

What Does It Mean To Be A People of Belonging?

You hardly knew
 how hungry you were
 to be gathered in,
 to receive the welcome
 that invited you to enter
 entirely...
 Tentative steps
 became settling in...
 You began to breathe again...
 You learned to sing.

But the deal with this blessing
 is that it will not leave you
 alone,
 will not let you linger...
 this blessing
 will ask you to leave,
 not because it has tired of you
 but because it desires for you
 to become the sanctuary
 that you have found...

- Jan Richardson



Info on image: <http://fearlesscollective.org/project/belonging/#0>

Jan Richardson starts off her poem by mentioning hunger. It's a perfect way to begin framing this month's theme of belonging. We've all felt it. Just saying the word "belonging" conjures it up: The hunger to be included; the longing to be let in. No one likes standing outside the circle. No one likes leaning against the locked door listening to everyone laughing inside. From the time we are little, belonging is the thing we seek. It's the hoped-for Holy Grail at the end of our journeys.

Or is it just the beginning of our journey?

You have to love the way Richardson surprises us with that twist. One minute she's wrapping us in comforting words about settling into belonging and the next she's shaking us awake and telling us to get up and go. And maybe what she's really waking us up to is the fact that there are two types of belonging, only one of which is a blessing.

Sages and sacred traditions tell us, the true blessing of belonging isn't that you get to come inside the circle; it's that you get to participate in expanding it. Which means maybe our question this month is different than one we might expect. Instead of "Where can I find belonging?" maybe it's "How can I become belonging for others?"

-- From the Soul Matters Themed Ministry Team





OCTOBER SUNDAY SERVICES 10:30 AM

Oct. 6th: First Sunday's Choice Service:

Upstairs: **The 18" Pilgrimage**: In a day where progressive liberals are taking a stand against injustice in its many forms. Jumping into the fight for racial justice ill-equipped to hold space and follow leadership has led to many lasting wounds in the movement toward collective liberation and justice-work has proven to be personally Taxing, Toxic, and Tyrannical. Karen Wills and Pastor Danny Givens deliver a sermon comprised of story and observation of intersectional justice-work with impacted communities and frontline UU's. Music from MVUUF Choir

Downstairs: **Your Experience Belongs to YOU**: Join Rev. Andrea Johnson and Worship Associate Carol Jernberg for an interactive service in understanding where our experiences are located. With music from Polly Sonifer and Mark Lofgren

Oct. 13th: **Belonging in an Age of Decolonization**: As we continue to move further into a post-colonization age, it is imperative that understand the lasting effects of colonization on ourselves and others. What systems of colonization still remain in place? How should we do the work of dismantling those that are harmful? Where do those of us who benefitted from colonization belong in building a more just and loving world? Rev. Laura Thompson and Tom Ehlinger offer their thoughts on the subject.

Oct. 20th: **Belonging; All You Need is Love**: The greatest and only absolute component in creating and finding belonging is LOVE. Love is the root of compassion and the root of joy. It empowers our journey, it gives us hope and faith. In love, all things are possible. Join us for a celebration of The Beatles' best sermon; All You Need is Love!

Oct. 27th: **Belonging; No Country Home**: A humanitarian crisis is happening on our border. Meanwhile, Europe is dealing with its own migration crisis. Across the globe people are moving in search of safety and the promise of a better life. Where do you go when home is no longer a safe place to be? What would you do to save your family from peril? How do we as a community respond to people seeking a place to call home? Rev. Laura Thompson and Maria Bavier. Music from Tom Ehlinger and MVUUF choirs.





NOTES FROM THE CHAIR

NANCY BUCKMAN

Continuing the “Building” theme:

- Our physical building needs some immediate attention. Next time you are at the Fellowship, check out the outside East wall of the Sanctuary - look up towards the peak and see peeling paint and bird holes. Also, look at the concrete leading into the building. Elsewhere in this newsletter will be information on what is needed to address these and other problems.

- We can all help with building community with a fun and easy activity. Join a “Hospitality Team”. Each team covers a Sunday morning at the Fellowship on a rotating basis with five other teams.

Those of us on the Board of Trustees are wearing orange name tags. Plus, information on how to contact us is listed at the back of this newsletter. We want to get to know you.

Nancy Buckman

Nancybmnuu@gmail.com

612-499-0963

Next Board Meeting: Wednesday, October 9 at 7:00PM

All are welcome to attend. If there is a topic you would like to add to the Board agenda, please contact Nancy Buckman, Board Chair 2019-2020, at nancybmnuu@gmail.com

OCTOBER SUNDAY SHARING PARTNER

The Minnesota Unitarian Universalist Social Justice Alliance equips individual Unitarian Universalists and UU congregations to be **skilled, accountable, faithful partners** with broad movements working for justice and collective liberation.



