



As summer comes, it comes differently this year. There will likely be no parades or outdoor festivals, no water parks or amusement parks. There will likely be no faraway vacations, no big reunions and no summer camps. We will, no doubt, grieve many things that have become summer traditions and we will grieve the loss of things we were looking forward to.

Make space for this grief. These losses are real and they come with deep felt emotions. It is important when we feel grief, that we express it. Not doing so

can allow grief to fester into deeper emotional states that are harder to live with; depression, anxiety, hopelessness. You can make space for your grief by simply naming it. Set aside some time each day or week to name the things you are missing. You can do this as a family activity, you can write it in a journal, song or poem, you can include it in your prayers.

If it's appropriate, you can respond to your grief with actions to tend to it. If you are missing a person that you can't visit you can call them, or send them a card...or make something for them to let them know you care. If you are missing an activity, try thinking of what the "spirit" of that activity is and see if you can't replicate it in some other way: read a book about a place you wanted to visit, play games online in teams, host virtual gatherings and picnics on Zoom.

There will, no doubt, be grief this summer. And there will also be beauty, adventure, relaxation, discovery and fun. It will be a summer that we talk about for years to come. It will reshape our lives. This will be a summer when we stay closer to home; when we explore the beauty that surrounds us. It will be the summer that we finally start a vegetable garden, or the summer we build a treehouse, or the summer we perfect our rhubarb pie or finally buy a canoe, the summer we start painting, writing or meditating. This will be a summer to remember.

Of course, we'll be around this summer. We invite you to come by and sit in the gardens; the flowers, birds and butterflies will still be here. We hope to see you online for services. And if you need anything at all, let us know. We are still here for you. Be safe and be well. Be loved and be loving.

Rev. Laura





2020 Summer Services

Summer services are live at 10:30am unless otherwise noted
See our website for links to live and recorded services:

mnvalleyuu.org

June



June 7th: Exploring our 1st Principle: The inherent worth and dignity of every person. Rev. Laura Thompson

June 14th: Exploring our 2nd Principle: Justice, equity and compassion in human relations. Rev. Laura Thompson

June 21st: Facts vs. Faith: Linda Hayen and Fran Bohlke will lead this service and perform a short play entitled "A Passion Play", written by Pippin Parker. The play explores awe and wonder in faith and sacred spaces. Does it have to be "Facts vs Faith" Or can we have both?

June 28th: Live from UUA General Assembly: Join UUs from across the country as we come together to celebrate our faith and future. This service will be streamed live at 9am and at 12pm here: <https://www.uua.org/ga>. Learn more about the service here: [GA Sunday Worship](#)

July

July 5th: What My Grandparents Knew: Ed Janes with Tom Bergmann





2020 Summer Services

Summer services are live at 10:30am unless otherwise noted
See our website for links to live and recorded services:

mnvalleyuuu.org

July 12th: Exploring our 3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregation; Rev. Laura Thompson

July 19th: Exploring our 4th Principle: A free and responsible search for truth and meaning; Rev. Laura Thompson

July 26th: Exploring our 5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large; Rev. Laura Thompson

the inherent **WORTH** and **DIGNITY**
of **EVERY person** **Justice, EQUITY &**
compassion in human relations
ACCEPTANCE of 1 another & a **free** and **responsible**
encouragement **SEARCH** for **Truth &**
to **spiritual GROWTH** **meaning**
in our **congregations** the **GOAL** of **World**
the **Right** of **conscience** & the **USE** **community**
of the **democratic** process with **peace,**
within our **congregations** **LIBERTY & Justice**
& in **SOCIETY** at **large** for **ALL**
Respect for the **interdependent WEB** of **all**
existence of which **WE** are a **part**

August



August 3rd: The Grandmother Tree:

Minneapolis-based writer, actor, storyteller and teaching artist Amy Salloway presents a true personal story about a 'treelationship' worth fighting for. Worship Leader: Linda Hayen Special Music: Fran Bohlke and friends. Stay logged in after the service ends for a discussion about writing and storytelling with Amy.

