- 736-9586. Our meetings are a great way to get better acquainted with other MVUUF folks. Bring a bag lunch if you wish, or let Nancy know that you will be staying for the catered \$7.00 lunch.



AUCTION

April 28, 2018 • 5:00

Order of events:

5:00 to 6:45 - Bidding

5:00 - Appetizer and Dessert Pot Luck

6:15 - Bidding closes for Goods, Arts & Crafts and Food & Drink

6:30 - Bidding closes for Entertainment, Tours & Getaways, and Help Wanted

6:45 - Bidding closes for all remaining items (Dining and Services)

6:45 - All Clean Up

7:15 - Gather in the Sanctuary for Raffle Drawing

7:30 - Raffle Drawing and Secrets From the Vault, an original play by Sonja Johnston

8:15 - Check out, Pay and Pick up Items



Tickets: \$10.00 per adult, kids are free!

And - following the auction, April 27:

The Last Show d

By Sonja Johnston

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The emotionally charged story of a decades-long feud between two families.

Will they ever find peace?

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n

Starring the amazing MVUUF Choir and more!

Featuring special music by:

Elaine Lewellyn and Nathan Hartshorn!

Special effects by Kathy and Darrell Eager!

Vol. 54, No. 8 Uni-Sun



MVUUF Office Hours

— Lead Minister

Rev. Laura Thompson minister@mnvalleyuu.org

(612) 216-4203

Tuesday/ Wednesday/ Thursday 9:00 am — 5:00 pm

*office hours vary due to meetings and appointments throughout the day and evening

— Minister of Congregational Programs ———— Rev. Andrea Johnson

Programs@mnvalleyuu.org (612) 216-4224

Tuesday / Wednesday / Thursday 10:00am—3:30 pm Sunday 9:00 am — 1:00 pm

*office hours vary due to meetings and appointments throughout the day and evening

Communications Manager and Membership

Coordinator -

Kate Stomberg

office@mnvalleyuu.org (952) 884-8956 (Fellowship Phone) (612) 216-4113 (Direct Line)

Sunday - Thursday 9:30 am —1:30 pm

- RE & Youth Coordinator-

Sara Sweeney

REY@mnvalleyuu.org (612)216-4318 Sunday and Tuesday 9:00 am —1:00 pm

Please call or email ahead to make sure we don't have another appointment when you come in.

HELLO! I AM

Please wear your name badges on Sunday mornings. If you need either a new one or a replacement, look for the signup sheet in the entrance hall.

In case you don't know or remember, the colored dots indicate where you live. Besides being colorful, they can be conversation starters! Look for someone else who has the same dot as you and talk about how close you live to one another.







NEW!!! Beyond Sunday Morning; 1st Thursdays Happy Hour at 4:30-6:30 PM

All are welcome! This is a great way spend some time getting to know one another and build community:)

NEW LOCATION! JoJo's Rise and Wine 12501 Nicollet Ave #100Burnsville, MN 55337

Coffee, wine & craft beer are served with baked goods & light fare in a cozy room with a fireplace.

"Welcome to Jo Jo's Rise & Wine, a coffee wine bar and restaurant located in Burnsville's Heart of the City. Our restaurant is on the lower level of the Park Crest condominiums, across from Nicollet Commons Park.

Jo Jo's Rise & Wine offers coffee, wine and quality food choices all in a comfortable, welcoming environment. Jo Jo's carries a morning-through -evening menu to attract not only commuters, but local business people, students, parents, neighbors and area organizations."



Click here to view their menu: https://www.jojosriseandwine.com/menu



Join us April 4 at 4:30-6:30 PM! We hope to see you there!

COMMITTEES

CONGREGATIONAL CARE

The Congregational Care Resource Committee (CCRC) helps connect volunteers in the congregation with people who need services. The CCRC looks for volunteers to help with: Meals, Rides to church/appointments, Child care, Visits (at home/hospital), Light chores (mowing, changing light bulbs, shoveling, etc), Special Equipment (crutches, wheel chairs, etc), Pet Care, and other things you might need.