We strive to work **in solidarity with all communities seeking to bend the arc of the universe toward justice**. MUUSJA is rooted in Unitarian Universalist understanding of the inherent worth and dignity of all humans, and our radical interdependence with all of creation,

Our work entails two intersecting spheres:

CONVENING: bringing people together within, across and beyond congregations

CAPACITY BUILDING: honing skills and spiritual grounding for effective justice-making

About Sunday Sharing:

Our offering plate is shared **50/50** each week with our Sunday Sharing Partner, (minus pledge checks). If you prefer for 100% of your gift to go to the Sunday Sharing Partner, Write “Charity Only” on your check or put cash in an envelope provided on the table in the lobby. If you prefer for your gift to go 100% to the Fellowship, write “MVUUF Only” on the check or put cash in an envelope with that written on it. Please contact the office or treasurer with any questions. Thanks!



MUSICAL NOTES

NICOLE COLLINS

September, as we celebrate the last days of Summer's freedom and start back into Fall's routine's, we got back "into the groove," with each other in choir and musician rehearsals. We've already covered classical, classic rock, congregational sing alongs and chants, music by UU composers, and long held traditions of songs. Wow! I am so impressed with the musical legacy this church has and how we are growing.

What's your musical inspiration? Even if you've never played or sang, I bet you've been inspired by music in some way. Share those with me! Send me an email at: Music@Mnvalleyuu.org and tell me what you love or has made an impact on you musically.

I've gotten wonderful feedback about all kinds of things music. Keep it coming. I want to learn how to serve you better. You've been so kind with your patience as I transition into my new role, and it will take a lot of time, but I'm really open to your ideas.

We are always open to singers and musicians! Rehearsals are:
Mixed Choir: Wednesdays 6:30-7:30 and Sundays, 9:15-10:15.
Women's Chorale: 2nd and 4th Saturdays at 10:30-11:30.
Kids Choir: Every Sunday after service until 12:10.
Special Music: 2nd and 4th Saturdays 9:30-10:30.

In gratitude and community of song,
Nicole Collins
Music Director

Music@MNValleyuu.org

612-296-1622

WELCOME NANCY KULEDGE

Welcome Nancy, our new Nursery Care provider!

I'm delighted to be working in the nursery here at MVUUF. I have made a life-long career out of caring for other people - beginning with caring for my quadriplegic neighbor during high school. From there I worked in the nursery at my church and other places of worship, where I gained experience caring for children of all ages. Recently I have been working through a home services agency as a nanny for children of all ages and as a care provider to kids with special needs care and as a provider of eldercare. Out of all of the care jobs I have performed, working with children has been not only my favorite, but also the most rewarding. I love to watch children grow and to help them accomplish goals by teaching them lessons and allowing them to discover their creative side. I am also the proud of raising three children, who are now successful and very well-established in their adult years, as a single mother. I enjoy being active and staying busy.





MVUUF OPERATIONS ISSUE

Our building has some serious repair issues that will cost about \$25,000 to fix.

- The back (east facing) wall of the building is part of the original structure, before the addition and remodel in 2000. Weather and woodpeckers have taken a toll on this and the siding needs to be replaced.
- The concrete at the front entrance is damaged and needs to be repaired or replaced. It is becoming a safety hazard and another winter's freeze and thaw cycle will only make it worse.
- The sanitizer (dish washer) in the kitchen no longer works and needs to be replaced.

So - our congregation needs to come up with some money and creative input is needed. Your suggestions and thoughts are invited.

We will be sending a survey out soon asking for input as to how to handle this.

Operations Committee





CONGREGATIONAL PROGRAMS

Last month our Faith Development consultant, Kim Sweeney, was here and as I reflected on her visit, I've found myself thinking hard about our religious community here at MVUUF and what it exists to do in the world. At our core, we exist to preach and teach Unitarian Universalism because our congregation IS the **ON-ONLY** place that can do this in Bloomington. Yes there are other reasons to join and be a part of this fellowship (e.g., community, spiritual and intellectual growth, a place to seek the truth, a place to ask questions, a place to do social justice) but there are many places one could go to find those things; our congregation is the **ON-ONLY** place that will ground and connect us to our Unitarian Universalist faith. If we don't ground our community building, our religious education, our preaching, and our justice work in Unitarian Universalism we will have no opportunity to pass our faith tradition on to the next generation.