Aug. 10th: Joys of Summer: Maria Bavier and Carla V. Ries

Aug. 18th: Exploring our 6th Principle: The goal of world community with peace, liberty, and justice for all; Rev. Laura Thompson

Aug. 24th: Exploring our 7th Principle: Respect for the interdependent web of all existence of which we are a part; Rev. Laura Thompson

Aug. 31st: Exploring the Proposal of an 8th UU Principle: Journeying toward spiritual wholeness by building a diverse, multicultural Beloved Community by our actions that accountability dismantle racism and other oppressions in ourselves and our institutions; Rev. Andrea Johnson



STAND IN SOLIDARITY

This week has been devastating and heart breaking as we mourn the tragic and brutal death of George Floyd, yet another black man, whose life has been tragically cut short by a Minneapolis police officer. As Twin Cities residents, we are appalled, shocked and grief-stricken by what happened to George Floyd and the ensuing violence and destruction that our beloved city has endured. We are all holding many emotions and feelings, and this is complicated. We invite you to lean into your spiritual practices even more deeply during this time.

It is okay to cry, be angry, feel numb or confused. Please also hold George Floyd's family and friends in your hearts and prayers. He was a beloved father, brother, neighbor, and guard for a local homeless shelter. In the words of his sister, "He was grounded, he was spiritual, he was an athlete, he was an organizer, he was a comforter, he was an encourager." He should still be with us today.

We stand in solidarity with our Minneapolis community and for those of us who refuse to be silent or complicit in the racist systems that led to George Floyd's death. Some powerful photos have been collected here: <https://bit.ly/3gryGak> These photos represent communal grief and rage for injustice.

As we see riots and looting happening as part of this process, folks who are not oppressed often lose sight of the bigger picture when they see these things happen. Do not let go of the real reason that all of this is happening; 400 hundred years of systematic racism and oppression. It is easy to see the riots as a means without reason, but it is not; it is manifested grief and rage. It is the tearing down of a system that values business as usual over justice and peace for all. Martin Luther King Jr. spoke to this when he said,

"A riot is the language of the unheard. And what is it America has failed to hear? ... It has failed to hear that the promises of freedom and justice have not been met. And it has failed to hear that large segments of white society are more concerned about tranquility and the status quo than about justice and humanity."

As a community that upholds the "inherent worth and dignity of every person" and as a community that affirms the "goal of world community with peace, liberty, and justice for all", we as a community of Unitarian Universalists must remain committed to supporting the pursuit of justice and the building of a beloved community for all, even when and especially when it is uncomfortable for us. The discomfort we feel is often an unraveling of our own place in the systems we live in as we realize they are broken. Do not be deterred by discomfort, it is right to grieve and be angry when injustice occurs. And it is right to be confused and even afraid when the futures we face seem uncertain.

Acknowledge your desire for peace, but look deeper for what it is you are truly seeking. Rev. Al Sharpton said as he addressed the crowds in Minneapolis on Thursday, "We do want peace. But do not confuse peace with quiet. There is a difference. Silence will bring you quiet, but peace comes with the cost of justice prevailing."



STAND IN SOLIDARITY

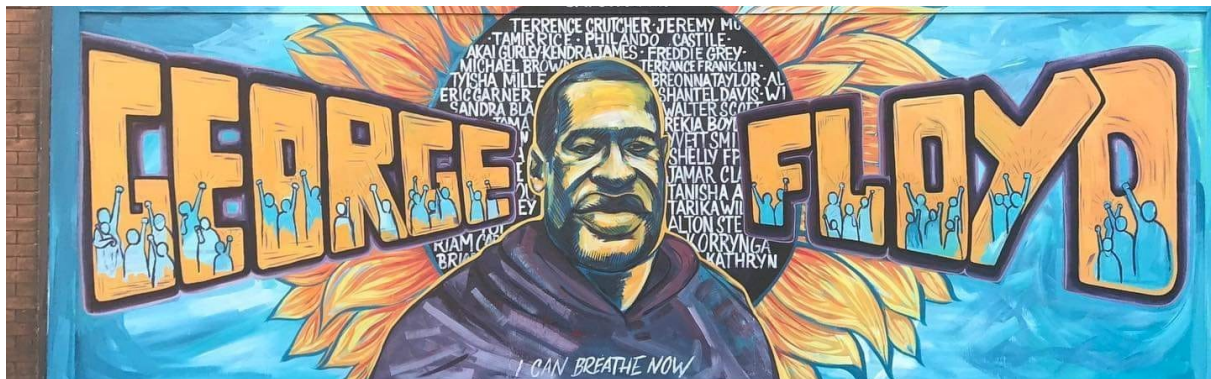


George Floyd's life mattered.

