



SUMMER SCHEDULE: See Summer Sunday Service schedule, themes and leaders on pages 2-4

Are you interested Adult OWL programming? Please take the survey on page 13

Summer 2023
Volume 58 Number 10

Summer 2023: Delight

Here is what I am putting in my Box of Delight for summer:

Face full-in the lilac bush and the early blooming trees.
Breathing deeply until I am drunk on the deepest contentment.

The sweetness packed into our small, short-growing-season strawberries
Half are for jam making, the others don't make it that far
And, oh rhubarb!
Puckery, tart slabs of pie and bowls full of crisp
slathered in cream
for breakfast!

Gitchi Gami, the great lake
Lupines and loons are calling,
gold flecks of sunlight dancing on the water
and the magic moonlight casting
as many diamonds
on the dark water
as there are stars in the sky

Friends, around the game table
around the fire
at the festival
on blankets
on the cool grass
dipping toes in the water

Frog songs and cricket songs
Road trip playlists
so much laughter
a symphony of morning birdsong
the sound of my own breathing slowing down

What is in your Box of Delight for the summer?

See you Sunday,
Rev. Laura



Unitarian Universalist Association GA 2023

Live from General Assembly
Join us at MVUUF for the following
live-steamed events:

Service of the Living Tradition

Thur. 6/22, 6:30-8:30

2023 Ware Lecture: Imani Perry

Sat. 6/24, 6:30-7:30

Becoming the People Our World Needs

Sun. 6/25 10-12:30



MVUUF is a liberal religious congregation guided by democratic principles whose mission is to engage members in a shared quest for spiritual and intellectual growth leading to lives of service, compassion, and justice.

Sunday Services

June 4th: Beauty Calls Us Together: Flower Ceremony 100th Anniversary



Every year at this time, Unitarians and UUs across the globe celebrate with a service called Flower Communion, Flower Gathering or Flower Ceremony. This tradition was developed by Rev. Norbert Čapek, founder of the Unitarian Church in Czechoslovakia, in 1923 and popularized by his wife Rev. Maja Čapek. Join us for this centennial celebration featuring special music and a video from Rev. Dr. Petr Samojský, of the Prague Unitarian Congregation in the Czech Republic. And don't forget to bring a flower from home to participate in a ritual flower exchange!



June 11th: Question Box Sunday

Our UU faith calls us to be curious. The search for truth and meaning is not a place we arrive at, but an endless practice of curiosity. This service will be a lot of fun as we explore life's big and even small questions in the spirit of keeping us all curious. Send questions ahead of time to minister@mnvalleyuu.org or ask them live during the service online or in-person.



June 18th: I Don't Trust Stairs. They're Always up to Something: Dad Joke Sunday

What do you call a beehive without an exit? Unbee-leavable! It's Dad Joke Sunday!! Dad jokes are a rare art form deserving of our thanks and praise. This morning we will share some good ones and consider how the humbling, and often absurd, actions of parenting are improved with goofy jokes.



June 25th: UUA General Assembly Sunday: Ever Willing: Becoming the People Our World Needs

The pandemic has wrought change and created uncertainty for institutions, like our Unitarian Universalist congregations, and our wider world. Who and what are we becoming, individually and collectively? Our GA Sunday service explores these themes as we gather in community to celebrate the best of who we UUs are. We will be live-streaming this service at MVUUF from GA in Pittsburgh. Join us, as we join UUs from across the country! Please note the time; this service runs from 10-11:30 CDT.

Sunday Services



July 2nd and July 9th: Lay-led service. TBD.
Watch the weekly email or website for details



July 16th: Rest as Resistance

We often think of rest as something we do to recover from working, so that we can get back to work. Many of us work so hard that we can do little more at the end of the day or week but collapse onto the couch. We work most of our lives hoping to reach those golden years of retirement with our bodies and minds still intact. In our culture, we treat rest as a reward for hardwork. What other ways can we look at rest and how might we shift our thinking to value rest as much as we do work. Rev. Laura Thompson



July 23rd: Loneliness: led by Patrick Westcott



July 30th: Celebrating the Early Harvest

Lúnasa is an official Irish holiday and Gaelic festival marking the beginning of the harvest season on August 1st. It is mentioned in some of the earliest Irish literature and has pagan origins. Many among us locate our indigenous roots with the Gaels or the Celts. Let's take a look at this ancient seasonal celebration and enjoy the fruits of the early harvest. Rev. Laura Thompson

Sunday Services



Aug. 6th: No regular Sunday service. Waldo Asp Memorial



August 13th: Heritage Sunday

This will be the first in a series of 4 services throughout the year that celebrate our UU history and heritage. This morning we will hear stories of some of the black pioneers in this predominantly white denomination. How can we learn from their experiences as we strive to grow into our dream of anti-racist, multi-racial, multi-cultural religious community? Rev. Laura Thompson



August 20th: Lay-led service. TBD. See email or website for details



August 27th: Joy as Resistance

There is so much anxiety, fear, and worry living inside and around us in these chaotic times. Creating intentional joy through resistance is a way to help increase our resiliency and secure sustainability – so we can continue our work in creating the better world we know is possible. Rev. Laura Thompson



Uni-Sun

Letter from the Board Chair

Hello dear members –

Well, with the annual meeting wrapped up and one final board meeting to lead in June, my time as Chair is rapidly coming to a close and it is time for me to say farewell with my final Uni-Sun letter. And I just want to say THANK YOU!