So I commit this year to doing everything I can to make sure this faith that I love and believe in will be passed on to our children, youth, families and to each of you. I will make sure to connect the stories we tell, the world religions we teach, and the justice efforts we pursue to our Unitarian Universalist faith. But as Kim so eloquently stated, "for our religious education program to be effective and have an impact it must be connected to the congregation as a whole and faith development at home. As we consider the future of faith formation here at MVUUF, I hope that the next two generations will learn how to be Unitarian Universalists by the examples **we** provide and that they will remember the music and words of our faith: the scent of flickering candles, a deep sense of connection and trust, the embrace of community, and the experience of being known and loved".

In faith and gratitude,
Rev. Andrea





CONGREGATIONAL PROGRAMS

CONTINUED

Adult Faith Formation Spotlight - Soul Matters Small Groups are Starting In October!

SOUL MATTERS are groups of 5-8 committed participants who come together once a month, from October – May, with a trained facilitator to nurture spiritual growth in community and engage more deeply with our monthly themes through deep listening and open-hearted sharing. Soul Matters:

- Build circles of trust by speaking our own truth, listening receptively to the truth of others and asking each other honest, open questions instead of giving counsel. We offer each other the healing and empowering gifts of silence and laughter rather than “fixing, saving or setting each other straight.”
- Invite us, through spiritual exercises and questions focused on daily living, to engage the world not as an obstacle course to get through, but as a host of holy voices calling us to greater loving and living.



THE NUTS AND BOLTS:

At the beginning of each month, participants will receive a packet of materials based upon the month's worship theme. From these materials, each participant chooses one spiritual exercise and one deep question to sit with for the course of a month. At the end of the month, participants will gather with

their small group to share their experiences of the spiritual exercise, of contemplating their question, and to reflect on the theme.

Groups meet at the following times:

- The 4th Sunday of the month from noon-1:30
- The 4th Monday of the month from 10:00am - 11:30am
- The 4th Wednesday of the month from 6:30-8:00pm

To sign up - please enter your name and email address on the following google form. https://docs.google.com/spreadsheets/d/1R5ybKcLK4ZLTEK1592DJvoRUVpLg_PJa6gwUYgma84/edit?usp=sharing

For more information, contact Andrea Johnson, Minister of Congregational Programs, at programs@mnvalleyuu.org.



CONGREGATIONAL PROGRAMS

CONTINUED

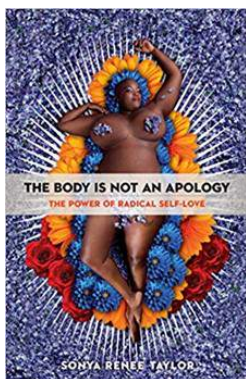
New adult programs beginning in October

Transforming and Becoming: A healing journey through the words of poetry

Join us for four sessions of poetry therapy facilitation hosted by Christine Ellsworth, MA. We'll read specially chosen poetry together and explore the ways it can heal, transform, and transport us to our happier selves. Classes meet Thursday evening at 7pm in the conference room on Oct. 10 & 24, and Nov. 7 & 21. Sign-up on the clip-board on the communication wall or [online here](#).



Christine holds a BA and MA in English Literature, and is in her second year of training to gain certification as a Poetry Therapy Facilitator through the International Federation for Biblio/PoetryTherapy (ifbt.org).



The Body is Not an Apology: Book Study and Practice

Sonya Renee Taylor's groundbreaking work empowers radical self-love for everybody and *every body*. Together we will explore through reading, journaling and sharing the ways in which shame about our bodies size, gender, race, age, disability, mental health, sexuality and appearance affect our ability to not only love ourselves, but others. Participants should be committed to attendance and bring their own book; copies of the book can be purchased [here](#). Sign-up on the clipboard on the communication wall or [online here](#).

Led by Rev. Laura.

Second Sundays 12pm-2pm in the Fireside Room October 13 – April 12.

Unitarian and Universalist Histories: Our Early Roots

Part one of a three-part series exploring UU History. This class approaches history from the starting point of compelling stories and personalities. We will explore the questions those people faced, and make connections with our own lives and the world around us today. Part one of this series takes us back to our earliest roots in the early years of the Christian Church. Participants may take courses individually or as a series. Led by Revs. Laura and Andrea.

Sign-up on the clipboard on the communication wall or [online here](#).