Contact any one of us. We will do our best to help. Maria Bavier, Ruth Keely, Donna Kopnick, Betty Olson, Leslie Swenson, Angie Talarico, and Maya Walkington



ENDOWMENT Holly Bruce

More than 80 people attended *An Afternoon at the Opera* on March 3 at MVUUF. Three Minnesota Opera artists performed and taught the audience about opera history and what to expect from this entertainment medium in the future. We learned that the Minnesota Opera is a leader in making opera more relevant to us commoners and to expect more engaging plots and music sung in English. This event was ably planned and organized by Nicole Collins and Steve Danko and paid for by the Endowment Committee. The feedback we have received from opera lovers and sceptics alike was enthusiastically positive.

The Endowment Committee received two requests for grants in the 2018-19 Fellowship Year and funded them both. The net worth of the Endowment Fund reported at the March 2019 Board of Trustees meeting was \$33,433 and if the stock market remains relatively constant during the rest of the year, the total amount that can be awarded in the 2019-2020 year according to our bylaws will be in the neighborhood of \$1,300.

There is no need to keep new project ideas hidden until July 1, 2019 though. Bring them immediately to any committee member: Glenn Corliss, Kat Janes, Marv Gish, Holly Bruce and Rolie Hron. The committee members and Kate Stomberg will work with you to help navigate the application process.

Glenn Corliss Endowment Committee Member

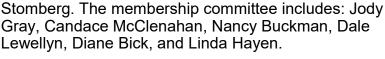
Membership Committee

KATE STOMBERG

The membership committee is keeping busy! Hospitality teams are up and running smoothly. If you haven't signed up to be on one yet, contact Kate Stomberg to do so (office@mnvalleyuu.org). Hospitality teams handle greeting, ushering, treats and clean up on Sunday mornings. There are six teams, so each team "hosts" one Sunday every month and a half.

The committee hosted another "Getting to Know UU" class with 10 new friends of MVUUF participating and learning about Unitarian Universalist and MVUUF history along with each other's personal religious history. Many of the participants have also decided to become members here at MN Valley! We will be welcoming them fully at our New Member Sunday during the Flower Communion Service in May.

If you have been coming for a while, and you are interested in membership and want to know, what does that even mean, please talk to any member of the membership committee or Kate





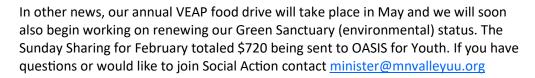
We continue to sell coffee & decaf coffee (\$9 for 12 oz bag), a variety of teas (\$6 for 20 bags), and hot cocoa (\$8 for a 12 oz tin) in the entryway of the fellowship after service. Special orders are always welcome! You can also find a variety of literature about fair trade, small batch farming and it's impact on the communities UUSC and Equal Exchange work with, stop by and check it out!



SOCIAL ACTION COMMITTEE



Currently the Social Action Committee is working on renewing our Welcoming Congregations (LGBTQ) status. At the end of March, we added a Trans Pride Flag to our collection and KJ Hummer spoke on Trans issues at the March 31st service. In April, our Sunday Sharing partner is OutFront and we are pleased that they will also be our speaker at our Sunday Forum on April 14th.

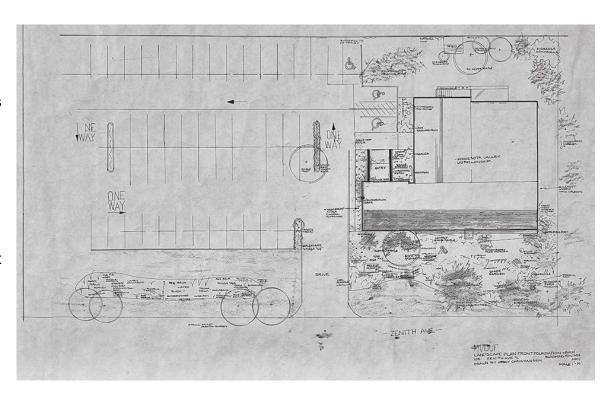




ARCHIVES—THINK SPRING!

Archives came across another gem. The original landscape plans of our current building by Ginny Christiansen.