We believe that right now, the best way to honor his life is to take meaningful and peaceful action. Here are a few concrete suggestions:

1. **Phone a friend.** Take ten minutes and have a conversation with someone you know about police violence and George Floyd's murder. Ask what the other person thinks, listen to their responses, and share your own perspective.
2. **Phone a decision-maker.** Hennepin County Attorney Mike Freeman will decide whether or not the officers who killed George Floyd are charged with a crime. Call Attorney Freeman at 612-348-5550 and demand that he press charges against all officers involved with the incident.
3. **Donate** to the George Floyd [Memorial Fund](#).
4. **Support front-line organizations** who are leading work on the ground: [Black Visions Collective](#), [Reclaim the Block](#), [Minnesota Freedom Fund](#), [CTUL](#), [COPAL](#), [Black Lives Matter Minneapolis](#), [NAACP Minneapolis](#), [Voices for Racial Justice](#), [Showing Up for Racial Justice - MN](#), [Allies for Racial Equity](#)
5. **Read and educate yourself.** MPD150 has released a thorough and insightful [report](#) asking us to imagine a different relationship to policing as a society. Additional education resources include: [What White People Can Do For Racial Justice](#), [Anti-Racism Resources for White People](#)
6. **Look for Volunteer Opportunities** to offer help or supplies in cleaning up areas, especially small businesses, where looting has occurred. Much of this work can be done with social distancing.

We must all commit to dismantle racism everywhere it shows up - including in ourselves. We cannot advance the values of justice, equity, dignity, compassion, and interdependence without working to dismantle the culture of white supremacy. Let's do this important work together as members and friends of MVUUF.





MVUUF Covid-19 Response

What to expect going forward

The health, safety and well-being of our congregation is of the utmost importance. MVUUF heeds the guidance of the UUA Safe Congregations Team in our response to the Covid-19 pandemic. These responses are grounded in our deep Unitarian Universalist values:

- Our abiding care and concern for the most vulnerable, inside and outside our congregation.
- Accessibility and inclusion for all of our members and friends to participate in our congregation, regardless of health status, health vulnerability, or ability.
- Recognition that we are part of an interdependent web and, as such, our risk-taking and our protective actions affect far more than just ourselves.
- Ethical treatment and expectations for our leaders and staff, minimizing the risks to their own health and well-being.
- Our affirmation that good science, coupled with our UU values, must be the basis upon which we make decisions about in-person gathering.
- Commitment to our mission, community, and theology more than ever, mindful of the spiritual demands of this transition.
- Our deep hope that we as a country, and as a world, will not return to “normal” when the pandemic is over. We seek to live into “a new normal” of more justice, more love, more equity, more sustainability, and more peace.

In this difficult and extraordinary time, we invite you to engage with us in ongoing creativity as we all minister to one another and the world by taking care of ourselves and one another.

UUA Recommendations

In the midst of uncertainty, it is the UUA’s strong recommendation that congregations plan for ongoing virtual gathering and operations through May 2021. MVUUF will be following these guidelines. This applies to worship, events, committee meetings, staff meetings, one-on-one visits, rites of passage, and more. While smaller gatherings may be able to resume sooner if conditions improve, planning for virtual operations that could continue for a full year is advisable.

Our highest values and commitments call us to refrain from in-person gathering until the COVID-19 pandemic is controlled. We invite you to think of your congregation as primarily digitally-connected, with small in-person nodes that can grow as the pandemic subsides.
respiratory virus like COVID-19.

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MVUUF Covid-19 Response

What to expect going forward

We are guided by science and our deepest values, not politics, when we urge congregations to not resume full in-person operations until concrete public health criteria are met. The criteria we encourage you to adopt will likely be more stringent than schools and businesses around you, for the following reasons:

- Membership of most UU congregations is an older, more vulnerable population than the general public.
- We do not want congregational staff and ministers to be put at risk.
- A normally-operating congregation presents too many opportunities to spread a highly contagious respiratory virus like COVID-19.