Wednesday Evenings 6:30-8:30:
October 23rd, January 8th, May 4th



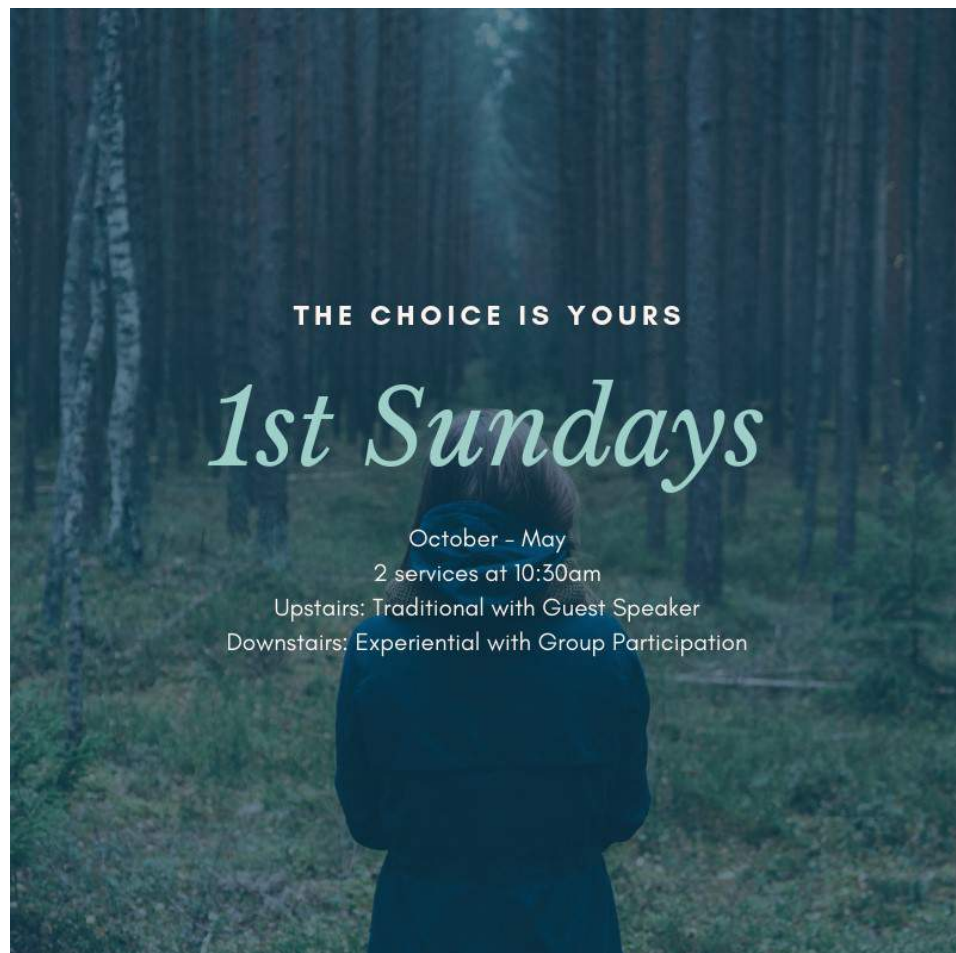
**I SEE YOU****Sara Sweeney**

Photo : Dale Lewellyn of the MVUUF gardens

Volunteers, congregants.

I see you. I thank you. I am an anomaly -25 years old and working in a church. I have no kids of my own, nor have started any family of my own, except for the dreams I'm sculpting into timelines. I see you and I wonder: do you know you are living a dream and did you sculpt this community into your timeline when you were twenty-five?

If at night you scrounge for an hour with your spouse away from your kids or if at night you're hurting still from this morning's laundry or perhaps if you're aching and you forgot your grandson's name only for it to come back to you in a flash six hours after the family gathering... I bear your witness. Your dedication is not lost on me to this congregation.



THE CHOICE IS YOURS

1st Sundays

October - May
2 services at 10:30am
Upstairs: Traditional with Guest Speaker
Downstairs: Experiential with Group Participation

**SOCIAL ACTION COMMITTEE**

Rev. Laura Thompson



Our next meeting is:
Saturday October 12 at 10:30am
Conference Room

Climate change was front and center on our minds in September. And it should be front and center, it is the single biggest problem we will face in our lifetimes. With that in mind, here is a list of ten things you can do to help us slow the rate of global warming and better prepare ourselves for the changes that lie ahead:

