

You may encounter many defeats, but you must not be defeated. In fact, it may be necessary to encounter the defeats, so you can know who you are, what you can rise from, how you can still come out of it
 - Maya Angelou

We have all experienced defeat and challenge in life, no doubt. And we have all relied on resilience to get us through those times. Sometimes that resilience is our own and sometimes it is born out of community.



As our Soul Matters' Theme packet for the month suggests, too often our western culture puts heavy emphasis on the resilience of the individual: *"Pull yourself up by your own bootstraps"; "If at first you don't succeed, try, try again."; "What doesn't kill you makes you stronger."* The cultural message is clear: *resilience depends on you - your individual toughness and inner strength. It's a solo act.*

No doubt that these things are sometimes true, but it is dangerous if we hold this as the only model of resilience because there are other truths as well: resilience is not about having to do it alone and it is often the product of our brokenness and not our "success".

Every week we come together to support one another in life's challenges to make space for one another's wounds, frustrations, questions and even failure. We do this in silence and prayer on Sunday mornings. We do this in small groups gatherings and over coffee. We do it in singing together, conversing and reflecting together. Certainly our own resilience lies within, but it is also a product of the support, grace and love that we receive from one another.

Resilience can also be found in our own brokenness. Plans fall apart, dreams fall apart... even we fall apart sometimes. But, we can take those fragments and arrange them in a new ways that bring us the beauty, love, joy, justice and wholeness that we seek in our lives and inspire us to keep going.

As we examine resilience this month, I hope you'll take some time to reflect on where you see resilience in your life and imagine how we might live it out as a community. Everyday we wake up to new challenges. How shall we face them...together?

See you Sunday,
 Rev. Laura





FEBRUARY SUNDAY SERVICES 10:30 AM

2/2/20 First Sundays: Choice of Service

- **Upstairs: Climate Conversation with MN Interfaith Power and Light**

Jean Hammink, a volunteer Climate Justice Movement Builder with MN Interfaith Power and Light will lead us in a climate conversation workshop. Music by Gretchen Grey

- **Downstairs: What Do You Do When You Are in Hot Water?**

Our resilience is played out when we are facing challenges or adversity. How do you respond when the water around you starts to heat up? Rev. Laura, Carol Jernberg with music from Nicole Collins and Lark Lewis

2/9/20: **Tiny Purses, Goo Bins and Reeds**

- Carrying extra baggage? How do you know what to hold onto and what to let go of? Should we not sweat the small stuff and only care about the big stuff? How do we build resilience to get through it all? Rev. Laura Thompson and Richard Duffin

2/16/20: **LOVE as Resilience:**

- Rev. Martin Luther King Jr. famously reminded us that, "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." How do we use love as a tool of resistance to hate and oppression? Rev. Laura Thompson

New Member Sunday

2/23: **Nevertheless, We Persist:**

- On this challenging journey, we will fall. We will be injured and overlooked. We will get side-tracked and lost. We will at times lose our courage and our confidence, and in the hardest moments we may even lose our sense of purpose. And yet we are called to keep moving; to have hope; to have faith. Where do we find the strength to persist? Rev. Laura Thompson and Fran Bohlke

FEBRUARY SUNDAY SHARING PARTNER

MNIPL is an interfaith community co-creating a just and sustainable world. We work in partnership with faith communities to build transformative **power** and **bring the lights** of people's unique gifts to addressing the climate crisis.

At MNIPL we work to **build the interfaith climate movement** in Minnesota by empowering faith communities across the state to take action that is authentic, effective, and energizing in their context.

We do this in two ways: **leadership development programs** and **action opportunities** that provide tangible ways to make an impact. We believe that it's not enough to offer people opportunities to take action on the issues they care about. Instead, we believe leadership development and organizing training empower individuals to build a movement capable of creating a just and livable climate for the human and more than human world.





FEBRUARY AND MARCH “FIRST SUNDAYS”

February First Sunday.



UPSTAIRS SERVICE

In this 1 hour workshop, we'll share stories of connection and explore how our faith calls us to act in response to climate change.

Participants connect with their values and what they care about most, before articulating together the realities of our changing climate and how they can take action together. Led by Charissa Verdoorn of MNIPL. Music from Gretchen Grey

DOWNSTAIRS SERVICE: IN HOT WATER



What do we do when we are in hot water, when life is hard and challenging us? Do we crumble? Do we get mad? What else can we do. This service is an excellent opportunity for members of all ages to share and sing together, reflecting on what they do when the water gets hot. Rev. Laura is leading. Music with Nicole Collins and Lark Lewis

March: Healing Minnesota Stories with Jim Bear Jacobs

Our speaker for March's first Sunday service will be Pastor Jim Bear Jacobs. This will be a service for all ages with activity tables in the vestibule and fireside room for busy hands.