Some of the public health criteria we'd look to for shifting our congregations' primary focus from online to in-person are:

- multiple weeks of reduction in infections,
- adequate testing,
- sufficient personal protective equipment available,
- contact tracing programs in place throughout your county and state,
- **and/or a widely-available vaccine.**

How will this affect MVUUF? Looking forward we expect that all groups, committees and programming will happen online. We will continue to use Zoom, Facebook, YouTube and email heavily.

Groups and Committees: Should be using Zoom or some other online meeting format. We do not have the staffing to sanitize meeting rooms after every meeting, no matter what the size; do not have meetings at the church. You might want to consider starting a Facebook "group" for your committee or group as a space to share resources and ongoing communication. <https://www.facebook.com/help/1629740080681586>

Sunday Services: will continue to be live on Zoom to enable participation. They will also be live-streamed to YouTube and recordings will be posted.

Adult Programming: We will expand small group ministry in the fall to enable more folks to have small groups to connect in. Book/film discussions will also occur. If you have ideas for programming or would like to start a group contact programs@mnvalleyuu.org

Pastoral Care: Pastoral Care Associates will continue to call and check-in on folks occasionally. If you would like to become a Pastoral Care Associate contact minister@mnvalleyuu.org. Ongoing training will be provided.

Religious Education will shift to a Family Ministry model. Videos of activities and stories, alongside "At-Home" packets and online gatherings will be the core of our ministries to families with children and youth. To get involved contact maria@mnvalleyuu.org

The bottom line is that we are all in this together. MVUUF has a long history of overcoming adversity and we will draw on that strength to get through this.



FROM THE MINISTER OF CONGREGATIONAL PROGRAMS

Summer is finally here. It seems like we've had one of the longest springs of recent memory. I'm not sure if that is because spring marked the beginning of this pandemic but it feels a bit like we might be on the threshold of something new. Fully leafed out trees, vegetables and herbs growing in the garden and perhaps a family BBQ in the backyard. When encountering thresholds, we often talk about successfully "passing through" them. I wonder instead if the invitation of this summer might be to sit and pause.



What if we spent some time resting. Maybe the summer will help us learn to simply be - less travelling and more listening. No moving, just noticing and naming.



For those of you with young children at home, I'm guessing this will be challenging - especially if you are trying to work while you are entertaining your children with no school or camps to take them to. I wish I had some wise advice to offer or some magical way to entertain your children. Instead my prayer for you is to slow down and let yourself feel all the complex emotions - confusion, fear, excitement, sadness, hope. May you find some way to feel at home in this liminal space we are in together.

May you be blessed and be a blessing this summer,

Rev. Andrea.





FROM THE MINISTER OF CONGREGATIONAL PROGRAMS

Proposal for Fall 2020 Adult and Children's Programming

As many of you probably know, I am a planner. Last summer was great! By mid August, Laura and I had sketched out the worship schedule, the Children's Religious Education programming and we had planned an exciting new array of Adult education classes, small groups and racial justice programming.

By September I was fired up and ready to go! So in this newsletter, I had planned to include a link to a survey - asking you all to tell me what adult and racial justice programming you would attend in the fall assuming most of our programming would likely happen on-line via Zoom. I thought of things like: affinity-based small groups (e.g., parenting, grief, singles, retired, caregivers, poetry, arts and crafts), social justice book groups, movie nights, a UU History class, a UU Theology class, a spiritual practices group, a Tuesday evening meditation service etc., Then Laura slowed me right down and suggested taking a pause, similar to the one I recommended in my letter above.

She said: "Andrea, no one can think about the fall right now. Let's wait and see what happens over the summer." She wisely suggested that instead of planning it all out now, it might work better to stay nimble and flexible and roll out programming as needed.

So with that plan in mind, we'll solicit feedback from you all in early August and listen to what your soul is longing and yearning for then. We'll also reach out to parents, children and youth and share some of our ideas for Religious Education with you and also hear what sounds exciting to you. Stay tuned for opportunities later this summer for how you can plan the fall with us!





Musical Notes

Nicole Collins

My first year as Music Director was...interesting, yet incredible! I've learned more than I could've imagined even if it felt beyond my capacity at times. I know this is true for everyone including all the musicians that stepped up to still make music at MVUUF!

Thank you Choir! People don't join a choir to record themselves singing alone to their phones with some app that requires certain technology, downloads and "collaborations," and many many text messages and phone calls and emails, but you did, in part, because I asked you to. I am grateful for you. Thank you Lark Lewis for being a great music partner and friend.



