

Happy New Year! Peace and goodwill to all.

The New Year is a gift of paused reflection. We ponder not only what lies ahead, but how we might shape what lies ahead. What are our dreams and aspirations? How will we continue to live out our those dreams and aspirations for ourselves and the world around us. What of our highest values is calling us forward?

Integrity seems a fitting theme for January. Integrity is the quality of being honest and having strong moral principles and moral uprightness. It is about practicing what we preach, inviting us not only into having strong principles but also into taking responsibility for how one thinks and feels and what one does.



Though we may sometimes say that a person has no integrity, integrity is not something you either have or don't have. It's a practice. It is something we have to continually work at every day. And it is not easy, behind every corner there is an easier and more comfortable route to tempt us. W.E.B. DuBois once said;

*The prayer of our souls is a petition for persistence;
not for the one good deed, or single thought, but deed upon deed, thought upon thought,
until day calling unto day shall make a life worth living.*

And so we begin a new year with our integrity and best intentions facing forward. We make resolutions and promises of living our lives with more integrity. But keeping these promises, and calling ourselves back to them if we break them, is not the work of one day, or one month. It truly is deed upon deed, thought upon thought, day upon day. Some days we'll get it better than others. Sometimes we'll make huge strides, and other times we fall back a few steps. Integrity isn't about success.

It's about persistence. It's about knowing where we get caught in lesser wants, knowing when we have a tendency to lie or sell ourselves short, when we are too quick to anger or judgement, despite knowing we believe in peace, in honesty and dignity, in understanding and compassion. It is the continual work of asking ourselves to what extent our actions and attitudes reflect who we say we are.

The New Year is an invitation to revisit the questions, "Is my life matching who I am? Are my actions a reflection of who I want to be?" Every day is an opportunity to live more fully in the "Yes!" these questions offer.

Rev. Laura Thompson
Rev. Susan Frederick-Gray, President UUA





JANUARY SUNDAY SERVICES 10:30 AM

- **Jan. 5th: 1st Sunday's Service of Your Choice:**

- **Upstairs: Fire Communion:** Rachel Naomi Remen writes; *Integrity rarely means that we need to add something to ourselves: it is more an undoing than a doing, a freeing ourselves from beliefs we have about who we are and ways we have been persuaded to "fix" ourselves to know who we genuinely are. What undoings do you have for our fire and what shall rise from the ashes?* Rev. Laura Thompson with music from the MVUUF Mixed Choir and small groups!

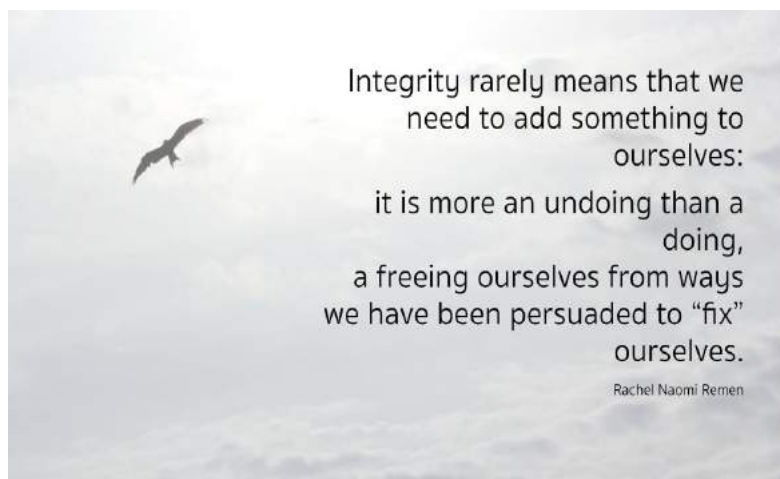


- **Downstairs: Let My People Go - Exodus Lending*:** We'll view a brief film about predatory lending and then listen to Sara Nelson-Pallmeyer, Executive Director of Exodus Lending talk about the problem of payday loans in Minnesota. Led by Rev. Andrea Johnson with music from Jody Gray and Karen Olson. ***Exodus Lending is our Sunday Sharing Partner for January**

- **Jan. 12th: The Integrity of a Community:** We often think of integrity as a personal trait, but integrity extends to communities. The challenge of walking one's talk is not just an individual challenge. As a UU faith community, our integrity is guided by our values and principles. From that framework, we can ask ourselves, "What do we stand for... where is our integrity?" Rev. Laura Thompson with music from The Choral and Lark Lewis.