Pastor Jacobs was born in St. Paul, he is a member of the Stockbridge-Munsee Mohican Nation, an American Indian tribe located in central Wisconsin. He has degrees in Pastoral Studies and Christian Theology and has served various churches as youth minister, adult Christian educator, and director of Men's Ministries. Presently he is parish associate at Church of All Nations Presbyterian Church. He is a cultural facilitator in the Twin Cities and works to raise the public's awareness of American Indian causes and injustices. He is founder/convenor of "Healing Minnesota Stories," an initiative dedicated to creating events of dialogue, education, and healing, particularly within faith communities.



Healing Minnesota Stories is an effort to create understanding and healing between Native American and non-Native people, particularly those in various faith communities. Native people have suffered deep trauma over many years, losing their land, language, and culture, and all who call Minnesota home are the lesser for it. While many people and institutions contributed to that trauma, it happened with the full participation of Christian churches. We all still need healing, healing is doable, and churches have a role to play in healing.

We believe in the power of healing stories. Stories heal because they make invisible pain visible. The listener and storyteller are both healed by their acts.

Churches and all faith communities can play a key role in promoting and experiencing healing by opening ourselves to our own history and listening to the stories of Native people. Through the sharing and retelling of old traumatic stories, we can create new positive ones.

This effort began in 2012 and continues to bring together Native and non-Native people to share stories and increase awareness of the value of American Indian language, culture, and our shared history.



NOTES FROM THE CHAIR

NANCY BUCKMAN

We have had much discussion lately about remembering our Mission, Vision and Values here at MVUUF plus our 7 UU Principles in what we say and do.

There are two concepts we learned growing up that we also need to remember: “Love your neighbor” and the “Golden Rule” (both the ‘do’ and ‘do not’ versions).

I think if we reflect on and practice everything in the two previous paragraphs, we can continue to strengthen our community together.

Special Board Meeting of the Board on Wednesday, January 29, 2020, at 7 pm in Fellowship Hall



The purpose of the meeting is to: 1) Discuss the role of the Committee on Shared Ministry and its relationship to the Board of Trustees; 2) Discuss programming at MVUUF and how it is defined; and 3) Discuss how we review proposed programs and their content, i.e., who is responsible for the review and what are the guidelines for any review.


MVUUF Board Meeting: Wednesday, February 12 at 7:00PM

All are welcome to attend. If there is a topic you would like to add to the Board agenda, please contact Nancy Buckman, Board Chair 2019-2020, at nancybmnuu@gmail.com

ADVENTURE AWAITS

Bob Friedman will be joining us during the February 16th Social hour to talk about Camp UniStar. MVUUF does have scholarship money available for youth, families and adults. Come to learn more about the camp and opportunities.





Camp UniStar

UU Minnesota Island Camping
Youth • Families • Adults
www.CampUniStar.org



MUSICAL NOTES

NICOLE COLLINS

Within the circles of our lives we
dance the circles of the years,
the circles of the seasons
within the circles of the years,
the cycles of the moon
within the circles of the seasons,
the circles of our reasons
within the cycles of the moon.
Again, again we come and go,
changed, changing.
Hands
join, unjoin in love and fear,
grief and joy.
The circles turn,
each giving into each, into all.
Only music keeps us here,
each by all the others held.
In the hold of hands and eyes
we turn in pairs, that joining
joining each to all again.
And then we turn inside, alone,
out of the sunlight
gone into the darker circles every turn.

~Wendell
Berry

As we hunker down in our homes, protected from the cold, it's easy and our right as Minnesotans to stay there, cozy. For me, it can start to feel heavy, and so I'm grateful to have a place to go and sing, and for a couple hours, forget about everything else.

In February, we're featuring more of our talented congregation, including Gretchen Grey and Spencer Baldwin. We also have a beautiful Eric Whitaker piece that will be sung by the Mixed Choir, a contemporary piece by Sara Bareilles sung by a collaboration of The Chorale and The Children's Choir. Plus a return of the vocal trio with Kaizen Hummer, Lark Lewis, and Nicole Collins and MORE!!!

Music Sunday is March 15th and the upcoming annual entertainment for the auction soon after.