I'm looking forward to time to digest this experience and to learn about other platforms of performing and rehearsing music. For now, choir, watch your emails for updates in August. We will reconvene one way or another on Wednesday, August 12th during our normal rehearsal time. We will be off the following week, but back on Wednesday, August 26th.

MPR continues to host "Bring The Sing," every Friday at 5:55, a predetermined song played over their airstreams that encourages people to sing along and outside to your neighbors-WHAT JOY!!! If you do, please send me a video so I

share them. I hope you all find ways to create, listen, and enjoy music over the Summer.

MVUUF Choir is requesting iPads For members to borrow, Sept-May. If anyone has one to loan, please contact Janet Stevens at jastevens1972@gmail.com.

Some highlights from the Annual Meeting which was held on Sunday, May 31st.

Board changes include: Doug Bruce is chair. Carla Ries is the chair-elect and Trustees are: Myra Basar, David Olson, Judith Anderson, Tom Walkington and Kelley Hughes. Spencer Baldwin was elected to the Endowment Committee replacing Kat Janes. The Nominations Chair is Linda Hayen.

The bylaws were amended to provide for a treasurer-elect position, and updating the references in the bylaws to the Prairie Star District to the new name: MidAmerica Region of the UUA.

The Covenant of Right Relations was adopted as proposed.



“GROWING COMMUNITY THROUGH SHARED MINISTRY”



Although our Stewardship Team had five core members during the 2019-2020 campaign, so many more than this participated in this shared ministry.

Jeanne Simpson lent her talents in creating “Did You Know” posters. Karen Olson formatted them, and created attractive and accessible displays. Jeanne also was available for consulting throughout the year.

MVUUF Treasurer and Membership Co-Chair, Dale Lewellyn, worked closely with Stewardship to provide ongoing information that guided our campaign.

Stewardship core member Steve Danko, also Finance and Operations Chairs, lent his broad and in-depth perspective in guiding us throughout the year.

Talented speakers took to the pulpit to share “Why I Give.” Among them are members of our core Stewardship team, and MVUUF’s own Spencer Baldwin.

This year, generous volunteers hosted, facilitated, and took notes for our caucuses. Our host were Fran Bohlke and Richard Duffin, Glenn and Nan Corliss, Andrea Johnson for Community Night, Maya Walkington-Stauber; and Dorothy Turner.

Our caucus facilitators were Judith Anderson, Glenn Corliss, Steve Danko, Richard Duffin, and Tom Walkington. Our scribes: Glenn Corliss, Fran Bohlke, Richard Duffin, Barb Gilliland, Kelley Hughes, and Tom Walkington.

Our new Office and Communications Manager, Jeannie Piekos, began work at MVUUF shortly after the state order to practice social distancing. Through online trainings and study, she quickly mastered MVUUF’s databases and procedures. She communicated regularly with committee chairs and other leadership about deadlines, and published a number of special announcements for Stewardship, in addition to her other publishing duties.

And then there were participants, all of us, the heart and soul of our caucuses. Because of the unwavering appreciation for this year’s affinity-group format, our Stewardship team plans to hold both on-line and in-person groups in 2020-2021.

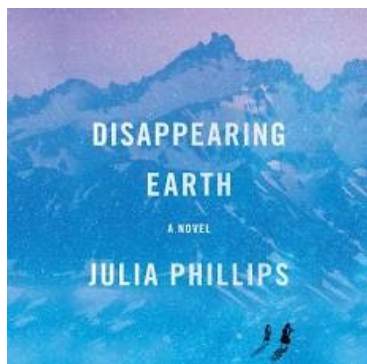
We also will continue using integrated approaches to the shared ministry of stewardship. Insights from Membership, COSM, Congregational Care, Archives, Aesthetics—indeed, from all groups at MVUUF—will inform the 2020-2021 campaign. Tom Walkington, Stewardship Chair 2020-21, will lead us in spearheading these efforts. Stay tuned, and please ask any Stewardship team member if you have questions.