- **Jan. 18-19th: MLK Weekend of Service:** See ad in newsletter for full details of the weekend's service opportunities and sign-up information. On Sunday, we will be having a Social Action Activity Fair from 10-11:30 followed by a potluck brunch.

- **Jan. 26th: Facing Oppression with Integrity:** Social critic and philosopher, Cornel West, asks: how shall integrity face oppression? This is one of the most fundamental challenges of today because we live in an age which lies are ubiquitous and injustice and inequality run rampant. How might we act courageously, faithfully and in solidarity with our neighbors when they share their stories of oppression with us? Rev. Andrea Johnson with music from the Mixed Choir





MLK Weekend of Service Jan. 18-19th

Join us for our annual MLK Weekend of Service. Sign-up for activities online or on clipboards on the communication wall in the lobby.

Saturday, January 18th

12:30pm: VEAP Donate and Do; take collected paper goods to VEAP and repackage them for neighbors in need. Ages 9 and up. Maximum 15 people. MEET AT MVUUF TO LOAD UP BEFORE GOING TO VEAP.

2pm: Feed My Starving Children in Eagan, ages 5 and up.

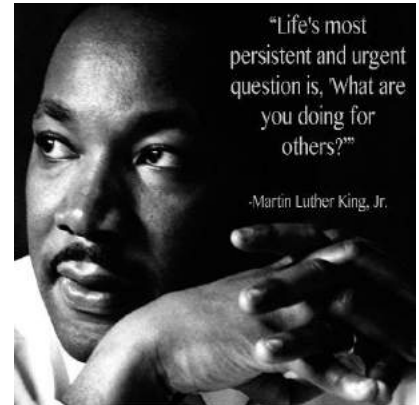
Sunday, January 19th

10-11:30 Social Action Fair: Join us at the Fellowship for a variety of Social Action projects to benefit local organizations. Something for all ages. No need to sign-up to attend, but we do need volunteers to run the activity rooms.

11:30: Community Potluck Brunch: Bring a dish, build community

Sign-up for activities: <https://www.signupgenius.com/go/20F044EABA823A0FE3-mlkweekend1>

Sign-up for Potluck here: <https://www.signupgenius.com/go/20F044EABA823A0FE3-mlkpotluck>



JANUARY SUNDAY SHARING PARTNER

Our January Sunday Sharing Partner is EXODUS LENDING



EXODUS
LENDING

What We Do

We get Minnesotans out of payday loan debt and back on track financially by enrolling and supporting them in a 0% interest refinance program, lending up to \$1,000 to qualified participants.

Why We Do It

We envision a world where all people are free from the cycle of debt caused by predatory lenders. We seek lasting change for individuals and families, for financial institutions, and for our society. <https://exoduslending.org/>

About Sunday Sharing:

Our offering plate is shared **50/50** each week with our Sunday Sharing Partner, (minus pledge checks). If you prefer for 100% of your gift to go to the Sunday Sharing Partner, Write "Charity Only" on your check or put cash in an envelope provided on the table in the lobby. If you prefer for your gift to go 100% to the Fellowship, write "MVUUF Only" on the check or put cash in an envelope with that written on it. Please contact the office or treasurer with any questions. Thanks!

Next MVUUF Board Meeting: Wednesday, January 8 at 7:00PM

All are welcome to attend. If there is a topic you would like to add to the Board agenda, please contact Nancy Buckman, Board Chair 2019-2020, at nancybmnuu@gmail.com



MUSICAL NOTES

NICOLE COLLINS

It may not seem like it, but the days are getting longer. Let the sun shine!!

