



SCHEDULE: See Sunday Service themes for March on page 3

Screening of ReMembering: Singing Water on March 18th Read about it on page 9

March 2022
Volume 57 Number 7

March: Renewing Faith

*How do we renew our faith
when so much is falling apart?
In these fragile days, we,
who assess life through "the fire of reason,"
find so little reason to trust that
everything is going to be ok.
The climate is collapsing.
Racism shifts more than it is removed.
Politics divide more than they unite.
Don't tell us it's slowly getting better.
Don't ask us to deny this feeling of despair
that feels so real.
On so many days, we have lost our hope for
a better day.*

*But we do long for it! Don't we?
Despite the setbacks and slowness,
there remains something inside
continues to say,
"It can be better!" "More is possible!"
"I need to believe that goodness is real."
It's a longing that lingers no matter what.*

*Maybe that's what the preacher meant
when he spoke of faith
as a hunger for home.
Maybe faith is more about remembering
our longing for what we love
and who we want to be,
more than it is an act of restoring our trust
that everything will work out well.*

*Maybe the peacenik was right:
We must remain faithful to the fight
not because change is guaranteed
but to ensure that we are not changed.*

Soul Matters Themed Ministry 2022

**Faith is homesickness.
Faith is a lump in the throat.
*Frederick Buechner***

Renewing Faith

**Once a reporter asked A.J. Muste,
'Do you really think you are going
to change the policies of this
country by standing out here
alone at night in front of the
White House with a candle?'
Muste replied softly, 'Oh I don't
do this to change the country.
I do this so the country
won't change me.'**

Frederic and Mary Ann Brussat



MVUUF is a liberal religious congregation guided by democratic principles whose mission is to engage members in a shared quest for spiritual and intellectual growth leading to lives of service, compassion, and justice.

COVID Update

It is strongly recommended that attendees who are eligible for the Covid-19 vaccine are vaccinated fully and boosted, if they are also eligible for that.

If you have experienced any sign of illness in the days before an MVUUF in-person gathering, please do not attend in-person.

If you have a positive test in the few days following an in-person gathering at MVUUF, please let us know as soon as possible, that we might alert others who may have been exposed.

- Air filtration systems throughout the building.
- Masks are required to be worn at all times, unless speaking from the pulpit.
- Anyone speaking unmasked from the pulpit must be vaccinated.
- The sanctuary is currently set-up with more spacious seating (only 65 seats instead of 130). There are also chairs in the upper lobby for viewing
- All staff are fully vaccinated.
- Singing may be limited for the time being, until restrictions around it loosen.
- There will be no food and beverage served onsite after the service.

Children and Youth Programming

- Programming for children under 12 will be an all-together weekly gathering in the Social Hall, until we deem we have enough children involved to separate into classrooms again.
- All volunteers in Children, Youth and Family programs are required to be vaccinated.

SERVICES WILL ALSO STILL BE ONLINE

We will also continue to live-stream and archive the service every week on our YouTube channel. We are also looking into the possibility of continuing to host a Zoom service every week, but we'll need in-person volunteers to make that happen.

WHAT YOU CAN DO TO HELP

- Sign-up to be an in-person greeter or usher (vaccination required). Contact Eric Grady, grady318@hotmail.com or Rev. Laura, minister@mnvalleyuu.org
- Sign-up to be a weekly Zoom host for the service. This would be an in-person job. Training available. Contact minister@mnvalleyuu.org
- Join the Tech Team. Richard Duffin has been holding down the tech fort for far too long on his own. We need a bigger team to help with all of the technical aspects required. Training provided. Contact rwduffin@comcast.net
- Sign-up to bring baked goods. Since we can't have food for social hour, we'll be bagging up take-home treats for the time being. We'd love to incorporate some of your homemade goodies along with a positive message to send home with folks. Sign-up here: <https://www.signupgenius.com/go/20F044EA-BA823A0FE3-hospitality1>

Sunday Services

March 6th: Faith for the Journey



None of us knows what's ahead; a lesson we have learned all too well in the last two years. Still, we keep moving forward. How can faith help to guide us on our journeys and shape the future we hope to encounter? All-ages service with Rev. Laura Thompson, Maria Bavier and Omera Syed

March 13th: In What Shall We Trust?



Faith can be an elusive concept, calling upon us to believe in something that we cannot yet know or worse believe in something that has let us down before. What is worthy of our faith... is faith a worthy endeavor at all? Rev. Laura Thompson and Tom Ehlinger

March 20th: Spring Music Sunday & Service Auction



It's the Spring Equinox! What better way to celebrate the season of birth and renewal than with music and a Service Auction to follow?

See details in the following pages for this "don't miss" event! Music Director, Nicole Collins and accompanist, Lark Lewis.