1. Demand policies to address climate change from our elected officials and vote for candidates who are not only speaking about it, but who have solid platforms and plans to address the issue if elected.
2. Reduce your energy consumption. How can you change your day to day habits to use less energy? There are many ways to do this; how many can you incorporate:
 - A. Replace traditional light bulbs with cfl or led bulbs.
 - B. Use energy efficient appliances
 - C. Turn off and unplug TVs and computers when you are not using them. And make good use of smart power strips.
 - D. Don't waste water, especially hot water. Wash clothes on a cold or warm setting. Don't shower as long or as often, if you can.
 - E. Heat your home efficiently; use efficient windows, weatherize your home and use a programmable thermostat.
3. Eat a planet friendly diet; less meat, less waste and more local products. Buy in bulk and cook more fresh foods to limit packaging, especially plastic.
4. Use efficient transportation: use carpools or public transit when you can. Plan your errands and day to avoid extra driving. Try to incorporate more biking and walking for tasks close to home. Fly less.
5. Support and invest in renewable energy like wind and solar and divest in fossil fuels.
6. Have conversations about the climate with everyone and keep those conversations going!
7. Consume less, waste less and enjoy life more. Focus on what matters most; friends, family, beauty, your health, joy and nature.
8. Support youth-led movements. The future is more theirs than ours. Let them tell you what they want for their future, then ask them what you can do to help make it happen.
9. Stay informed; read articles and books, attend talks and watch films. Share what you learn with others and let them share with you.
10. Take care of yourself. The challenge of all of this can feel overwhelming, don't get lost in it. If we are working to save ourselves and other forms of life it is because they are worth saving. You are worth saving. Don't lose sight of the beauty, joy, laughter and love that make your life worth it.



EDOWMENT

Kat Janes

The Endowment Committee is asking MVUUF ministry groups or committees to apply for the funding of projects other than those funded through the annual operating budget. For example, last year we funded “An Afternoon At The Opera” and “Courageous Faith Revolution Training.”

To aid in this process we have created an application form, which is on file with Kate Stomberg and it can also be accessed electronically [here](#).

Our bylaws allow the Endowment Committee to award 4% of the fund annually. As of June, 2019 the Endowment Fund value was \$35,622,

meaning that about \$1,425 could be awarded during the current fiscal year. We realize that amount is relatively small but if applicants are successful in forming partnerships with another MVUUF entity, the Endowment grant can be the catalyst needed to initiate and help support your project.

If you have questions about the application form and process please contact any of the five committee members: Kat Janes, Rolie Hron, Holly Bruce, Bob Boucher and David Hobart. We are eager to work with you.

MEMBERSHIP COMMITTEE

Diane Bick

As fall returns, it has been wonderful to watch our Fellowship’s Hospitality Teams in action. The six teams take turns greeting us, ushering us into the service, and arranging refreshments following the service. A few weeks ago, I found 6 different packages of cookies, a couple of containers of mini biscuits from Cosco on the serving table. Add in some watermelon, and you have refreshments for the many kids hanging out, and us “grown-ups.” Needless to say, all the cookies were gone by the time I left!

This year, we hope to get more people helping a little bit! While you are checking out our new posting area behind the entryway greeter’s table, you too can sign up to help. Or, don’t be surprised if someone asks you to be part of their team.



We continue to sell coffee & decaf coffee (\$9 for 12 oz bag), a variety of teas (\$6 for 20 bags), and hot cocoa (\$8 for a 12 oz tin) along with mini chocolate bars in milk and dark chocolate (3 for \$1) in the entryway of the fellowship after service. Special orders are always welcome! You can also find a variety of literature about fair trade, small batch farming and it’s impact on the communities UUSC and Equal Exchange work with, stop by and check it out!



Diane Bick, Co-Chair, Membership Committee





THIS OLD EARTH

Ed Prell

When news of the fires in the Amazon rainforest broke, I thought instantly of an old folk song, *We're in the Same Boat, Brother*. Upon reflection, those lyrics seem to be a perfect metaphor for the predicament *el Presidente* Jair Bolsonaro has presented to the rest of us – including his fellow

Brazilians. He has encouraged and enabled the setting of thousands of fires to clear the way for raising farm crops. The rainforest is our Earth's largest regenerator of fresh oxygen. These manmade fires are CONSUMING oxygen and sending up yet more carbon dioxide, adding to its overburden! The burnt lands and resident life has been laid waste, forcing indigenous tribes to flee and seek new habitat.