Thank you to all who contributed their talents for Music Sunday!! You all sang and played wonderfully. I love coming together to share in these meaningful and supportive ways! The next Music Sunday is March 15th. Just a reminder that musicians of all abilities are welcome to contribute their talents any time of year. Please let me know if you need any help with ideas of songs or facilitating ensembles.



We have a wonderful song leaders group that leads our Choice Sunday services on the first Sunday of every month. If interested, please email Music@Mnvalleyuu.org to get involved.

The Children's Choir has been working on our foreign language hymns, developing soloists for those who want to, and they'll start to learn how to lead hymns in the new year too. New members are always welcome.

The Chorale is moving rehearsals to Wednesdays, 7:35-8:30.



Reviews are in!

Members have been telling about their favorite productions around town, and I thought I would pass this good information to you all!

SIX, at the Ordway. The musical is a modern retelling of the lives of the six wives of Henry VIII presented as a pop concert, as the wives take turns singing and telling their story to see who suffered the most due to Henry and should therefore become the group's lead singer.

In Song,
Nicole Collins
Music Director

Music@MNValleyuu.org

612-296-1622

WE ARE:

ALL CONNECTED

STRONGER TOGETHER

LOVE'S HANDS IN THE WORLD

CALLED TO CREATE JUSTICE

RESPONSIBLE FOR ONE
ANOTHER AND THE EARTH

 UUA.ORG/IMAGES



CONGREGATIONAL PROGRAMS

REV. ANDREA JOHNSON

From the Minister of Congregational Programs

Our theme in January is Integrity and this month we are diving in by looking at the many ways our UU faith invites us to become “a people of integrity.” To help get at that we will explore the various ways we come to feel integrity by being true to ourselves.

In my own childhood and over the years, I have come to understand how children use experimentation to figure out what’s right and wrong. When my kids were little, for example, they tried out biting, to strong feedback from the victim and adults. They learned immediately that biting was not acceptable. I also did some testing as a kid. In grade school I remember shoplifting candy a few times and watching TV after school even though my mother said I couldn’t. C.S. Lewis calls integrity “doing the right thing when no one was watching.” Too often integrity is framed in terms of good and bad people, of people knowing what’s right and either following or ignoring it. But we know that it’s more complicated than that. Doing “the right thing” is rarely clear cut. Every situation is different, and complicated. So it requires curiosity and creativity to sort it out. Soul Matters Religious Education Coordinator, Katie Covey, suggests that maybe what our children need most is adults who talk with them about “the adventure of integrity” more than “adherence to integrity.”

In addition to integrity, we also hope honesty and self-examination is part of your journey this month. This month Millard Fillmore, the 13th U.S. President and Unitarian, has a birthday. He is known for being the President who signed the Fugitive Slave Act into being and “had no problem allying with rabid bigots” just before the Civil War. It is a reminder that integrity requires admitting our imperfection and being much more humble - and maybe accountable for - our history.

When we take the path of curiosity or honesty, there is deep joy in re-connecting with our deepest and truest selves. May that joy be yours as you travel through this month and start the new year!

Reminder! - Don’t forget to check out the Religious Education Bulletin Board in the Social Hall. It contains great information - like the schedule for the month, the monthly Soulful Home packets and the RE Lessons for the month in case you want to follow along at home!

January Religious Education Calendar



There are two Religious Education Sundays in January - on the **12th and 26th**. OWL will also be held from 10:00am-noon on these days. Please also join us for Family Night on **January 26th** where we will be participating in a stewardship event.



CONGREGATIONAL PROGRAMS

CONTINUED

Spotlight: January 26th is Community Night - Come for dinner and Caucusing. 5:00pm - 7:15

Come join us for dinner and then stay for fellowship and stewardship caucusing. Community night provides an opportunity for children, youth, families and adults of all ages to come together for a meal, table fellowship and fun. This month our stewardship team will briefly describe what they are up to and give those who are interested an opportunity to participate in an MVUUF caucus - which is just a "fun election season" term for a feedback sharing session. You'll be able to share your feedback anonymously on post-it-note boards set up in the Social Hall and if you would like - participate in a more in-depth, facilitated small-group conversation after dinner. Activities and childcare will be provided for the kiddos! We'll be showing the movie Mary Poppins - who exudes integrity (January's theme) with her playful antics and actions. Laura and I along with the Stewardship Team hope to see you there!