March 27th: Lessons from the Road to Peace



Photographer, John Noltner, drove 40,000 miles across the country interviewing and photographing hundreds of people from all walks of life for his project, "A Peace of My Mind". John joins us to share his own story of following his passion, while at the same time revealing the wisdom of everyday Americans and their stories of hope, transformation and forgiveness.

Uni-Sun

Letter from the Board Chair

Greetings!

Ahhh... March. What a strange month. Not quite winter (most years), yet not quite spring for those of us here in the far north. Not to mention that in the Southern hemisphere, many kids are beginning the school year. So, let's learn some fun facts about this odd month.

Did you know that March was originally the first month of the Roman calendar? That's why horoscopes usually list Aries (March 21 - April 19) as the first sign. And it was named after the Roman god of war: Mars. Because, when the snow began to melt, it was time to begin the next "glorious" campaign.

Many exciting (and less violent) things have also happened in March throughout history.

- Alexander Graham Bell made the first phone call in 1886.
- The Eiffel Tower was completed in 1889.
- In 1973, Pink Floyd's "Dark Side of the Moon" began a 14 year run on the Billboard Top 200. A still unbroken record!

Interestingly, March is - among other things - Music in Our Schools Month, National Craft Month, National Nutrition Month, National Red Cross Month, Social Workers Month, and National Women's History Month.

But, perhaps, what I like most about this month is that it is filled with so many wonderful holidays all around the world - many of which celebrate life.

Here is just a short list for 2022:

Mar. 01: Mardi Gras

Mar. 02: Lent begins

Mar. 03: Hina Matsuri

Mar. 04: Zhonghe Festival

Mar. 16: Purim

Mar. 17: St. Patrick's Day

Mar. 20: Ostara and International Earth Day

Mar. 21: Norouz

Mar. 18: Holi

Whatever you celebrate, and wherever you find yourself, May you have a wonderful March!

Yours trUUly,

Carla V. Ries (she/her)

Chair, Board of Trustees

Communications & Administration

Dear Friends.

Struggling with faith, imagining resilience, negotiating imperfection, grappling with losses—these are some of my regular companions in thought, and some of my favorite topics for poems. Faith journeys intrigue me. Why are some people so resilient? And what even makes up faith?

One of my favorite books about questioning and coming to terms with faith is *My Bright Abyss* by Christian Wiman. Wiman wrote the memoir after receiving a devastating cancer diagnosis. He writes about his health and spiritual journey as a father of young children, a husband, a poet and someone who had put aside faith. The book is contemplative and evocative. One quote that has stuck with me all these years is this: *“So much of faith has so little to do with belief, and so much to do with acceptance.”*

Those words resonated with me because that is what I found to be true during my cancer journey. And I still find this to be true when dealing with the really big hurts and losses. No one lives a life free from loss. There will always be storms. They come from within us as well as from without. It’s a tremendous obligation to be responsible for your own life.

In my struggles and challenges, overcoming adversity is really about making peace with whatever situation is before me. It’s how I respond and react that indicates how I will deal with a particular challenge. I learned this the hard way through my journey with cancer.

But no matter how many lessons I receive in this regard I still feel like a novice — learning again for the first time. There’s an “aha moment” or a “here I am again” moment. And eventually I quit fighting against my perceived obstacle and instead try to return to the practice of acceptance, of acting but not controlling, of breathing. This practice of acceptance somehow continues to build my faith and my resiliency. And so I practice, over and over again.

Warmly, Jeannie

SOUL MATTERS MONTHLY THEME: Renewing Faith

This month, we explore together the theme of renewing faith. To delve into this theme more deeply, check out this plethora of resources from this month’s Soul Matters Small Group Packet, which includes guided questions and activities alongside recommended readings, films, music playlists and more. These resources can be used on your own or you can join one of our Soul Matters Small Groups to engage with others.

Find this month’s packet here: [Renewing Faith](#)

To join a Soul Matters Group contact: minister@mnvalleyuu.org

One of the Soul Matters exercises this month is: Sometimes talking about faith can wind us in circles. Ultimately, our faith is too complex, visceral and personal to be easily shared. But some have cut through the complexity by attempting to sum up their faith using only six words. It’s a practice that clarifies and amplifies what matters most to us. Check out some 6-word faith statements and consider your own: <https://www.facebook.com/revjakebmorrill/posts/10203771525878015>

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Children, Youth and Family Ministry

Welcome to March!