Submitted Beverly Schmidt Kathy Eager





BOARD OFFICERS OF THE FELLOWSHIP			BOARD TRUSTEES		
Chair & Board Member	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com	Trustee & Board Member	Max Chester	(952) 388-1186 maxchessler@gmail.com
Chair-elect & Board Member	Nancy Buckman	(952) 736-9586 nancybmnuu@gmail.com	Trustee & Board Member	Judith Anderson	(952) 941-7047 andersonkj@earthlink.net
Secretary & Board Member	David Olson	(952) 888-6527 olson199@umn.edu	Trustee & Board Member	Tom Schoenbauer	(952) 808-7714 tschoenbauer@hotmail.com
Treasurer	Dale Lewellyn	(952) 432-9459 treasurer@mnvalleyuu.org	Trustee & Board Member	Diane Bick	(952)250-9559 dianeebick@gmail.com

BOARD WORKGROUPS Zimmer Property Doug Bruce, Mark Clary, Steve Danko, Eva Mach

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MVU Committee	UF STANDIN Chair(s)	IG COMMITTEES Phone & Email	
Adult Education and Enrichment	Open	Andrea Johnson programs@mnvalleyuu.org	
Aesthetics	Karen Olson	(952) 888-6527 luvzcatz@comcast.net	
Archives	Beverly Schmidt Kathy Eager	(952) 884-7262 gypsyleap@gmail.com (952) 888.8427 Kathy@darrelleager.com	
Congregational Care	Open	office@mnvalleyuu.org 952-884-8956	
Committee on Shared Ministry	Tom Ehlinger	(612) 840-8905 tomehlinger@gmail.com	
Endowment	Glen Corliss	(952) 835-6832 gcorliss16@aol.com	
Finance	Steve Danko	(952) 884-9099 jsg@jsgalleries.com	
Kitchen	George Rairman	(612)669-3952 geofairman@gmail.com	
Membership	Kate Stomberg	(612) 216-4113 office@mnvalleyuu.org	
Music	Betty Olson	(952) 831-3854 bolsonflute@gmail.com	
Nominating	Robyn Schoenbauer	(952) 808-7714 robyn.schoenbauer@gmail.com	
Operations	Mark Clary	(952) 830-1971 mlfe@aol.com	
Personnel	Tom Traub	(952) 435-5855 Tomtraub@charter.net	
Religious Education	Rev. Andrea Johnson	Rev. Andrea Johnson programs@mnvalleyuu.org	
Social Action	Rev. Laura Thompson	minister@mnvalleyuu.org (612)216-4203	
Stewardship	Jeanne Simpson	(612) 239-1240 jems.ellen@gmail.com	
Technology	Richard Duffin	(707) 696-6406 rwduffin@comcast.net	

MVUUF Office Phone Number (952) 884-8956

Lead Minister Laura Thompson

minister@mnvalleyuu.org $(61\overline{2})$ $\overline{216-4203}$ Tuesday/Wednesday/Thursday 9:00am-5:00pm

Minister of Congregational Programs

Rev. Andrea Johnson, programs@mnvalleyuu.org (612) 216-4224 Tuesday/Wednesday/Thursday 10am-3:30 pm

Sunday 9:00-am-1:00 pm

Minister of Music

Sonja Johnston, music@mnvalleyuu.org

RE and Youth Coordinator

Sara Sweenev

612-216-4318, REY@mnvalleyuu.org Sunday and Tuesday 9:00-1:00 pm

Communications Manager and Membership Coordinator

Kate Stomberg office@mnvalleyuu.org (612) 216-4113 Sunday-Thursday 9:30-1:30 pm

Custodian & Operations

Mark Clary, cust@mnvalleyuu.org

Internet

Home Page: www.mnvalleyuu.org Facebook: www.facebook.com/mnvalleyuu

Uni-Sun Item Submission Information

The submission deadline date for the UNI-SUN is the 20th of each month.

Submit articles to the Newsletter Editor via email to newsletter@mnvalleyuu.org



CLASSES & GROUPS

AMERICAN MAH JONGG

If you are interested in playing, or learning how to play, we have a small group meeting every other Wednesday in Social Hall at the Fellowship from 1-3 pm. Contact either Bobbie Gish or Nancy Buckman for more information.



BRIDGE GROUP

April bridge will be on Saturday, April 20 at 1 p.m.

The bridge group meets the third Saturday of every month from 1-3 p.m. We are always looking for new players! Beginner to expert, all are welcome. If you are interested, please contact Barbara Hanson, 952-937-5905 or bnehanson@comcast.net. Come join



BEYOND SUNDAY MORNING - "BUILDING COMMUNITY"

Come to any / all of our upcoming small, informal gatherings at the following locations and times. These are opportunities to visit with and get to know others better and have some interesting conversations. No need to RSVP. Just come if you can and invite any others who might be interested. All are welcome!