Upcoming Adult Education Opportunities

To sign up for one of these programs, enter your name and email address using the Google Document link below or simply email programs@mnvalleyuu.org.

https://docs.google.com/spreadsheets/d/19D0QA7pi8_3su6ZAHdf5Cgh3sQYQd2WqrvMZoqi6Oh8/edit#gid=0

Getting to Know UU

An intro to MVUUF and Unitarian Universalism

This session is attended for newcomers who are interested in learning more about MVUUF and Unitarian Universalism. The afternoon includes brief insights into UU history and theology alongside introductions to MVUUF's history and the focus of its current ministries including; Congregational Care, Social Action and Religious Education. We'll also have time to get to know you and a little bit about your faith journey.



created by P. Evans

Date: February 2, 2020

Time: Noon-3pm

Lunch provided

Please RSVP with Kate at office@mnvalleyuu.org. When reserving your spot, please let us know if you have any dietary restrictions or if you will need childcare.



CONGREGATIONAL PROGRAMS

CONTINUED

Program	Description	Dates
<p>4 Session Book Read and Discussion: White Fragility by Robin DiAngelo</p>	<p>“White fragility” refers to the defensive moves that white people make when challenged racially. These include emotions such as anger, fear, and guilt, and behaviors including argumentation and silence. In this book, DiAngelo unpacks white fragility, explaining the underlying sociological phenomena. She draws on examples from her work and scholarship, as well as from the culture at large, to address these fundamental questions: How does white fragility develop? What does it look like? How is it triggered? What can we do to move beyond white fragility and engage more constructively?</p>	<p>Thursday mornings 10:30 - noon: February 13th, 20th, 27th and March 5th.</p> <p>For those who would like to read the book and cannot discuss it during the day, I will hold a single session 2 hour discussion of the book on Tuesday March 3rd from 7-9pm.</p> <p>Please sign up on-line using the shared google document or email me at programs@mnvalleyuu.org</p>
<p>Adult Coming of Age</p>	<p>This is a 4-session series designed for adults of all ages to explore their spiritual journey and religious identity. You will reflect on how you got to now, engage with texts as they relate to your spiritual life, and craft a statement about who you are as a person of faith.</p>	<p>Facilitated by Rev. Andrea Johnson</p> <p>Offered Sundays noon-2pm on: February 2nd, February 23rd and March 1st and 8th.</p>



STEWARDSHIP COMMITTEE

THOMAS WALKINGTON

Building Community Through Shared Ministry

Kelley Hughes Chair, Thomas Walkington Co-Chair,
Steve Danko, Glenn Corliss, and Richard Duffin



2020/21 Stewardship Campaign

Thomas Walkington: Stewardship and community go hand-in-hand. A steward is someone who cares for something..... In my professional career, I have been a ‘land’ steward as well as an ‘organizational’ steward and a steward of young minds in post-secondary education. I am currently preparing to be a ‘water’ steward. None of these descriptions involve giving money. They did involve giving my time and talents to something that I believe in, such as the nurturing of land, the achievement of outcomes based on organization mission, vision, values and goals; or the development of critical thinking and leadership skills of aspiring public servants. In each case, I was striving to make a positive difference.