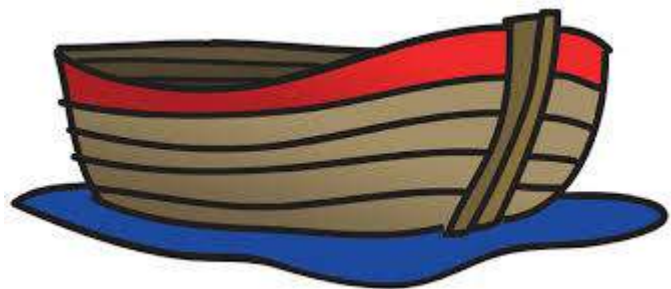
"We're in the same boat, brother, and if you shake one end, you're gonna rock the other". It starts with those words, then develops a metaphor: God builds a boat to "launch" the diverse human race, and we must learn to navigate past hazardous waters as a crew with a single purpose. Written in 1944 (the closing months of World War 2), it shows an awareness that predates the atomic bomb and our growing environmental awareness. It speaks to a more elemental theme: the elusive visionary yearning for true brotherhood and sisterhood on this, our only Earth. <https://www.youtube.com/watch?v=LgXPFSpEv0A>



Here we are, 75 years later, still shaking the "boat" as if we've learned nothing. Senhor Bolsonaro presents us with a familiar dilemma. He's the elected leader of a sovereign nation. His actions are also impacting his neighbors – in this case, the entire world. The nations of the world, fragmented as they are, cannot proclaim their outrage with a strong, unified voice. Real or perceived threats against Brazil may well backfire and rally that nation in support of its regime, worsening the situation. But, is it fair to seek retribution from this "tinhorn dictator"? These are only the latest chapters in the centuries-long chronicles of the "Sixth Extinction" and the "Trail of Tears".

So, what can we do? The quickest and most effective way is a cash donation to a highly-rated charity such as the World Wildlife Fund. Charity Navigator is an excellent source to find the most reputable and effective charities and avoid the fly-by-nights. <https://www.charitynavigator.org/>

And, if you have the energy and the time, consider volunteering with one of the local climate activist orgs such as MN350. They would welcome you with open arms.





CLASSES AND GROUPS

MEN'S GROUP (ALL GENDERS WELCOME)

Men's Group will meet on Thursday October 10 at 6:15 at the Fellowship. Our Speaker will **Peter Bernardy the Director of Results First Initiative at Minnesota Management and Budget**. The Results First Initiative identifies public services that have been proven to work. By funding evidence-based practices, the state can improve outcomes for Minnesotans and do so in a cost-effective way. Minnesota Management & Budget (MMB), in partnership with the Pew Charitable Trusts and MacArthur Foundation, uses the Results First framework to inventory currently funded services, review which ones have evidence of effectiveness, and conduct a benefit-cost analysis using a statistical model.

If you wish to come for dinner at 6:15 email John Peloquin John17780@charter.net by Tuesday October 8 with the phrase **For Dinner**; Dinner will be less than \$10. If you only want to hear the speaker come by 7:00 and email me with the phrase **Speaker Only**. Questions contact John Peloquin John17780@charter.net.

WOMEN'S GROUP

The first meeting of the MVUUF Women's Group will be Saturday, October 5. We will gather at 10:15 am for beverages and conversation with the meeting starting at 10:30. The speaker will be MVUUF member Nan Corliss who recently traveled to Rwanda with a family she helped sponsor in 2001. She had the privilege of seeing the country of their birth through their eyes and experiences. A highlight was attending the wedding of one of their Rwandan friends. Her presentation will include pictures and lots of warm memories.

Attendees are encouraged to remain for lunch. A catered lunch is provided for \$7.00 per person or they can bring their own lunch. All women are invited to attend. No childcare is provided. We welcome visitors. If you'd like to attend the October 5th meeting but are not currently on the Women's Group contact list, please contact Nancy Buckman by October 2nd at nancybmnuu@gmail.com or 612-499-0963. Our meetings are a great way to get better acquainted with other MVUUF folks. Bring a bag lunch if you wish, or let Nancy know that you will be staying for the catered \$7.00 lunch.



Do you order from Amazon.com?
If so, they will contribute to MVUUF
for each order you place.
Go to [Smile.Amazon.com](https://www.amazon.com/smile) to set it up.



CLASSES AND GROUPS

CONTINUED

ITCHY FINGERS SALON

Becky McPeck

The Itchy Fingers Salon is open! We will be around each Saturday through February. We gather in the lobby area of MVUUF on Saturday afternoon's from 1:00-2:30 pm. Participants do a variety of handwork.



Last season the Itchy Fingers Salon Collective produced 35 warm and wooly hats and 3 pair of mittens for adults and elementary school age children, all donated to Hats for the Homeless organization. <http://hats4thehomeless.blogspot.com>

This summer I was given a large stash of beautiful yarn that I am happy to share with anyone interested in making hats. I have a pattern that works up quickly especially if you use double strands or bulky yarn.

You are invited to come hang out with us.
Stop over when you can. It is a chance to relax, do handwork and visit.