Thank you to all who contribute to our music program! We are all so lucky to have you!

Nicole Collins,
Music Director Music@MNValleyuu.org 612-296-1622



CONGREGATIONAL PROGRAMS

REV. ANDREA JOHNSON

Our theme this month is resilience and this month we're exploring the many ways our UU faith invites us to become "a people of Resilience." To get at that, we'll be exploring some key things we "hold on to" in order to make it through hard times: our grit, each other, our humor and the earth.

February is also U.S. Black History Month, which gives us the wonderful opportunity to lift up stories of Black UU's as we continue to do the hard work of de-centering whiteness which requires regular and ongoing attention to the history and people we've marginalized for far too long. It's great that we have Black History month, but of course celebrating and drawing from Black History should be a year-round thing! Finally, using the lens of resilience, Valentine's Day becomes a way to explore how a community of loving hands and hearts gives us resilience, as we hold on to each other through hard times. This powerful communal love and support is an important message for our faith and one we can practice with our

February Religious Education Calendar

There are two Religious Education Sundays in February - on the 9th and 23rd.

OWL will also be held from 10:00am-noon on these days.

Getting to Know UU

An intro to MVUUF and Unitarian Universalism

This session is attended for newcomers who are interested in learning more about MVUUF and Unitarian Universalism. The afternoon includes brief insights into UU history and theology alongside introductions to MVUUF's history and the focus of its current ministries including; Congregational Care, Social Action and Religious Education. We'll also have time to get to know you and a little bit about your faith journey.



created by P. Evans

Date: February 2, 2020

Time: Noon-3pm

Lunch provided

Please RSVP with Kate at office@mnvalleyuu.org. When reserving your spot, please let us know if you have any dietary restrictions or if you will need childcare.



CONGREGATIONAL PROGRAMS

CONTINUED

Upcoming Adult Education Opportunities

To sign up for one of these programs, enter your name and email address using the Google Document link below or simply email Programs@mnvalleyuu.org

https://docs.google.com/spreadsheets/d/19D0QA7pi8_3su6ZAHdf5Cgh3sQYQd2WqrvMZoqi6Oh8/edit#gid=0

Program	Description	Dates
4 Session Book Read and Discussion: White Fragility by Robin DiAngelo	“White fragility” refers to the defensive moves that white people make when challenged racially. These include emotions such as anger, fear, and guilt, and behaviors including argumentation and silence. In this book, DiAngelo unpacks white fragility, explaining the underlying sociological phenomena. She draws on examples from her work and scholarship, as well as from the culture at large, to address these fundamental questions: How does white fragility develop? What does it look like? How is it triggered? What can we do to move beyond white fragility and engage more constructively?	<p>Thursday mornings 10:30 - noon: February 13th, 20th, 27th and March 5th.</p> <p>For those who would like to read the book and cannot discuss it during the day, I will hold a single session 2 hour discussion of the book on Tuesday March 3rd from 7-9pm.</p> <p>Please sign up on-line using the shared google document or email me at programs@mnvalleyuu.org</p>
Adult Coming of Age	This is a 4-session series designed for adults of all ages to explore their spiritual journey and religious identity. You will reflect on how you got to now, engage with texts as they relate to your spiritual life, and craft a statement about who you are as a person of faith.	<p>Facilitated by Rev. Andrea Johnson</p> <p>Offered Sundays noon-2pm on: February 2nd, February 23rd and March 1st and 8th.</p>



CONGREGATIONAL PROGRAMS

CONTINUED

Adult Coming of Age

When: Sundays, Feb 2, 23, March 1, 8 12:15-2pm. Bring a bag lunch.
Where: MVUUF Conference Room

When we hear “coming of age,” we typically think of young people, especially our youth who are currently completing a year-long COA class. And yet, as we go through changes in our lives and relationship, all of us “come of age” again and again in our adult lives. Wouldn’t it be terrific to have the space to talk about life’s big questions in a supportive, engaging environment?

COA for Adults is a four-session series designed for adults of all ages to explore their spiritual journey and religious identity. In the class, we will reflect on how we got to now, engage with texts as they relate to our spiritual lives, and craft a statement of our theological beliefs and moral perspectives -- our personal credo of faith.