April 4, Thursday, 5 pm: "Happy Hour" at JoJo's Rise and Wine Located on Nicollet between Burnsville Pkwy and Rt 13 in Burnsville

April 2 and April 16, Tuesdays, 1-2:30 pm: at Richfield Panera (980 W. 78th, Richfield)





RELIGION ETHICS AND IDEAS

Religion Ethics and Ideas will meet on Sunday April 14th at 9:00 AM in the Fireside room. Our topic will be the gender pay gap. This will continue the discussion from a special service auction presentation on the topic at the men's group on Thursday 4-11. You need not have attended that presentation to participate in the discussion. Questions contact John Peloquin.

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EVENING BOOK GROUP

The Evening Book Group returns in March after our break in February. We hope you can join us for a lively and informative discussion. Alternating fiction and nonfiction, our upcoming books are:

On April 18, 2019, *Earning the Rockies: How Geography Shapes America's Role in the World* by Robert D. Kaplan

On May 16, 2019, *A Terrible Country* by Keith Gessen

On June 20, 2019, *When Republicans Were Progressive* by Dave Durenberger, Lori Sturdevant and Norm Ornstein (Please note that this book is not available in Audio or Kindle form)



NO MEETING IN JULY

On August 15, 2019, *Unsheltered* by Barbara Kingsolver

On September 19, 2019, *Why Nations Fail: The Origins of Power, Prosperity, and Poverty* by Daron Acemoglu and James Robinson

The Evening Book Group **USUALLY** meets on the third Thursday of the month throughout the year in the Fireside Room at 7PM. **PLEASE NOTE THAT WE WILL NOT BE MEETING IN JULY.** The only requirement is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or email at joyceamcmartin@gmail.com.

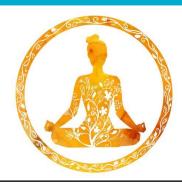
YOGA



Yoga classes on the mat are on Wednesdays at 5:00 pm and Saturday yoga is at 9:00 am,. Classes are 50 minutes and include gentle stretches and beginning yoga poses. All are welcome. Wear comfortable clothes and bring a mat. Cost is \$3 per class or \$40 for 15 classes. Not sure if this is for you? Call Fran Bohlke, instructor, at 952.445.9131 or email her bryawnte@msn.com.

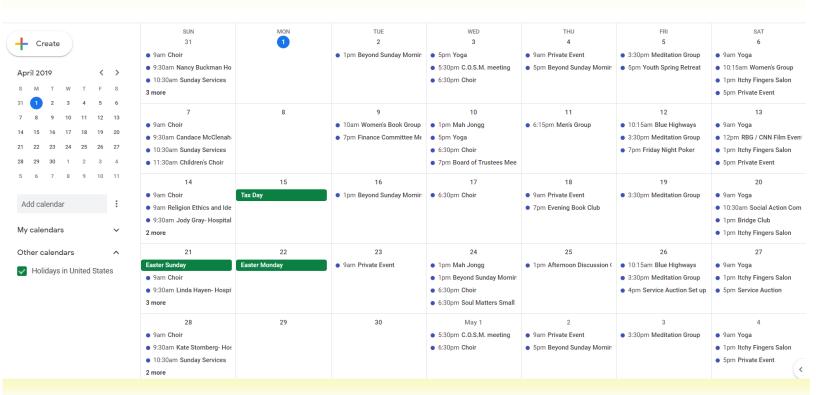
MEDITATION

Meditation group meets on Fridays at 3:30 in the Fireside room. We begin with a short reading, then a few minutes of centering music, 25 minutes of silence, then conversation. Not sure if this is for you? Contact Fran Bohlke bryawnte@msn.com or Richard Duffin rwduffin@comcast.net





April 2019



To View the MVUUF Calendar online, go to:

http://mnvalleyuu.org/calendar/

Bag Lunch With RBG!

Saturday April 11:15-1:15

Join us in the Social Hall for a viewing of a film about Ruth Bader Ginsberg's early legal story. We'll watch this 90 minute screen play and spend a little time talking informally about it.