This month's Soul Matters theme is Renewing Faith. One way we can renew faith is through promises: one way we define ourselves as UUs is by agreeing to be in covenant with one another. This shows trust! We can also renew faith in ourselves - by practicing trusting our own gifts, and relying on them in hard times. Take time this month to notice the simple gifts of life. As UUs we celebrate life's greatest gifts: love and gratitude. Trust in life's goodness. Lastly, we can renew faith by joining forces for the common good! This month we are partnering with Community Meals, Feed My Starving Children and more! What great ways to renew faith.

See You There,
Maria Bavier
MVUUF Children, Youth and Family Ministry Director



Community Meals Sunday, March 6th, 3:30-6:00 pm at Plymouth Congregational Church in Minneapolis. Sign up for this service opportunity: pack paper bags full of canned goods, veggies, fruits, fresh bread and two hot meals! Those who need it come and we may meet them (as we are comfortable). This is a great opportunity for our youth! And, most of the food is from grocery stores like Cub, Trader Joe's, and even Lunds and Byerly's (goods they were not able to sell), so bags often include baked goods and some great breads!

Feed My Starving Children Saturday March 12 at 4:30pm in Eagan, MN. Please sign up here to volunteer. We have volunteer spots for people ages 5+. For children K-2 we need a 1:1 adult child ratio. More info at www.fmssc.org.

Choice Children, Youth and Family Sundays March 13 and 27 We will have activities for all-ages in-person at MVUUF in the downstairs Fellowship/Social Hall.

Fire Gathering: Last year, youth really enjoyed meeting in the parking lot with a fire pit and time for conversation. Please check your email for dates, weather permitting.

Uni-Sun

Children, Youth and Family Ministry



What is MVUUF Mystery Friend Pen Pals?

It is a fun way for adults and children to get to know each other! This is an annual MVUUF tradition that dates back to 2000. ([adults and children sign up here](#))

How does it work?

All adults in the Fellowship are encouraged to sign up. They will be able to choose a “pen pal” name to use and will be provided with a real name and address for a child (ages 5 and older) who has also signed up. Starting Feb 20, 2022. Adults write letters to the children, asking questions about their likes, dislikes etc. Children write back, not knowing exactly who their pen pal is, but asking questions to try to figure it out. Parents will need to help children with the U.S. Mail. **Remember:** Children need parent’s permission before signing up. Children do not need “pen pal” names,

but are encouraged to choose one, if they would like. When you receive a letter, please respond.

When do I find out who my Mystery Friend is?

Everyone who signs up will meet at MVUUF on Apr 10, 2022 for outside snacks after the 10:30am service.

Our Whole Lives: Lifespan Sexuality Education

Honest, accurate information about sexuality changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives.

MVUUF has lots of youth who will be 7-9th grade next fall (2022)! Many of our previous OWL (Our Whole Lives) facilitators are those youths’ parents, so we need more people to become OWL facilitators. See this [website](#) for more information and the training dates/times. It is meaningful to have the facilitators who will be volunteering together train together. We are planning to train in May. Please email Maria@mnvalleyuu.org for more information.



Camp Unistar

When you are planning your summer vacation, consider Camp Unistar! MVUUF has a Camp Unistar Scholarship Fund! Please let Gabe or Maria know if you would like to apply.

Camp Unistar Scholarship Application

MVUUF is the only congregation to have its very own scholarship fund for members! Awards will be given to all who apply, with maximum awards being based on availability of funds and applicant volume. Award notifications via email will be given after week allotments are announced, and will be applied to the total remaining balance after deposit is sent. Please contact Gabe at youth@mnvalleyuu.org with any questions!

Apply to Camp Unistar by filling out the form here: <https://forms.gle/kLJMt65owaW4H4yv7>

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MUSIC AT MVUUF!

I renew my faith every morning when I begin my day with centering prayer time and rituals that include lighting a candle and copal, praying to the 7 directions, reading Joan Borysenko's "Pocketful of Miracles," doing my moon wheel, and writing in my journal. It's during this time that I find gratitude beginning a new day. I come back to this practice daily because it's a personal devotion to myself and keeps me grounded in gratitude. I know if I veer off too far from this practice, I'm bound to be veering from myself. This is how I renew my faith, a faith that's grounded in self-love and self-acceptance. When I renew my faith in myself, I am able to be of greater service to others. This is my faith and how I renew it. I feel blessed and grateful to the community at MVUUF who provides so many rich ways to be of service. ~Nicole

Music in March will feature our very own youth Omera Asif and Tom Ehlinger. Omera has been an active participant in our community and always has so many talents and gifts she shares with us. Tom has chosen music that has lyrics that open us to consider how we can connect with our faith, whatever that may be.