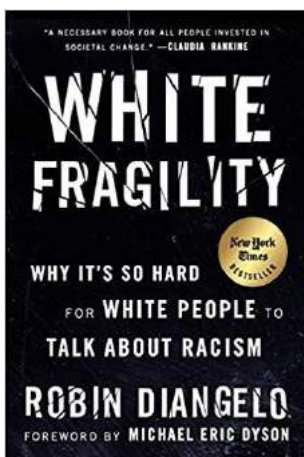
If you are interested in participating, please send an email to Rev. Andrea Johnson programs@mnvalleyuu.org.

White Fragility Book Read and Small Group

When: Thursdays, Feb 13, 20th, 27th and March 5th from 10:30 – Noon

OR come ONCE on Tuesday March 3rd from 7:00 - 9:00pm

Where: The Fireside Room



“White fragility” refers to the defensive moves that white people make when challenged racially. These include emotions such as anger, fear, and guilt, and behaviors including argumentation and silence. In this book, DiAngelo unpacks white fragility, explaining the underlying sociological phenomena. She draws on examples from her work and scholarship, as well as from the culture at large, to address these fundamental questions: How does white fragility develop? What does it look like? How is it triggered? What can we do to move beyond white fragility and engage more constructively?

If you are interested in participating, please send an email to Rev. Andrea Johnson programs@mnvalleyuu.org to register.



CONGREGATIONAL PROGRAMS

CONTINUED

Welcome New Staff!



Maria Bavier (pronouns she/her/hers) is our Religious Education Coordinator. Working under Andrea Johnson, Maria prepares the Pre-Kindergarten through 6th-grade classrooms. Maria graduated from The College of St. Benedict (St. Joseph, MN) and studied at Luther Seminary in St. Paul for a year. Maria has been attending MVUUF since 2016 when she moved to Bloomington with her husband, Eric and elementary age son, Eli. Maria volunteers at our fellowship as a Worship Associate, RE teacher, and twice as a pianist! She enjoys caring for her cousins young children, swimming laps, reading and getting outside for walks with family and friends.



Hello, my name is **Gena Coate** and **I am the new nursery attendant.** I am a junior at Kennedy high school and next year I will be going to Normandale for PSEO. I have been going to MVUUF since 2nd grade and I am excited to help out! If you need a place for your young children and grandchildren to go during the service then stop by the nursery, they will be in great hands!

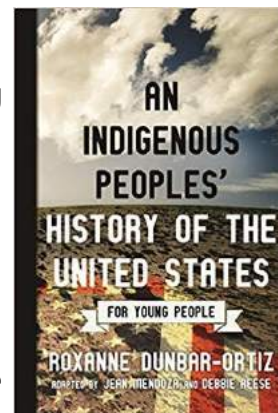
Unitarian Universalist Common Read

2019 Best-Of Lists: Best YA Nonfiction of 2019 (Kirkus Reviews) · Best Nonfiction of 2019 (School Library Journal) · Best Books for Teens (New York Public Library) · Best Informational Books for Older Readers (Chicago Public Library)

Spanning more than 400 years, this classic bottom-up history examines the legacy of Indigenous peoples' resistance, resilience, and steadfast fight against imperialism.

Going beyond the story of America as a country "discovered" by a few brave men in the "New World," Indigenous human rights advocate Roxanne Dunbar-Ortiz reveals the roles that settler colonialism and policies of American Indian genocide played in forming our national identity.

The original academic text is fully adapted by renowned curriculum experts Debbie Reese and Jean Mendoza, for middle-grade and young adult readers to include discussion topics, archival images, original maps, recommendations for further reading, and other materials to encourage students, teachers, and general readers to think critically about their own place in history.



Join us in reading this year's UU common read is *An Indigenous People's History of the United States*, by Roxanne Dunbar-Ortiz. *There are two versions of this book available; the original and an adapted version for youth and young adults. We have chosen the latter because it is more accessible across generations. But, feel free to read either to participate in the upcoming discussions.*

All ages are welcome to come to community book discussions on either of these dates:

Tuesday, March 17th at 6:30pm

Sunday, March 29th at Noon, light lunch provided

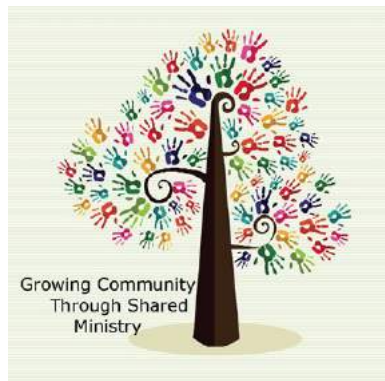
Andrea has some of the youth version of the book available for purchase. Both versions are available on Amazon or at uuabookstore.com. The original version is also available on [Audible](https://www.audible.com).