Becky McPeck, racreates@yahoo.com, text to 612-201-3442



WOMEN'S BOOK GROUP

Marilyn Burt

The Women's Book Club meets the 2nd Tuesday of each month at the Fellowship, 10 am. We will meet in the Conference Room each month. Books to be read and discussed for the upcoming 2019 – 2020 season are:

October 8, 2019	Becoming by Michelle Obama
November 12, 2019	The News of the World by Paulette Giles
December 10, 2019	Animal Farm by George Orwell
January 14, 2020	The Great Alone by Kristin Hannah
February 11, 2020	The Lido by Libby Page
March 10, 2020	Stars Over Clear Lake by Loretta Ellsworth
April 14, 2020	Commonwealth by Ann Patchett
May 12, 2020	The Girl with Seven Names by Hyeonseo Lee
June 9, 2020	Meeting to Select the reading list for the 2020 – 2021 church year



We always have lively and interesting discussions. If you think some of these books sound interesting and you would like to come, please do so.



AMERICAN MAH JONGG



If you are interested in playing, or learning how to play, we have a small group meeting every other Wednesday in Social Hall at the Fellowship from 1-3 pm. Contact either Bobbie Gish or Nancy Buckman for more information.

BRIDGE GROUP

October bridge will be on Saturday, October 19 at 1 p.m.

The bridge group meets the third Saturday of every month from 1-3 p.m. We are always looking for new players! Beginner to expert, all are welcome. If you are interested, please contact Barbara Hanson, 952-937-5905 or bnehanson@comcast.net. Come join the fun!



BEYOND SUNDAY MORNING - "BUILDING COMMUNITY"

Come to any / all of our upcoming small, informal gatherings at the following times. These are opportunities to visit with and get to know others better and have some interesting conversations. **No need to RSVP.** Just come if you can and invite any others who might be interested. **All are welcome!**

First and third Tuesdays each month, 1 - 2:30 pm, at Richfield Panera (980 W. 78th, Richfield)



RELIGION ETHICS AND IDEAS

Jon Peloquin

Religion, Ethics and Ideas will meet on Sunday Sept 8 at 9:00 AM in the Fireside Room. We will talk about **potential topics for the coming year** and time permitting we will **pick a topic to discuss**. All members of the congregation are invited to attend.

Thanks

John Peloquin



EVENING BOOK GROUP

Joyce McMartin

The regular church year is beginning and The Evening Book Group has a new list of books to go with it. We hope you find the selections interesting to read and then will join us for a lively and informative discussion. Alternating fiction and nonfiction (mostly), our upcoming books are:

On October 17, 2019, ***The Overstory*** by Richard Powers

On November 21, 2019, ***The Pioneers: the Heroic Story of the Settlers Who Brought the American Ideal West*** by David McCullough

On December 19, 2019, ***City of Girls*** by Elizabeth Gilbert

On January 16, 2020, ***Midnight in Chernobyl: The Untold Story of the World's Greatest Nuclear Disaster*** by Adam Higginbotham

On February 20, 2020, ***The Cartel*** by Don Winslow

On March 19, 2020, ***The Almost Nearly Perfect People: Behind the Myth of the Scandinavian Utopia*** by Michael Booth

On April 16, 2020, ***Why We Sleep: Unlocking the Power of Sleep and Dreams*** by Matthew Walker



The Evening Book Group meets on the third Thursday of the month throughout the year in the Fireside Room at 7 PM. The only requirement is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or email at joyceamcmartin@gmail.com.

AFTERNOON DISCUSSION GROUP

CARMEN HERZOG

The Discussion group continues. It will meet Thursday, October 17 at 1:00 in the Fireside room at the Fellowship. The topic will be Doctor end-of-life decisions. It is open to all. Find an article or reading on the topic and share this at our meeting. It is open to all. Contact Carmen Herzog or Jan Wolff with questions.



Photo : Dale Lewellyn of the MVUUF gardens

MEDITATION



Group meditation continues each Wednesday at 4:00 pm. All are welcome. We generally begin with a short check-in, then a reading, followed by 25 minutes of silent meditation. Questions? Contact Fran Bohlke bryawnte@msn.com

**BOARD OFFICERS OF THE FELLOWSHIP**

Chair & Board Member	Nancy Buckman	(612) 499-0963 nancybmnuu@gmail.com
Chair-elect & Board Member	Doug Bruce	(952) 897-0970 dbrucejr@comcast.net
Secretary & Board Member	David Olson	(952) 888-6527 olson199@umn.edu
Treasurer	Dale Lewellyn	(952) 432-9459 treasurer@mnvalleyuu.org