We're happy to announce that For the first time ever, **Music Sunday and the MVUUF Service Auction will be one wonderful event on March 20, 2022.**

Musicians are invited to hit melodic notes both high and low. MVUUF members are invited to pitch in donations and EVERYONE is invited to celebrate this special Sunday! This is a Sunday you don't want to miss! The auction starts at 9:30 for 45 minutes before the service. Start bidding then but check your bids after listening to the beautiful sounds of Music Sunday. Participate in some games and a raffle drawing. The bidding will continue after the service until 1 pm. If you can't make the silent auction in person be sure to do absentee bidding. After the auction closes we'll tally everything. What remains unsold will be offered starting Monday the 21st at 7 pm at fixed prices. More details to come.

Please contact Nicole to get into our Music Sunday program or for ideas on music selection. Please contact Lark Lewis with accompaniment needs.

There is still no clear path with group singing. Our music program leaders are always keeping an eye on when we can sing together.



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Save the date!

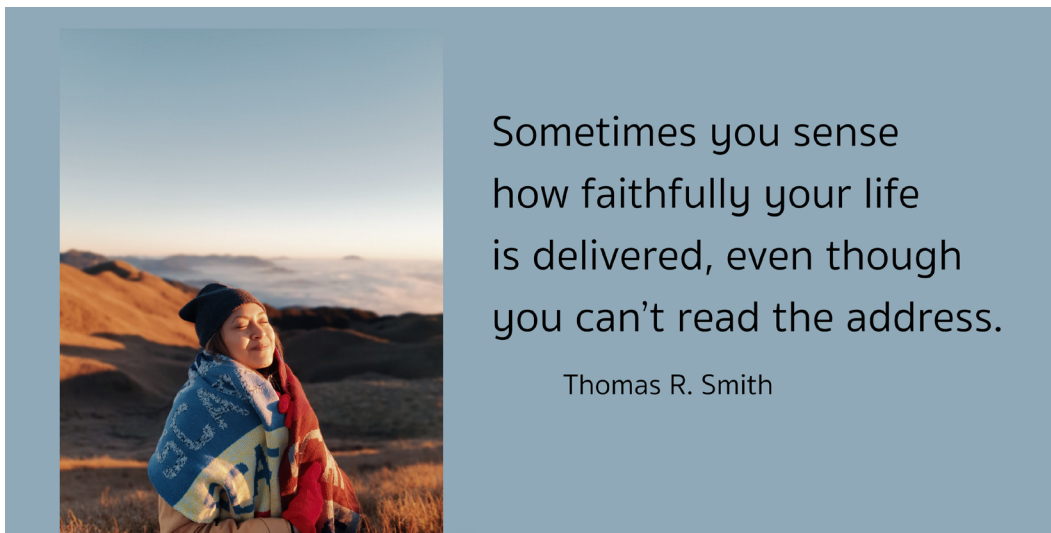
On **Friday, March 18, at 7 pm**, the MVUUF Racial Justice Committee will sponsor a screening of the film ReMembering: Singing Water, produced by One Voice Mixed Chorus. The film will be streamed on-line and, possibly, in-person as well at the Fellowship. The screening is open to all members and friends of MVUUF and anyone else you think might be interested.

ReMembering is a beautifully performed and produced original choral film created by One Voice in collaboration with Ojibwe leader, activist, and water protector Sharon Day; artist and puppeteer (Heart of the Beast) Sandy Spieler; Minnesota/Wisconsin based singer-songwriter Sara Thomsen; and features performances by Kymani Kahlil, Tara Tanağidan To Win, and the Ikidowin Youth Acting Ensemble.

Through story and song, the film explores Minnesota as a place of both home and exile for Indigenous people, LGBTQ people, and immigrants. Interconnected stories are brought to life through choral music, spoken word, animation, dance, and life size puppets. Watch the film trailer here -- <https://www.youtube.com/watch?v=o-MLDdfcX0g>

There is no charge, but we ask that you register so we know roughly the number of people who will be participating. To register (or if you have questions) email: tomehlinger@gmail.com.

Minnesota's own "One Voice Mixed Chorus" is one of the largest LGBTQ and straight allies community choruses in North America. Find out more about the film and One Voice at -- <https://www.onevoicemn.org/performances/past-events/events-2020-2021/remembering-singing-water/>



Sometimes you sense
how faithfully your life
is delivered, even though
you can't read the address.

Thomas R. Smith

Uni-Sun

New Member Spotlight

Hi! I am Andrea Anderson. I live in Savage with my husband Shawn, and our children, Megan, age 16 and Carter, age 12. When I'm not hanging out with my kids you can find me having coffee with my friends or planning my next adventure, big or small.



Hi. I'm Mary Tuttle. I live in Eden Prairie with my Husband, Carl and two cats, Stella and Luna. We are empty nesters with two young adult sons. I run a small online business where I make and sell jewelry on Etsy, and am a house-plant enthusiast. I enjoy simple, creative cooking and thrifting. I'm so happy to be a new member at MVUUF!