STEWARDSHIP 2020-2021 "GROWING OUR PROGRAMS"

Building Community Through Shared Ministry

Kelley Hughes Chair, Thomas Walkington Co-Chair,
Steve Danko, Glenn Corliss, and Richard Duffin



Many of you have already had an opportunity to participate in this year's Stewardship Campaign by attending a "Caucus" either at the church or one hosted by a member.

Because this is an election year "Caucus" is the word the committee chose to describe these small gatherings. We hope that you'll be able to attend one over the next three months.

It's an opportunity to gather with others who may share your particular interests i.e. Choir, Religious Education, or perhaps a gathering with others in your vicinity i.e. "south of the river" "north of 494" etc.

These are forums to express your thoughts about the various changes in church programming in 2019 and to focus on your favorite aspects of the church and come up with ideas to enhance our community now and in the future.

Please be alert for invitations to these gatherings, it is an opportunity to lend your support in growing our community.





SOCIAL ACTION COMMITTEE

Rev. Laura Thompson

December's Sunday sharing raised a little over \$600 for our Camp Unistar Scholarship Fund. A representative from Camp UniStar will be joining us during the social hour on February 16th to tell us more about the camp *and we'll be serving Oatmeal Sundaes!*



We had another successful MLK Weekend of Service. More than a dozen folks went to VEAP with vehicles full of diapers and toilet paper to pack on Saturday and another nearly 2 dozen folks went to Feed My Starving Children to pack food for kids in need in Nicaragua. On Sunday, about 50 people came to do activities at our social action fair to benefit local organizations.



But, perhaps the biggest news that we have to share is the congregations decision to become a temporary family shelter for Beacon Interfaith Housing Collaborative's program, Families Moving Forward. On Sunday April 5th, 4 families will arrive at MVUUF in the afternoon. Over the course of the next week, we will be hosting an overnight shelter. Teams will be organized to coordinate nightly meals, activities and overnight security. Look for sign-up sheets and more information coming soon. To learn more, go to <https://www.beaconinterfaith.org/> and watch these videos:



Being part of the Beacon Collaborative: <https://www.youtube.com/watch?v=3c8XZZKTmJ8>

Story of a shelter family: <https://www.youtube.com/watch?v=x1JcBoNipbg&t=2s>



EDOWMENT

BOB BOUCHER

WHAT DOES THE ENDOWMENT FUND DO FOR US?

The purpose of the MVUUF's Endowment Fund is to create permanent assets to fund special purposes/projects the congregation desires, today and in the future. Meeting the annual operating needs can be challenging for most congregations. While the Endowment Fund is not designed to fill shortfalls in our operating budget, it does provide opportunities for members to pursue interests/social justice activities/trips, etc. that the budget does not allow for. The best part is that contributions can be made at any time including, cash gifts, gifts that can provide income to the donor and beneficiary designations in a will, IRA or life insurance policy. Please feel free to reach out to any members of the Endowment Committee with questions. **They are Kat Janes, Rolie Hron, Holly Bruce, Bob Boucher and David Hobart.**



VEAP

LORNA PRELL

On January 18th MVUUF participated in our 4th "Donate & Do" for VEAP. Four years in a row! In the 4+ year history of "Donate and Do", The Minnesota Valley Unitarian Universalist Fellowship is one of a handful of faith communities that has participated every year. Thank you to everyone who donated products and to all 18 people who participated in the "do."

Here are the details of your efforts:

Toilet Paper - 201 pounds / 308 2-roll packages / 154 families served

Diapers - 120 pounds / 124 packages / 62 families served

Miscellaneous hygiene products - 39 pounds

But MVUUF is just getting started! During the month of March VEAP will have their annual food produce and cash drive. Food donations of fun things like spices & herbs, cake mixes, ethnic sauces, olives and pickles, jelly and jam...things that Second Harvest does not provide, are always appreciated. This year we will have the food drive starting in mid-February and ending in on March 22. All cash donations will be matched so it's a chance to make your contributions really count!

Thank you for all the contributions that you continue to make for VEAP!