Despite some pretty challenging situations to deal with as a board, I learned so very much about the strength, determination and commitment that exists in this congregation. I saw the deep support in the pledges to the Mind the Gap campaign and the increased pledge amounts during the stewardship campaign. I saw the phenomenal turnout for the auction not only in terms of the time it took to plan but also what you contributed and what you purchased. I saw all of the volunteers who put their hearts and souls into bedding drives, community nights, Music Sundays, services while Laura was on sabbatical and ongoing offerings like meditation, yoga, and writing for spiritual exploration. I saw ALL of the work our many committees did, especially Nominating, Stewardship, Finance, Operations and Congregational Care. I saw us come together to say goodbye to members and friends in celebration of life services. I saw volunteers give countless hours to our youth through one of the largest OWL sessions in some time. I saw staff bring passion and commitment to their roles in an effort to best serve our congregation and the success of our Fellowship now and in the future. I saw visitors seeing the results of all of these efforts and everything that MVUUF has to offer, and deciding to join us on the journey.

As I mentioned in the Annual Meeting, it feels like we are finally emerging from a very long, cold winter and we are poised and ready to flourish and bloom. So many of you have been doing the hard work of tending to this fellowship all this time and getting it ready for its renewal. Together, we can meet the financial challenges of our current budget and continue to grow and prosper for many more seasons to come. As Steve said at the meeting, volunteering on a committee or for some other activity truly is a way to get to know others throughout the congregation and to build the bonds that support us individually and collectively. But, there are many more ways to tend the garden. For instance, if you have ideas for marketing or fundraising efforts, please share with a member of the staff or the board. If you know someone looking for a space to rent for meetings or activities, connect them to Jeannie. If you have connections that would donate items to our auction, contact one of the committee members to let them know. WE collectively are what makes Minnesota Valley Unitarian Universalist Fellowship a special place to be part of and I truly cannot thank all of you enough for all you do and for trusting me to hold the role of chair this past year.

Special thanks to Jeannie for putting up with my always late submissions. To Steve Danko and the finance group for their work on the budget and to David Olson for all his guidance putting the annual meeting together. In so many places, I didn't know what I was doing and there was always someone there to help.

And that leads me those I need to thank the most - my fellow board members – Kathleen, Carla, Kelley, Holly, Eve and Jody and our Treasurer Richard for all of the effort, energy, care (and extra hours!) you all put into serving with me this year. Doing it alongside you made the tough stuff manageable. Thank you for all of your thoughtful commentary, your passion for this fellowship and your support when I needed it most. I am truly blessed to know each of you.

I can't wait to see what grows and flourishes for us all going forward.

Much Love,

Myra, Board Chair

Uni-Sun

Sunday Sharing Partner

Families Moving Forward and Ukrainian Refugee Project

Summer Sunday Sharing

***Families
Moving
Forward***
 Beacon
UNITARIAN UNIVERSALIST CHURCH

June
**FMF supports
local families in
transitional housing**

July - August
**Support for
Ukrainian families
settling in the
Twin Cities**



Help Support Ukrainian Refugee Families

Members of the Social Action and Racial Justice Committee have been working over the last month or so with members of First Unitarian Society and Dakota Unitarian Universalist on a team to welcome Ukrainian refugees. This work is being coordinated by First Unitarian working with the sponsoring agency, Alight (formerly the American Refugee Committee). We are one of three teams, each team working with a different Ukrainian family.

The team is actively fundraising for this work. If you feel compelled to help financially with this family, or would like to get involved more, please reach out to Nan Corliss (ncorliss41@aol.com) or John Chlebeck (johnchlebeck@gmail.com).

Read more about how to help on page 12.

Uni-Sun

Communications & Administration

Hello friends,

Ah, summer! My favorite time of year. I love having my windows open to summer breezes, seeing the rhubarb in the yard reaching up to greet the sun, pulling mint from the garden for a mojito, and lying in the hammock as night descends. I could fill this space with all the delights of summer that I am looking forward to enjoying.

Every summer I make a list of things I want to experience during summer because the time goes so fast. I have a giant Post-it on my dining room wall. It makes me smile to see my list of summer desires and what I've done, even if it is just lying in the hammock and watching the sunset.