Our best to you in staying both safe and connected to our MVUUF community. Kelley Hughes, outgoing Stewardship Chair, on behalf of the 2019-2020 core Stewardship Team: Glenn Corliss, Steve Danko, Richard Duffin, Tom Walkington, Kelley Hughes



EVENING BOOK CLUB

Joyce McMartin



The Evening Book Group continues to meet via Zoom because of the pandemic. A list of our upcoming selections follow. If you would like to join us, just send an email to joyceamcmartin@gmail.com, and a Zoom invitation will be sent to you a few days prior to our meeting. We are hoping that in the near future we can return to in person meetings. Although various Zoom backgrounds are charming, there is nothing like the real thing.

Alternating fiction and nonfiction (mostly), our upcoming choices are:

- June 18, 2020—**The Coddling of the American Mind: How Good Intentions and Bad Ideas are Setting up a Generation for Failure** by Greg Lukianoff and Jonathan Haidt
- July 16, 2020—**Disappearing Earth** by Julia Phillips
- August 20, 2020—**How Democracies Die** by Steven Levitsky and Daniel Ziblatt
- September 17, 2020—**The Lager Queen of Minnesota** by J. Ryan Stradal
- October 2020—**NO MEETING**
- November 19, 2020—**The Economist Hour: False Prophets, Free Markets, and the Fracture of Society** by Binyamin Appelbaum
- December 17, 2020—**The Topeka School** by Ben Lerner
- January 21, 2021—**Girl, Woman, Other** by Bernardine Evaristo



The Evening Book Group **USUALLY** meets on the third Thursday of the month

throughout the year in the Fireside Room at 7 PM. We will be meeting USING ZOOM until the church reopens. **PLEASE NOTE THAT THERE IS NO MEETING IN OCTOBER.** The only requirement is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or email at joyceamcmartin@gmail.com.

Happy Summer Solstice

June 20th





POSTCARD PROJECT—WISH YOU WERE HERE

How will we remember this time of Coronavirus and sheltering in place? Our new normal includes Zoom meetings and Facetime with friends and family. But we miss our beloved community in the flesh. We are thankful for technology but we tire of it, too.

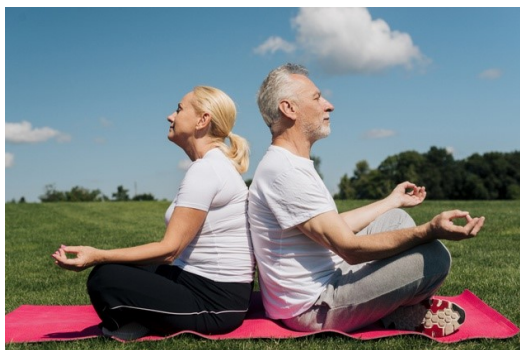
We are inspired to document this time for MVUUF members, staff and friends by initiating an old school, snail mail correspondence. We are calling it the **Postcard Project** and here's how it will work: In June we will randomly mail postcards to the congregation. We invite the congregation to mail cards to the church. We probably all have postcards tucked away from trips. If you don't any postcards will be available by the front door of the Church. Grab several to mail later or add a note and drop it in the box.



We will share the postcards once we come back together. It will be like a time-capsule. We invite you to consider answering 2-3 of the following questions: What does the image on the card mean to you? What is your heart feeling now? How do you interpret the "new normal"? What or who are you grateful for? What acts of kindness have you seen during this time? What have you learned from the quarantine?

It's one more way to stay connected so we hope you will participate. If you have thoughts or questions, please contact Jeannie at office@mnvalleyuu.org

GENTLE AND CHAIR YOGA



Gentle yoga is offered Monday and Wednesday. The classes are 50 minutes, including poses and stretches designed to maintain and increase strength, flexibility, and balance. Attendees are encouraged to wear comfortable clothes and to bring a mat. No class June 15. Instructor is Fran Bohlke who can be reached at bryawnte@msn.com or text 612-401-4653 <https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

Fran also offers a chair yoga class for MVUUF members and friends on Tuesdays and Thursdays from 9:00-9:45 a.m. There is no fee. All you need is a chair—no need to move your desk computer or laptop. She will begin the meeting 15 minutes before class begins so members can visit and ask questions. No meeting June 16th. Please email or call Fran. Give it a try and if you don't care for it, feel free to drop! <https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346