Lorna Prell & Polly Sonifer



MVUUF HELPING HANDS

Feed My Starving children on Saturday, January 18



Activity Fair on Sunday, January 19





CLASSES AND GROUPS

MEN'S GROUP (ALL GENDERS WELCOME)



Men's Group will meet on February 13 at 6:15 in the Fellowship Hall. Our speaker will be **Fatih Guvenen** who holds the Curtis L Carlson chair in Economic at the University of Minnesota, Fatih will speak on the topic of **Wage Inequality in America**. Fatih is well qualified to speak on this topic because he and his colleagues using the millions of employer - employee matched records have examined factors that contribute to wage inequality over a 60-year period. This research was path breaking in that it used newly available actual records as opposed to surveys of employees and employers.

All are invited regardless of gender. [If you wish to come for dinner at 6:15 email John Peloquin John17780@charter.net](mailto:John17780@charter.net) by Tuesday Feb 11 with the phrase **For Dinner**; Dinner \$10 or less. If you only want to hear the speaker come by 7:00 and email me with the phrase **Speaker Only**. Questions contact John Peloquin John17780@charter.net

WOMEN'S GROUP

The MVUUF Women's Group will meet on Saturday, **February 1, 2020** at the Fellowship. We will gather at 10:15 am for beverages and conversation. The meeting will begin at 10:30.

The previously announced speaker is no longer available, but **Sara Karki, Staff Attorney at the Immigrant Law Center of Minnesota** will speak on immigration in Minnesota and the role the ILCM plays in assisting immigrants.

Attendees are encouraged to stay for lunch. A catered lunch is provided for \$7.00 per person or you can bring your own lunch. All women are invited and visitors are very welcome. **If you would like to attend and are not on the current Women's Group Contact List, please inform Nancy Buckman that you will attend by January 29** at nancybmvuuf@gmail.com or at 952-736-9586.



*Supporting families and strengthening
communities for more than 20 years*

The speaker on March 7 will be James Lileks, author and former Star Tribune columnist



CLASSES AND GROUPS

CONTINUED

EVENING BOOK GROUP

Joyce McMartin

Winter slogs on and snow keeps falling with no end in sight. Find a fireplace to curl up by and grab a good book. It is one of the few solutions the midwinter blues. Choose one on our list and then join us for a low-key, informative discussion. Alternating fiction and nonfiction (mostly), our upcoming books are:

On February 20, 2020, *The Cartel* by Don Winslow

On March 19, 2020, *The Almost Nearly Perfect People: Behind the Myth of the Scandinavian Utopia* by Michael Booth

On April 16, 2020, *Why We Sleep: Unlocking the Power of Sleep and Dreams* by Matthew Walker



The Evening Book Group meets on the third Thursday of the month throughout the year in the Fireside Room at 7 PM. The only requirement is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or email at joyceamcmartin@gmail.com.

GENTLE YOGA

Fran Bohlke



Gentle Yoga is held at MVUUF on **Wednesdays at 5:00 pm and Saturdays at 9:00 am**. The classes are 50 minutes, including poses and stretches designed to maintain and increase strength, flexibility, and balance. Attendees are encouraged to wear comfortable clothes and to bring a mat. Blocks and straps are provided. The cost is \$3 per class or \$40 for 15 classes. Instructor is Fran Bohlke who can be reached at bryawnte@msn.com or text 612-401-4653.

WOMEN'S BOOK GROUP

Marilyn Burt

The Women's Book Club meets the 2nd Tuesday of each month at the Fellowship, 10 am. We will meet in the Conference Room each month. Books to be read and discussed for the upcoming 2019 – 2020 season are:

February 11, 2020

The Lido by Libby Page

March 10, 2020

Stars Over Clear Lake by Loretta Ellsworth

April 14, 2020

Commonwealth by Ann Patchett

May 12, 2020

The Girl with Seven Names by Hyeonseo Lee

June 9, 2020

Meeting to Select the reading list for the 2020 – 2021 church year



We always have lively and interesting discussions. If you think some of these books sound interesting and you would like to come, please do so.



CLASSES AND GROUPS

CONTINUED

AMERICAN MAH JONGG

If you are interested in playing, or learning how to play, we have a small group meeting every other Wednesday in Social Hall at the Fellowship from 1-3 pm. Contact either Bobbie Gish or Nancy Buckman for more information.



BRIDGE GROUP

February bridge will be on Saturday, February 15 at 1 p.m.



The bridge group meets the third Saturday of every month from 1-3 p.m. We are always looking for new players! Beginner to expert, all are welcome. If you are interested, please contact Barbara Hanson, 952-937-5905 or bnehanson@comcast.net. Come join the fun!