A community may be defined as “a feeling of fellowship with others as a result of sharing common interests, attitudes and goals.” Individually we belong to several different communities of which we share a common interest. MVUUF is one such community. What do we value about ‘this’ community? What brings us here? What can we do to sustain and build a community based on a shared set of principles? What is ‘our’ vision for the future of MVUUF? This year’s stewardship campaign sets out to answer these questions through small group conversations we are calling Caucuses. The Caucus replaces the individual, one-on-one ask of previous years. In small group conversations, we share what we value about ‘this’ community and what we can do to make a difference through the gift of our time, talents and financial support, all of which are necessary to sustain and build our community in support of our Mission, Vision, Values and Goals through Shared Ministry. Shared Ministry was incorporated into our Board Governance as a way to organize our budget. The goal is to align the budget to the plan – not the plan to the budget. Our goal for the 2020/21 Stewardship Campaign is \$300,000.00. The descriptions below are ‘working’ definitions for which the Stewardship, Finance committee and the Board will work together to align our programs:

Spiritual Ministry Providing spiritual and intellectual sources of knowledge and opinion within a context of liberal religious tradition. Challenging members to stretch their beliefs and compare them to others.

Learning Ministry Ensuring that members of all ages are educated in UU and other traditions and principles. Encouraging self-directed learning and learning groups.

Fellowship Ministry Providing opportunities for members of all ages to develop social relationships and take part in activities based on shared interests and beliefs. Ensuring that members take care of, and nurture, each other.

Stewardship Ministry Ensuring that MVUUF has financial, organizational and physical security for the long term. Involving members in actively contributing to the well-being of the Fellowship. Providing leadership experience and training for members.

Outreach Ministry Looking beyond the congregation to build connections with the larger community and, applying UU principles, strive to make it better. Providing members with opportunities to become involved in the community. Providing opportunities for the community to learn more about us.

Caucus groups are being formed around Music, RE, South of the River and more beginning in January 2020. Please let me, Kelley Hughes, or any member of the Stewardship Committee know if you have an idea for a Caucus group or would like to host one of the Caucuses.



Do you order from Amazon.com?
If so, they will contribute to MVUUF
for each order you place.
Go to [Smile.Amazon.com](https://www.amazon.com/smile) to set it up.

SOCIAL ACTION COMMITTEE

Rev. Laura Thompson



The Social Action Committee (SAC) meets on the first Tuesday of the month at 7pm. Our next meeting will be on January 7th.

Currently, we are working to develop a Green Sanctuary working group. The group will work with SAC in assessing and renewing our Green Sanctuary (environmental) status. The process will unfold over the course of next year and

include work in four areas; worship & celebration, life-span education & programming, sustainable living and a congregational-community environmental project. If you are interested in joining the work-group contact Rev. Laura or Glenn Corliss.

SAC supports MVUUF members and friends of all ages to get involved with this year's MLK Weekend of Service! Giving back to our broader communities is a great way to start the New Year.

EDOWMENT

BOB BOUCHER

SUPPORTING THE ENDOWMENT FUND ALL YEAR ROUND

Even though we've just finished the season of giving season, it's important to remember how easy it is to help the Fund that can give back to the Fellowship all year long. As always, the gift of cash is the most direct, easy and can be given in any amount.

In addition, if you have assets that have appreciated significantly (stocks, real estate, collectibles, etc.), you may receive a tax deduction and competitive stream of lifetime income while helping secure the Fellowship's future. You can also make a deferred gift through your will or beneficiary designation in a retirement account or life insurance policy. Even better, those gifts can be any portion of the asset they come from and can be revoked or changes at any time.

There are so many ways, big and small, that each of us can show our commitment to MVUUF's future. Please reach out to any member of the Endowment Committee with any questions you may have. (Bob Boucher, Kat Janes, David Hobart, Holly Bruce or Rolie Hron)



CLASSES AND GROUPS

MEN'S GROUP (ALL GENDERS WELCOME)

Men's Group will meet on **Thursday January 9, 2020**. Our speaker will be long time member and even longer time UU **Nan Corliss**. Nan will talk about her March 2019 visit to Rwanda. Nan joined a Rwandan family that she and Glenn sponsored back in 2001 attend the wedding of a friend in Rwanda. Nan made this presentation to the Women group this fall, and it was well received. All genders are welcome.