BOARD TRUSTEES

Trustee & Board Member	Max Chester	(952) 388-1186 maxchessler@gmail.com
Trustee & Board Member	Judith Anderson	(952) 941-7047 andersonkj@earthlink.net
Trustee & Board Member	Tom Walkington	(612) 859-7939 tawalking@gmail.com
Trustee & Board Member	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com

BOARD WORKGROUPS

Hanifl Property	Doug Bruce, Mark Clary, Steve Danko, Eva Mach
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MVUUF STANDING COMMITTEES

Committee	Chair(s)	Phone & Email
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Uni-Sun Item Submission Information

The submission deadline date for the
UNI-SUN is the 20th of each month.
Submit articles to the Newsletter Editor
via email to newsletter@mnvalleyuu.org



October 2019

Calendar interface showing October 2019. The calendar grid displays events for each day, including services, meetings, and special events. Key events include:

- SUN 29:** 9:15am Mixed Choir, 10am OWL, 10:30am Sunday Services, 2 more.
- MON 30:** 1 more.
- TUE Oct 1:** 1pm Beyond Sunday Mornir.
- WED 2:** 5pm Yoga on the mat, 5:30pm C.O.S.M. meeting, 5:30pm Mixed Choir.
- THU 3:** Women's Spirituality Group.
- FRI 4:** 10:15am Blue Highways, 7pm Friday Night Poker.
- SAT 5:** 9am Yoga on the mat, 10:30am Women's Group, 1pm Itchy Fingers Salon.
- SUN 6:** 9:15am Mixed Choir, 9:45am Endowment Commi, 10:30am Sunday Services, 11:30am Kid's Choir.
- MON 7:** 1 more.
- TUE 8:** 10am Women's Book Group, 7pm Finance Committee Mt.
- WED 9:** 1pm Mah Jongg, 5pm Yoga on the mat, 6:30pm Mixed Choir, 7pm Board of Trustees Mee.
- THU 10:** Women's Spirituality Group, 6:15pm Men's Group, 7pm Transforming and Bec.
- FRI 11:** 10:15am Blue Highways, 7pm Friday Night Poker.
- SAT 12:** Private Event, 9am Yoga on the mat, 10:30am Social Action Com, 2 more.
- SUN 13:** 9am Religion Ethics and Ide, 9:15am Mixed Choir, 10am OWL Class, 3 more.
- MON 14:** Columbus Day (regional holic).
- TUE 15:** 1pm Beyond Sunday Mornir.
- WED 16:** 5pm Yoga on the mat, 5:30pm Mixed Choir.
- THU 17:** Women's Spirituality Group, 1pm Afternoon Discussion t, 7pm Evening Book Club.
- FRI 18:** 6:30pm Zenith Ave Coffeeh.
- SAT 19:** 9am Yoga on the mat, 1pm Bridge Club, 1pm Itchy Fingers Salon.
- SUN 20:** 9:15am Mixed Choir, 10:30am Sunday Services, 11:30am Kid's Choir.
- MON 21:** 1 more.
- TUE 22:** 1pm Mah Jongg, 5pm Yoga on the mat, 5:30pm Soul Matters Small, 5:30pm Mixed Choir.
- WED 23:** 1pm Mah Jongg, 5pm Yoga on the mat, 5:30pm Soul Matters Small, 5:30pm Mixed Choir.
- THU 24:** Women's Spirituality Group, 7pm Transforming and Bec.
- FRI 25:** 10:15am Blue Highways.
- SAT 26:** 10:30am Women's Choral, 11:30am Music Committee, 1pm Itchy Fingers Salon.
- SUN 27:** 9:15am Mixed Choir, 10am OWL Class, 10:30am Sunday Services, 2 more.
- MON 28:** 1 more.
- TUE 29:** 1 more.
- WED 30:** 5:30pm Mixed Choir.
- THU 31:** Women's Spirituality Group, Halloween.
- FRI Nov 1:** 10:30am Women's Group, 1pm Itchy Fingers Salon.
- SAT 2:** 10:30am Women's Group, 1pm Itchy Fingers Salon.

MVUUF 10715 Zenith Avenue South, Bloomington, MN 55431

To View the MVUUF Calendar online, go to:

<http://mnvalleyuu.org/calendar/>

MUUSJA JAMS
*JUSTICE AWARDS & MUSICAL SOIREE

Justice-seekers, Justice-lovers!
YOU are invited to an evening of food, drink and
fun celebrating UUs engaged in social justice.
Families welcome!

Friday October 25 5:30-8:30pm
United Theological Seminary
767 N Eustis St Ste 140, St Paul, MN 55114
Register at muusja.org/blog/

Minnesota
Unitarian Universalist
Social Justice Alliance