Hi. My name is Maureen Murphy. I moved from Cedar Falls, Iowa to Bloomington this summer. My son and family live in Prior Lake and I take care of my two-year-old granddaughter one day a week. I have a grandson arriving in August. I love playing pickleball and traveling. I've been a Unitarian for the past 40+ years and I'm so glad to be joining this fellowship.



Hi. I am Jan Plant. I live in Bloomington with my daughters and 2 cats. Currently, I'm unemployed and living the pre-retirement life. Living up to my name, I'm an avid gardener and love to read & travel.

Talking About Race

Talking about Race March 6th, 2021. 1:00-2:00 PM

Does the topic of race ever make you feel nervous, anxious, confused, uncomfortable, or defensive? When you encounter a racialized situation, are you ever uncertain about what to say and how to say it? If so, you're not alone. To create a society based on racial equity, we need to know how to talk about race openly and honestly. Each first Sunday of the month MVUUF will be hosting a one-hour meeting, "Talking About Race", It's open to all Members and friends. No homework, reading, preparation, or time commitment required. Just show up when you can with your thoughts, questions, concerns -- and a willing mind and open heart.



Meeting link -- <https://us02web.zoom.us/j/6128408905>. Questions: contact Tom tomehlinger@gmail.com

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Groups and Committees

Service Auction

For the first time ever, **Music Sunday and the MVUUF Service Auction will be one wonderful event on March 20, 2022.**

Musicians are invited to hit melodic notes both high and low. MVUUF members are invited to pitch in donations and EVERYONE is invited to celebrate this special Sunday!

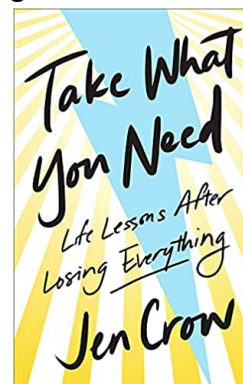
Two sure signs of spring are Music Sunday and the Service Auction. The auction will be open both before and after the service. Start bidding when you arrive but check your bids after listening to the beautiful sounds of Music Sunday. Participate in some games and a raffle drawing. The bidding will continue after the service. If you can't make the silent auction in person, absentee bidding will be available. After the auction closes we'll tally everything. What remains unsold will be offered during the next week at fixed prices. Watch for more details to come.



If you have questions please email us at mvuufauction@gmail.com or call Jean at 952-426-8059.

A good read

Jen Crow's transformation was triggered by a bolt of lightning. That jolt, which destroyed her home in a subsequent fire, forced her to consider what she really needed as she looked to rebuild her life. Take What You Need: Life Lessons after Losing Everything, opens new perspectives for all of us looking to understand the events of our life so we too can begin charting a course forward—one drawn from resilience and hope. Crow invites us to explore the expected and unexpected turns our lives can take—and all the ways we can pay attention to what we truly need to survive the painful moments and live a life of meaning. Survival guide, spiritual companion, and a light in the dark, Take What You Need offers hope, humor, and real-life spiritual tools to meet the hardest moments of our lives. Join us for an evening of stories and conversation with the author, as well as an opportunity to purchase a signed copy of this new book.



Jen Crow serves as Senior Minister at the First Universalist Church of Minneapolis. She is the founder of Wellspring, a Unitarian Universalist program of spiritual deepening used across the country. Her commitment to recovery, spirituality, transformative love, and authenticity is at the center of her life and work. She lives with her wife and two amazing kids in Minneapolis, Minnesota.

Book release at First Universalist. [Details here.](#)

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Groups and Committees

Racial Justice

The remarkable journeys of many American Black pioneers remain unknown to most Americans. Here are two inspirational stories, one about the first African American female physician and the second about the Black man who was the Kentucky Derby's first three-time winner.

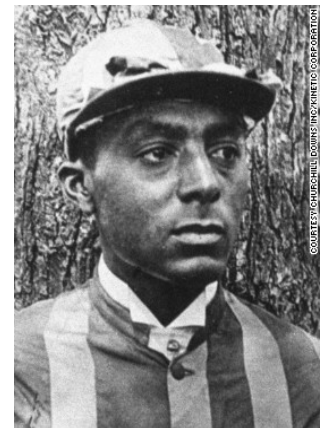
It is hard to appreciate what an accomplishment the 145-page treatise *A Book of Medical Discourses* represents. The title of this 1883 work is misleadingly modest. It was one of the first medical guides to offer advice for women and children. **Dr. Rebecca Lee Crumpler's** book was dedicated 'to mothers, nurses, and all who may desire to mitigate the afflictions of the human race. Dr. Crumpler was the first Black woman in America to earn a medical degree at a time when few African Americans were able to attend medical school and publish books about their work.