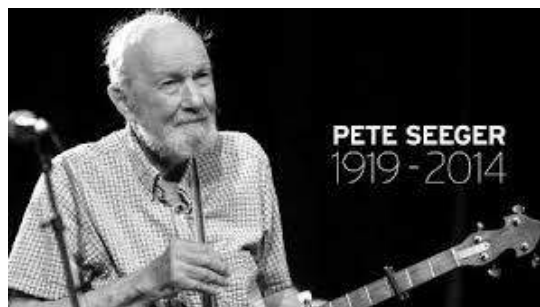
All are invited regardless of gender. [If you wish to come for dinner at 6:15 email Glenn Corliss \(gcorliss16@aol.com\)](#) by Tuesday January 7 with the phrase **For Dinner**; Dinner \$10 or less. If you only want to hear the speaker come by 7:00 and email me with the phrase **Speaker Only**. Questions contact **Glenn Corliss** gcorliss16@aol.com



WOMEN'S GROUP

The MVUUF Women's Group will meet on **Saturday, January 4, 2020** at the Fellowship. We will gather at 10:15 for beverages and conversation. The program will begin at 10:30 am. MVUUF member, Tom Ehlinger, will present a program about Pete Seeger – his life and his music. According to the Rock and Roll Hall of Fame, Seeger was unsinkable in his convictions and performed with passion and confidence. His influence on folk music is inestimable. This program is sure to be both informative and entertaining!

Attendees are encouraged to stay for lunch. A catered lunch is provided for \$7.00 or you can bring your own lunch. If you plan to attend and are not on the current Women's Group contact list, please inform Nancy Buckman by January 1 at nancybmnuu@gmail.com or 952-736-9586.



The following meeting will be on February 1. The speaker will be Sylvie Bisangwa – a policy advocate for the Immigration Law Center of MN.



WE NEED YOU!

Here are two great opportunities for you to be engaged part of the MVUUF community:

Hospitality Teams: do you have a friendly smile, an ability to pass a microphone or basket or a killer banana bread recipe? Join a hospitality team! This is an excellent opportunity for new members/friends and for families! Teams rotate serving every 6 weeks. Sign-up on the communication board in the lobby or contact [Kate](#).

Elder Friends: We have several beloved members at Friendship Village (senior living) who need rides and companionship to MVUUF services and events. If you would like to help, please sign-up on the clipboard on the communication board or contact [Laura](#).

GENTLE YOGA

Fran Bohlke



Gentle Yoga is held at MVUUF on **Wednesdays at 5:00 pm and Saturdays at 9:00 am**. The classes are 50 minutes , including poses and stretches designed to maintain and increase strength, flexibility, and balance. Attendees are encouraged to wear comfortable clothes and to bring a mat. Blocks and straps are provided. The cost is \$3 per class or \$40 for 15 classes. Instructor is Fran Bohlke who can be reached at bryawnte@msn.com or text 612-401-4653. .

WOMEN'S BOOK GROUP

Marilyn Burt

The Women's Book Club meets the 2nd Tuesday of each month at the Fellowship, 10 am. We will meet in the Conference Room each month. Books to be read and discussed for the upcoming 2019 – 2020 season are:

January 14, 2020	The Great Alone by Kristin Hannah
February 11, 2020	The Lido by Libby Page
March 10, 2020	Stars Over Clear Lake by Loretta Ellsworth
April 14, 2020	Commonwealth by Ann Patchett
May 12, 2020	The Girl with Seven Names by Hyeonseo Lee
June 9, 2020	Meeting to Select the reading list for the 2020 – 2021 church year



We always have lively and interesting discussions. If you think some of these books sound interesting and you would like to come, please do so.



CLASSES AND GROUPS

CONTINUED

AMERICAN MAH JONGG

If you are interested in playing, or learning how to play, we have a small group meeting every other Wednesday in Social Hall at the Fellowship from 1-3 pm. Contact either Bobbie Gish or Nancy Buckman for more information.



BRIDGE GROUP

January bridge will be on Saturday, January 18 at 1 p.m.