CHAIR YOGA



**BOARD OFFICERS OF THE FELLOWSHIP**

Chair & Board Member	Doug Bruce	(952) 897-0970 dbrucejr@comcast.net
Chair-elect & Board Member	Carla Ries	(952)-500-8526 cvr_uu@hotmail.com
Secretary & Board Member	David Olson	(952) 888-6527 olson199@umn.edu
Treasurer	Dale Lewellyn	(952) 432-9459 treasurer@mnvalleyuu.org

BOARD WORKGROUPS

Hanifl Property	Doug Bruce, Mark Clary, Steve Danko, Eva Mach
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BOARD TRUSTEES

Trustee & Board Member	David Olson	(952) 888-6527 olson199@umn.edu
Trustee & Board Member	Judith Anderson	(952) 941-7047 andersonkj@earthlink.net
Trustee & Board Member	Tom Walkington	(612) 859-7939 tawalking@gmail.com
Trustee & Board Member	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com
Trustee & Board Member	Myra Basar	(301)379-9210 gratitude30@hotmail.com

MVUUF STANDING COMMITTEES

Committee	Chair(s)	Phone & Email
Adult Education and Enrichment	Rev. Andrea Johnson	Rev. Andrea Johnson programs@mnvalleyuu.org
Aesthetics	Karen Olson	(952) 888-6527 luzvcatz@comcast.net
Archives	Beverly Schmidt Kathy Eager	(952) 884-7262 gypsyleap@gmail.com (952) 888.8427 Kathy@darrelleager.com
Congregational Care	Maria Bavier	Care@mnvalleyuu.org mbavier@gmail.com (763) 228-9985
Committee on Shared Ministry	Eve Bergmann	(612) 597-7915 ebergmann11@aol.com
Endowment	Spencer Baldwin	(612)-812-8824 SpencerBaldwin@RocketMail.com
Finance	Steve Danko	(952) 884-9099 sdankojr@gmail.com
Membership	Dale Lewellyn Diane Bick	(952) 432-4259 dalelewellyn@gmail.com (952) 250-2559 dianeebick@gmail.com
Music	Janet Stevens	(952) 888-6577 jastevens1972@gmail.com
Nominating	Linda Hayen	651-214-1279 linda590@earthlink.net
Operations	Mark Clary	(952) 830-1971 mlfe@aol.com
Religious Education	Rev. Andrea Johnson	Rev. Andrea Johnson programs@mnvalleyuu.org
Social Action	Rev. Laura Thompson	(612) 216-4203 minister@mnvalleyuu.org
Stewardship	Kelley Hughes	(952) 831-0032 uukelley@hotmail.com
Technology	Richard Duffin	(707) 696-6406 rwduffin@comcast.net

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Accompanist
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Custodian & Operations
 Mark Clary, cust@mnvalleyuu.org

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 Facebook: www.facebook.com/mnvalleyuu
 Instagram: @mnvalleyuu

Uni-Sun Item Submission Information

The submission deadline date for the
 UNI-SUN is the 20th of each month.

Submit articles to the Newsletter Editor
 via email to newsletter@mnvalleyuu.org



NEW MVUUF ONLINE SCHEDULE

The following meetings are conducted on Zoom. Instructions for using Zoom are here: [Zoom Instructions](#) or [Video Tutorial](#). Please note there are different links for some of our gatherings depending on which staff person is leading them. Please be sure you have the correct link.

SUNDAY

10:30am: Weekly Sunday Service; services will include brief breakout sessions for folks to check-in in small groups. <https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

MONDAY

5:00-5:50pm: Yoga with Fran! Gentle yoga class <https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

No yoga on Monday, June 15th.

TUESDAY

9:00-9:45am: Chair Yoga with Fran <https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

No yoga on Tuesday, June 16th.

WEDNESDAY

5:00-5:50 pm: Yoga with Fran! Gentle yoga class <https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

THURSDAY

9:00-9:45am: Chair Yoga with Fran <https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

Please watch for our Facebook bi-weekly Video Messages from the staff. Laura will post a message every Tuesday via email, YouTube and Facebook and another staff will do so on Thursdays. Please use the chat forums on Facebook and YouTube to share your own thoughts on these postings.

WE ARE:

ALL CONNECTED
STRONGER TOGETHER
LOVE'S HANDS IN THE WORLD
CALLED TO CREATE JUSTICE
RESPONSIBLE FOR ONE
ANOTHER AND THE EARTH

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We are a Welcoming Congregation