After serving as a nurse for eight years, Crumpler was accepted by New England Female Medical College, where she became the school's first and only Black graduate. During the Civil War, she served as one of the few Black women employed by the Freedmen's Bureau, where she helped minister to the medical needs of freed slaves.

Issac Burns Murphy was born into slavery in January 1861, two months before the inauguration of President Abraham Lincoln. His accomplishments remain obscured by a sport that was not ready for his celebrity or his blackness. Isaac was a jockey who read thoroughbred horses like Hank Aaron read baseball pitchers and dominated Churchill Downs like Tiger Woods dominated the Augusta Masters tournament.

Most jockeys dug into their mounts with a whip and a crouched, bullying stance, but the teen Murphy urged his charge forward with calming words. As others galloped ahead, he conserved his horse's stamina to press forward at the end of races. He won the Kentucky Derby for the first time in 1884, along with the Kentucky Oaks and the Clark Handicap that same year—a trifecta no other jockey has accomplished.



He won 530 of 1,538 races, a 34 percent rate that still dwarfs the greatest all-time official tallies in horse-racing record books. Murphy won his last Kentucky Derby in 1891—before retiring as the first jockey to ever win it three times. He died of heart failure in 1896 at the age of 35. Three months later, the Supreme Court upheld *Plessy v. Ferguson*, which confirmed the constitutionality of a Jim Crow law in Louisiana, paving the way for segregation efforts across the South.

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Groups and Committees

Stewardship

NEW BEGINNINGS

Stewardship is a communal effort where each of us shares our own energies, talents and resources in ways that make us happy. All of our contributions are important in the total effort that is so much greater than the sum of all of our parts.

What does MVUUF mean to you? What do you want to see happen today, that will have lasting effects in our MVUUF community, and in our wider communities' future?



Commitment Sunday occurred February 27. Our pledges power the engine that keeps MVUUF running and contributing to our community and to our world. I am happy to report that a good chunk of us have pledged already!

To pledge your commitment to MVUUF, please [click this link](#), which will take you to our online form. Also, packets have been sent to everyone for those who are more comfortable with a paper form. This packet includes information that will help you evaluate your meaningful contribution.

Sending you all warm thoughts during this up-and-down, at -times-very-chilly, early winter months of 2022.

Gratefully,

Your Stewardship team: Glenn Corliss, Steve Danko, Jeanne Simpson, Kelley Hughes

Do you ever wonder what inspires someone to give to MVUUF? Please click on the links below to hear Richard and Candice explain why supporting MVUUF financially is important to them.

[Richard](#): "I make it a goal to meet the Fair Share suggested amounts"

[Candice](#): "I have a place where I know I have people who are there for me and I can be there for them. I know it will be a steady rock."

Did you know that our staff, our programs, our building and, in fact, each one of us enriches MVUUF with our talent, time and treasure.



It's a circle of support and our collective pledges pay the operating costs and salaries. What we give, we get back. Thank you for your generous support.

Uni-Sun

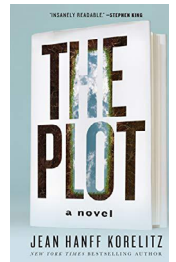
Groups and Committees

Evening Book Club

Disturbed by state of the world? Did the Olympics look like it used the crew from the Squid Game? Did you place a bet on whether Putin will start WWII? Has your Covid booster shot expired? Is the winter just too long? Time to escape in a book and we have some suggestions for you. Read all the books or just the current one and join us for a lively discussion.

Alternating fiction and nonfiction, our upcoming choices are:

- March 17, 2022, The Plot by Jean Hanff Korelitz
- April 21, 2022, The Constitution of Knowledge: A Defense of Truth, by Jonathan Rauch
- May 19, 2022, Gold Diggers by Sanjena Sathian



The Evening Book Group meets on the third Thursday of the month throughout the year at 7 PM. We continue to meet via Zoom because of the pandemic. The only requirement is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. Just let us know a head of time, so we can send you a Zoom invitation. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or text 952-210-1372 or email at joyceamcmartin@gmail.com.

Religion Ethics and Ideas March 31 7pm

Religion Ethics and Ideas will meet on Thursday March 31 at 7PM by ZOOM.