The bridge group meets the third Saturday of every month from 1-3 p.m. We are always looking for new players! Beginner to expert, all are welcome. If you are interested, please contact Barbara Hanson, 952-937-5905 or bnehanson@comcast.net. Come join the fun!

BEYOND SUNDAY MORNING - "BUILDING COMMUNITY"

Come to any / all of our upcoming small, informal gatherings at the following times. These are opportunities to visit with and get to know others better and have some interesting conversations. **No need to RSVP.** Just come if you can and invite any others who might be interested. **All are welcome!**

First and third Tuesdays each month, 1 - 2:30 pm, at Richfield Panera (980 W. 78th, Richfield)



RELIGION ETHICS AND IDEAS

John Peloquin

Religion Ethics and Ideas will meet on Sunday January 12, 2019 at 9:00 AM in the fireside room. Our topic will be **Fatal Officer Involved Shootings**. I will lead a discussion and take questions on the presentation I made on the topic on December 17. You need not have attended the presentation join in the discussion and ask questions. Questions contact John Peloquin.



EVENING BOOK GROUP

Joyce McMartin

Exhausted by the Holiday Season? Breathe easy and relax with a good book. We hope one our selections was on your Christmas list. We would love to have you join us for a low-key,informative discussion. Alternating fiction and nonfiction (mostly), our upcoming books are:

On January 16, 2020, *Midnight in Chernobyl: The Untold Story of the World's Greatest Nuclear Disaster* by Adam Higginbotham

On February 20, 2020, *The Cartel* by Don Winslow

On March 19, 2020, *The Almost Nearly Perfect People: Behind the Myth of the Scandinavian Utopia* by Michael Booth

On April 16, 2020, *Why We Sleep: Unlocking the Power of Sleep and Dreams* by Matthew Walker



The Evening Book Group meets on the third Thursday of the month throughout the year in the Fireside Room at 7 PM. The only requirement is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or email at joyceamcmartin@gmail.com.

AFTERNOON DISCUSSION GROUP

Carmen Herzog

The discussion group meets on the third Thursday of the month, **January 16th at 1:00 pm**. No topic has been chosen for January at this time. Contact Carmen Herzog, or Jan Wolff with questions.



Photo : Dale Lewellyn of the MVUUF gardens

MEDITATION



Group meditation continues each Wednesday at 4:00 pm. All are welcome. We generally begin with a short check-in, then a reading, followed by 25 minutes of silent meditation. Questions?
Contact Fran Bohlke bryawnte@msn.com



BOARD OFFICERS OF THE FELLOWSHIP			BOARD TRUSTEES		
Chair & Board Member	Nancy Buckman	(952) 736-9586 nancybmnuu@gmail.com	Trustee & Board Member	Max Chessler	(952) 388-1186 maxchessler@gmail.com
Chair-elect & Board Member	Doug Bruce	(952) 897-0970 dbrucejr@comcast.net	Trustee & Board Member	Judith Anderson	(952) 941-7047 andersonkj@earthlink.net
Secretary & Board Member	David Olson	(952) 888-6527 olson199@umn.edu	Trustee & Board Member	Tom Walkington	(612) 859-7939 tawalking@gmail.com
Treasurer	Dale Lewellyn	(952) 432-9459 treasurer@mnvalleyuu.org	Trustee & Board Member	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com

BOARD WORKGROUPS	
Hanifl Property	Doug Bruce, Mark Clary, Steve Danko, Eva Mach

MVUUF STANDING COMMITTEES		
Committee	Chair(s)	Phone & Email
Adult Education and Enrichment	Rev. Andrea Johnson	Rev. Andrea Johnson programs@mnvalleyuu.org
Aesthetics	Karen Olson	(952) 888-6527 luvzcatz@comcast.net
Archives	Beverly Schmidt Kathy Eager	(952) 884-7262 gypsyleap@gmail.com (952) 888.8427 Kathy@darrelleager.com
Congregational Care	Maria Bavier	Care@mnvalleyuu.org mbavier@gmail.com (763) 228-9985
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Social Action	Rev. Laura Thompson	(612) 216-4203 minister@mnvalleyuu.org
Stewardship	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com
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Accompanist
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Custodian & Operations
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Uni-Sun Item Submission Information

The submission deadline date for the UNI-SUN is the 20th of each month.