BEYOND SUNDAY MORNING - "BUILDING COMMUNITY"

Come to any / all of our upcoming small, informal gatherings at the following times. These are opportunities to visit with and get to know others better and have some interesting conversations. **No need to RSVP.** Just come if you can and invite any others who might be interested.

All are welcome! First and third Tuesdays each month, 1 - 2:30 pm, at Richfield Panera (980 W. 78th, Richfield)



RELIGION ETHICS AND IDEAS

John Pelo-

Religion Ethics and Ideas will meet on Sunday February 9, at 9:00 AM in the fireside room. Our topic will be our 4th principle **A free and responsible search for truth and meaning.** One topic we will explore is: Under what if any circumstances does it conflict with any of the other principles? Questions contact John Peloquin



MEDITATION



Group meditation continues each Wednesday at 4:00 pm. All are welcome. We generally begin with a short check-in, then a reading, followed by 25 minutes of silent meditation. Questions? Contact Fran Bohlke bryawnte@msn.com



WE NEED YOU!

Here are two great opportunities for you to be engaged part of the MVUUF community:

Hospitality Teams: do you have a friendly smile, an ability to pass a microphone or basket or a killer banana bread recipe? Join a hospitality team! This is an excellent opportunity for new members/friends and for families! Teams rotate serving every 6 weeks. Sign-up on the communication board in the lobby or contact [Kate](#).

Elder Friends: We have several beloved members at Friendship Village (senior living) who need rides and companionship to MVUUF services and events. If you would like to help, please sign-up on the clipboard on the communication board or contact [Laura](#).

New Member Sunday February 16, 2020

Celebrate and get to know MVUUF's newest members during service and social hour.

BE PART OF IT

Not a member, but looking to join?

Talk to Kate Stomberg office@mnvalleyuu.org
or Rev. Laura minister@mnvalleyuu.org



Do you order from Amazon.com?
If so, they will contribute to MVUUF
for each order you place.
Go to [Smile.Amazon.com](https://www.amazon.com/smile) to set it up.

**BOARD OFFICERS OF THE FELLOWSHIP**

Chair & Board Member	Nancy Buckman	(952) 736-9586 nancybmnuu@gmail.com
Chair-elect & Board Member	Doug Bruce	(952) 897-0970 dbrucejr@comcast.net
Secretary & Board Member	David Olson	(952) 888-6527 olson199@umn.edu
Treasurer	Dale Lewellyn	(952) 432-9459 treasurer@mnvalleyuu.org

BOARD TRUSTEES

Trustee & Board Member	Max Chessler	(952) 388-1186 maxchessler@gmail.com
Trustee & Board Member	Judith Anderson	(952) 941-7047 andersonkj@earthlink.net
Trustee & Board Member	Tom Walkington	(612) 859-7939 tawalking@gmail.com
Trustee & Board Member	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com

BOARD WORKGROUPS

Hanifl Property	Doug Bruce, Mark Clary, Steve Danko, Eva Mach
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MVUUF STANDING COMMITTEES

Committee	Chair(s)	Phone & Email
Adult Education and Enrichment	Rev. Andrea Johnson	Rev. Andrea Johnson programs@mnvalleyuu.org
Aesthetics	Karen Olson	(952) 888-6527 luvzcatz@comcast.net
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Congregational Care	Maria Bavier	Care@mnvalleyuu.org mbavier@gmail.com (763) 228-9985
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Uni-Sun Item Submission Information

The submission deadline date for the
UNI-SUN is the 20th of each month.

Submit articles to the Newsletter Editor
via email to **newsletter@mnvalleyuu.org**