Our question will be what is (are) the best strategies for dealing with climate change. For example, should carbon taxes be preferred to “command and control” approaches. (“Fuel economy standards would be an example of command and control”). Should development of nuclear power be encouraged. Should Geo engineering strategies be seriously considered? On a more personal level should one only attend services by ZOOM to reduce one’s carbon footprint? Questions contact John Peloquin. John17780@charter.net



Join Zoom Meeting by clicking on link below

<https://us02web.zoom.us/j/87955966889?pwd=TUNJbTJGYXVXZ2ZmdXN4NDZld1MrUT09>

Meeting ID: 879 5596 6889

Passcode: 507181

Uni-Sun

Groups and Committees

Women's Group Saturday, March 5th 10:30

The program for the March 5 Women's Group will feature Dave Fabry, Chief Innovation Officer for Starkey Hearing Technologies. He will share with us information on the current and expected advances in hearing aids not just at Starkey, but throughout the industry. Mr. Fabry is an engaging speaker, and he has agreed to allow time to respond to questions. Since many of us currently have hearing issues or expect that we may develop them, this program should be of general interest. Therefore, all members and friends of the fellowship are invited to attend this virtual meeting.



As always, we encourage you to sign in to the meeting a few minutes early or stay for a few minutes after for social time. We realize that MVUUF is returning to in-person and hybrid gatherings before our meeting date, but we have decided to exercise extreme caution and hold one more meeting virtually. The two main reasons for this decision are: 1) Our speaker is only able to speak with us via Zoom, and 2) When we meet in person, we want to be able to include our traditional lunch together, something which increases possible COVID exposure. We are very hopeful, though, that we will be able to safely meet in person in April. In the meantime, we'll see you via Zoom on March 5.

Ameeting: <https://us02web.zoom.us/j/88523599562?pwd=VEVzcWlQTWhHVHljVGNNZzd6Zys0Zz09>. Meeting ID 885 2359 9562. If you're asked for a passcode, it's 377621. See you then.

Men's Group Thursday, March 10th 7pm

Men's Group will meet on Thursday March 10 at 7PM by ZOOM. Ben Horowitz will be our speaker; his topic will be Child Care in Minnesota. Ben is well qualified to speak on this topic. As a Project Director in the Minneapolis Federal Reserve Bank's Community Development and Engagement Division he and his colleagues have written extensively on the topic. He will talk about childcare: availability, cost, quality, impact on parental labor force participation, and public policies affecting childcare.

Questions contact John: John17780@charter.net

Join Zoom <https://us02web.zoom.us/j/87895828816?pwd=T01rbnJLMXFpCWdURDd1YVBiWXg3Zz09>
Meeting ID: 878 9582 8816

Uni-Sun

Groups and Committees

Fitness with Fran

Fitness class at MVUUF

We're back inside the fellowship building for fitness class!
Classes will be 4:30-5:30 on Mondays and Wednesdays.

There is no fee. Attendees are encouraged to make a donation to MVUUF when you can. This class has evolved into a hybrid of yoga, strengthening, and stretching and all are welcome, all genders, ages, and abilities.



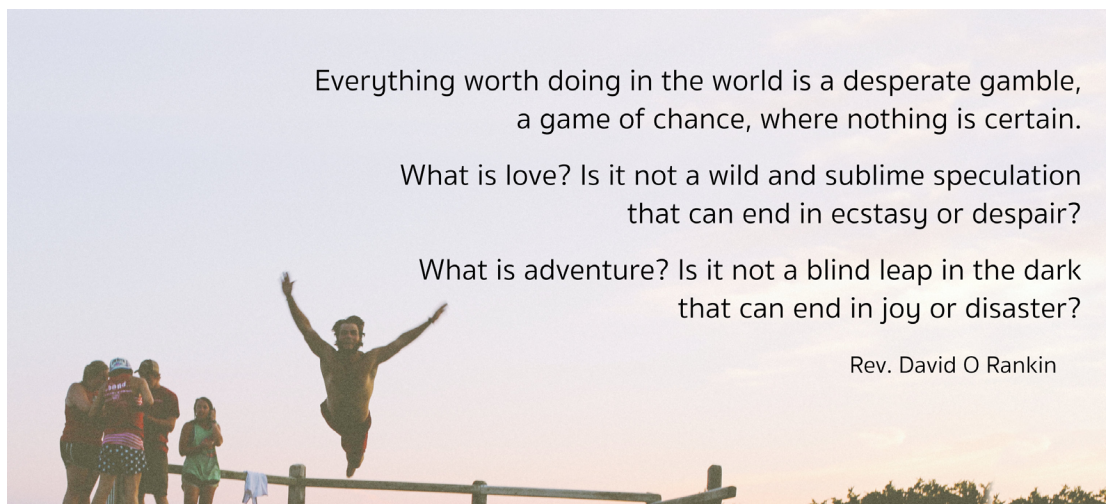
Invite your friends who are not members of MVUUF.

Please note--there is NO FITNESS class on Wednesday, March 30th.

Men's Lunch

For some time now, a group of mostly retired MVUUF guys has been meeting informally for lunch at noon on the 4th Thursday of the month. Since we are still dealing with Covid, we have switched back to a zoom "lunch". We hope to get back to in person soon.