Submit articles to the Newsletter Editor via email to newsletter@mnvalleyuu.org



January 2020

SUN 29	MON 30	TUE 31	WED Jan 1	THU 2	FRI 3	SAT 4
<ul style="list-style-type: none"> 9:15am Mixed Choir 10:30am Sunday Services 11:30am Kid's Choir 		<ul style="list-style-type: none"> New Year's Eve 	<ul style="list-style-type: none"> New Year's Day 1pm Mah Jongg 4pm Group Meditation 2 more 	<ul style="list-style-type: none"> Women's Spirituality Group 	<ul style="list-style-type: none"> 12pm Neighbors Together ir 	<ul style="list-style-type: none"> 9am Yoga on the mat 10:30am Women's Group
<ul style="list-style-type: none"> 9:15am Mixed Choir 10:30am Sunday Services 11:30am Kid's Choir 		<ul style="list-style-type: none"> 1pm Beyond Sunday Mornir 	<ul style="list-style-type: none"> 4pm Group Meditation 5pm Yoga on the mat 5:30pm C.O.S.M. meeting 4 more 	<ul style="list-style-type: none"> Women's Spirituality Group 6:15pm Men's Group 	<ul style="list-style-type: none"> 10:15am Blue Highways 12pm Neighbors Together ir 7pm Friday Night Poker 	<ul style="list-style-type: none"> 9am Yoga on the mat 5pm Private Event, Social H
<ul style="list-style-type: none"> 9am Religion Ethics and Ide 9:15am Mixed Choir 10am OWL Class 3 more 		<ul style="list-style-type: none"> 10am Women's Book Group 7pm Finance Committee Me 	<ul style="list-style-type: none"> 1pm Mah Jongg 4pm Group Meditation 5pm Yoga on the mat 2 more 	<ul style="list-style-type: none"> Women's Spirituality Group 1pm Afternoon Discussion i 7pm Evening Book Club 	<ul style="list-style-type: none"> 12pm Neighbors Together ir 	<ul style="list-style-type: none"> 9am Yoga on the mat 12:30pm MLK Day of Servic 1pm Bridge Club 2pm MLK Day of Service- FI
<ul style="list-style-type: none"> 10am Social Action Fair 10:30am Sunday Services 11:30am Potluck Brunch 	<ul style="list-style-type: none"> Martin Luther King Jr. Day 	<ul style="list-style-type: none"> 1pm Beyond Sunday Mornir 6pm Private Event, Social H 	<ul style="list-style-type: none"> 4pm Group Meditation 5pm Yoga on the mat 6:30pm Soul Matters Small 2 more 	<ul style="list-style-type: none"> Women's Spirituality Group 	<ul style="list-style-type: none"> 10:15am Blue Highways 12pm Neighbors Together ir 	<ul style="list-style-type: none"> 9am Yoga on the mat 10:30am Women's Chorale 11:30am Music Committee
<ul style="list-style-type: none"> 9:15am Mixed Choir 10am OWL Class 10:30am Sunday Services 			<ul style="list-style-type: none"> 1pm Mah Jongg 4pm Group Meditation 5pm Yoga on the mat 	<ul style="list-style-type: none"> Women's Spirituality Group 	<ul style="list-style-type: none"> 12pm Neighbors Together ir 	<ul style="list-style-type: none"> 9am Yoga on the mat 10:30am Women's Group

To View the MVUUF Calendar online, go to:

<http://mnvalleyuu.org/calendar/>

**A cause you can
really get behind.**



MVUUF Annual Toilet Paper and Diaper Drive

Donate diapers,
toilet paper and
menstrual hygiene
products through MLK
weekend



10715 Zenith Avenue South
Bloomington, Minnesota 55431

We are a Welcoming Congregation