February 2020

<div> <div>Create</div> <div>February 2020</div> <div> <div>26</div> <div>27</div> <div>28</div> <div>29</div> <div>30</div> <div>31</div> </div> </div> <div> <div>Meet with...</div> <div>Search for people</div> </div> <div> <div>My calendars</div> <div> <div>Kate Stomberg</div> <div>Minnesota Valley Unitarian...</div> <div>MVUUF Scheduling (Intern...</div> <div>Reminders</div> <div>Tasks</div> </div> <div> <div>Other calendars</div> <div>Holidays in United States</div> </div> </div>	<div>SUN 26</div> <ul style="list-style-type: none"> 9:15am Mixed Choir 10am CIVIL Class 10:30am Sunday Services 11:30am Kid's Choir 5pm Community Night 	<div>MON 27</div>	<div>TUE 28</div> <ul style="list-style-type: none"> 1pm Beyond Sunday Morning 7pm Social Action Meeting 	<div>WED 29</div> <ul style="list-style-type: none"> 1pm Mah Jongg 4pm Group Meditation 5pm Yoga on the mat 6:30pm Mixed Choir 7:30pm Women's Chorus 	<div>THU 30</div> <ul style="list-style-type: none"> Women's Spirituality Group 	<div>FRI 31</div> <ul style="list-style-type: none"> 12pm Neighbors Together in Solidarity 	<div>SAT Feb 1</div> <ul style="list-style-type: none"> 9am Yoga on the mat 10:30am Women's Group
	<div>2</div> <ul style="list-style-type: none"> 9:15am Mixed Choir 10:30am Sunday Services 11:30am Kid's Choir 12pm Getting to Know UU 12pm Adult COA 	<div>3</div>	<div>4</div> <ul style="list-style-type: none"> 1pm Beyond Sunday Morning 7pm Social Action Meeting 	<div>5</div> <ul style="list-style-type: none"> 4pm Group Meditation 5pm Yoga on the mat 6:30pm Mixed Choir 7:30pm Women's Chorus 	<div>6</div> <ul style="list-style-type: none"> Women's Spirituality Group 	<div>7</div> <ul style="list-style-type: none"> 12pm Neighbors Together in Solidarity 	<div>8</div> <ul style="list-style-type: none"> 9am Yoga on the mat 7pm Classical Concert - Music Fundraiser
	<div>9</div> <ul style="list-style-type: none"> 9am Religion Ethics and Ideas 9:15am Mixed Choir 10am CIVIL Class 10:30am Sunday Services 2 more 	<div>10</div>	<div>11</div> <ul style="list-style-type: none"> 10am Women's Book Group 7pm Finance Committee Meeting 	<div>12</div> <ul style="list-style-type: none"> 1pm Mah Jongg 4pm Group Meditation 5pm Yoga on the mat 5:30pm C.O.S.M. meeting 3 more 	<div>13</div> <ul style="list-style-type: none"> Women's Spirituality Group 10:30am White Fragility Book Group 6:15pm Men's Group 	<div>14</div> <ul style="list-style-type: none"> Valentine's Day 10:15am Blue Highways 12pm Neighbors Together in Solidarity 7pm Friday Night Poker 	<div>15</div> <ul style="list-style-type: none"> 9am Yoga on the mat 1pm Bridge Club
	<div>16</div> <ul style="list-style-type: none"> 9:15am Mixed Choir 10:30am Sunday Services 11:30am Kid's Choir 	<div>17</div> <ul style="list-style-type: none"> Presidents' Day (regional holiday) 	<div>18</div> <ul style="list-style-type: none"> 1pm Beyond Sunday Morning 	<div>19</div> <ul style="list-style-type: none"> 4pm Group Meditation 5pm Yoga on the mat 6:30pm Mixed Choir 7:30pm Women's Chorus 	<div>20</div> <ul style="list-style-type: none"> Women's Spirituality Group 10:30am White Fragility Book Group 1pm Afternoon Discussion Group 7pm Evening Book Club 	<div>21</div> <ul style="list-style-type: none"> 12pm Neighbors Together in Solidarity 	<div>22</div> <ul style="list-style-type: none"> 9am Yoga on the mat 10:30am Women's Chorus 11:30am Music Committee Meeting 5pm Private Event, Social Hall
	<div>23</div> <ul style="list-style-type: none"> 9:15am Mixed Choir 10am CIVIL Class 10:30am Sunday Services 11:30am Kid's Choir 2 more 	<div>24</div>	<div>25</div>	<div>26</div> <ul style="list-style-type: none"> 1pm Mah Jongg 4pm Group Meditation 5pm Yoga on the mat 6:30pm Soul Matters Small Group 2 more 	<div>27</div> <ul style="list-style-type: none"> Women's Spirituality Group 10:30am White Fragility Book Group 	<div>28</div> <ul style="list-style-type: none"> 10:15am Blue Highways 12pm Neighbors Together in Solidarity 	<div>29</div> <ul style="list-style-type: none"> 9am Yoga on the mat

To View the MVUUF Calendar online, go to:

<http://mnvalleyuu.org/calendar/>

WE ARE:

ALL CONNECTED

STRONGER TOGETHER

LOVE'S HANDS IN THE WORLD

CALLED TO CREATE JUSTICE

RESPONSIBLE FOR ONE
ANOTHER AND THE EARTH



10715 Zenith Avenue South
Bloomington, Minnesota 55431

We are a Welcoming Congregation