If you would like to be added to the list of guys that get monthly reminders and the needed zoom information email DonPark at donfpark@comcast.net. He can easily add you to the list.



Everything worth doing in the world is a desperate gamble,
a game of chance, where nothing is certain.

What is love? Is it not a wild and sublime speculation
that can end in ecstasy or despair?

What is adventure? Is it not a blind leap in the dark
that can end in joy or disaster?

Rev. David O Rankin

Uni-Sun

MVUUF SCHEDULE

SUNDAY SERVICE 10:30am: Weekly Sunday services are hybrid. You may participate in-person, on zoom or livestream on YouTube. Please check website for YouTube link. <https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346 Please check the website, Friday emails and the Uni-Sun for all the MVUUF events

SUN 27	MON 28	TUE Mar 1	WED 2	THU 3	FRI 4	SAT 5
<ul style="list-style-type: none"> 10:30am Sunday S 10:30am CYF Choi 	<ul style="list-style-type: none"> 4:30pm Gentle yog 		<ul style="list-style-type: none"> 9am Richfield Bras 4:30pm Gentle Yog 6pm MA - Marijua 			<ul style="list-style-type: none"> 10:15am Women's
6	7	8	9	10	11	12
<ul style="list-style-type: none"> 10:30am Sunday S 1pm "Let's Talk Ra 3:30pm Communit 	<ul style="list-style-type: none"> 4:30pm Gentle yog 	<ul style="list-style-type: none"> 7pm finance 7pm Finance Com 	<ul style="list-style-type: none"> 4:30pm Gentle yog 6pm MA - Marijua 7pm Board of Trus 	<ul style="list-style-type: none"> 7pm men's group 	<ul style="list-style-type: none"> 10am Sabbatical M 	<ul style="list-style-type: none"> 4:30pm FMSC Ega
13	14	15	16	17	18	19
<ul style="list-style-type: none"> 10:30am Sunday S 10:30am CYF Choi 	<ul style="list-style-type: none"> 4:30pm Gentle yog 	<ul style="list-style-type: none"> 6:30pm Membersh 	<ul style="list-style-type: none"> 4:30pm Gentle yog 6pm MA - Marijua 7pm CoSM Meetin 	<ul style="list-style-type: none"> 5:30pm Congregat 7pm Evening Book 		<ul style="list-style-type: none"> Set up Service Auct
20	21	22	23	24	25	26
<ul style="list-style-type: none"> Service auction 10:30am Sunday S 	<ul style="list-style-type: none"> 4:30pm Gentle yog 	<ul style="list-style-type: none"> 7pm Widening Circ 	<ul style="list-style-type: none"> 4:30pm Gentle yog 6pm MA - Marijua 6:30pm Soul Matte 	<ul style="list-style-type: none"> 12pm Guys Lunch 		
27	28	29	30	31	Apr 1	2
<ul style="list-style-type: none"> 10:30am Sunday S 10:30am CYF Choi 	<ul style="list-style-type: none"> 4:30pm Gentle yog 		<ul style="list-style-type: none"> 4:30pm Gentle yog 6pm MA - Marijua 	<ul style="list-style-type: none"> 7pm REI 		<ul style="list-style-type: none"> 10:15am Women's

WE ARE:

ALL CONNECTED
 STRONGER TOGETHER
 LOVE'S HANDS IN THE WORLD
 CALLED TO CREATE JUSTICE
 RESPONSIBLE FOR ONE
 ANOTHER AND THE EARTH

USA ORG/IMAGES

Uni-Sun

Board, Committees and Staff

BOARD OFFICERS OF THE FELLOWSHIP AS OF 7/1/2021

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Chair-elect & Board Member	Myra Basar	301-379-9210 gratitude30@hotmail.com
Secretary & Board Member	David Olson	952-888-6527 olson199@umn.edu
Treasurer	Kelley Hughes Richard Duffin	treasurer@mnvalleyuu.org

BOARD WORKGROUPS

Haniff Property	Doug Bruce, Mark Clary, Steve Danko, Eva Mach
Covid-19	Rev Laura Thompson, Myra Basar, Jeanne Simpson, Richard Duffin, Kelley Hughes

MVUUF STANDING COMMITTEES AS OF 7/1/2021

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Trustee & Board Member	Eve Bergmann	612-597-7915 bergmann11@aol.com
Trustee & Board Member	Kelley Hughes	952-451-6376 uukelley@hotmail.com
Trustee & Board Member	Holly Bruce	952-897-0970 holly-bruce@comcast.net

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The deadline for UNI-SUN is the 20th of each month. Submit articles to office@mnvalleyuu.org