It's also wonderful to change the pace. Spring at MVUUF was so busy! Between Service Auction, Stewardship, Our Creative Community, Writing as Spiritual Exploration, not to mention all other aspects of the communication, administration and bookkeeping aspects of my position, it's been a very busy 2023. So I am taking a big relaxing summertime breath! Breathe in joy, breathe out stress. Breathe in delight, breathe out tension.

I will keep my regular office hours *mostly*. Feel free to stop in and say hi. But if you need to see me just call or email to ensure I am in the office. I will take some time off -- maybe some long weekends here and there. And, of course, the big family camping trip with my son and family in August (no broken leg this year, please!).

I hope you are filling your lungs with summer breaths of relaxation as well.

Warmly,

Jeannie

jeannie@mnvalleyuu.org



SOUL MATTERS MONTHLY THEME: Delight

This month we explore the theme of creativity. To delve into this theme, check out the plethora of resources from this month's [Soul Matters Small Group Packet](#), which includes guided questions and activities, recommended readings, films, music playlists and more. Rev Laura runs a drop in Soul Matters group. You can also join Writing as Spiritual Exploration where we write on current monthly Soul Matters themes but from a different curriculum. Please find more on page.

The Soul Matters packet ask some interesting questions about delight. How would you answer?

- Who taught you the most about cultivating delight?
- At this stage of your life, which do you long for the most: delight, joy or happiness?
- Has delight ever been a form of resistance for you?

Find this month's packet [here](#).

Uni-Sun

Children, Youth and Family Ministry



Welcome to Summer! Our Soul Matters' theme is Delight. What better way to delight in summer than with bubbles?! Bubbles represent the surprise, the whimsy and the fantastical aspects of delight. They pop, float, and reflect rainbows. We want you to bubble over with fun and delight this summer!

As we bring this MVUUF and Soul Matters year to a close, we want to express our gratitude for inviting us to travel with you. We are deeply grateful for the work of the Widening the Circle Research Team and their contributions of stories and activities which meet our goal of including and being guided by ARAOMC (Anti-Racist, Anti-Oppression, Multicultural) resources. We are also deeply grateful for the RE Brainstorm Crew who shared their wisdom and insights as well as their laughter each month. It has been a delight to be in the Sharing Circle. May you feel deeply the gift and delight of children, your family and this congregation!

This past month we had an amazing celebration of Our Creative Community. Youth presented the play Thespis that explored the idea of individuality. Do we all want to follow directions all the time? Or do we want to think critically and strive for creating a world community with peace, liberty and justice for all? The youth did an exceptional job memorizing lines, working together and performing!

Eric Grady, one of our CYF volunteer teachers, presented a juggling routine complete with music.



Thank you to Linda Hayen for directing Thespis, to Nicole Collins for event planning and music, to David Olson for the photography and everyone who participated!

If your children/youth have any school or extra-curricular events they would like me to attend this summer or next year please send me an invite.

Sunday, June 4 is Flower Communion. After worship service, MVUUF is hosting a potluck at Hyland Lake Park Reserve Lakeview Room. It will be a youth reunion with time to eat, play at the Chutes and Ladders Playground, walking trails, fishing pier, volleyball court, and nature.

August 20 is CYF Summer Sunday Outside ~ We will have a bubble machine, a picnic, a famous Unitarian Universalist scavenger hunt and a welcome rock painting art project. Join us at 10:30am at MVUUF - outside! (If the weather is rainy, we can celebrate summer inside.)

Uni-Sun

Children, Youth and Family Ministry

I have lots of big ideas for the upcoming 2023-2024 year including a Crossing Paths curriculum for our Junior and Senior High Youth. Crossing Paths is an entry into studying different religions and seeing how they relate to Unitarian Universalism.

I am thrilled that some of you have volunteered to help plan visits to other places of worship! In addition to Crossing Paths, MVUUF youth will participate in a Social Action project (like helping the Animal Humane Society) and Field Trips (like meeting at an Escape Room).

Our elementary children will explore social action through a Harry Potter themed curriculum. We will mix in some Soul Matters Activities and a year-long social action project of their choosing. Our 4th and 5th graders may also become chalice lighters as part of their CYF year. Our Nursery through Preschool aged children will be using our Soul Matter's Curriculum and play-based learning.

All programming will take place on Sundays from 10:30-11:45 a.m. unless it is a field trip or Community Night. Note that this 2023-2024 Children, Youth and Family Ministry programming encompasses Religious Education, Junior Youth Group and Youth Group. [Registration](#) is Open! [Volunteer Sign-Up](#)

If you have any questions or comments about MVUUF programming this past year please don't hesitate to contact me or Rev. Laura. We are open to suggestions for improving our programming!

Maria Bavier
Family Ministry Director, Credentialed Religious Educator
maria@mnvalleyuu.org
Pronouns: She/Her/Hers



It doesn't mean a thing
if you ain't got that swing.

Duke Ellington



Uni-Sun

MUSIC AT MVUUF!

Thank you to everyone who participated and came to OCC; Our Creative Community Event. I'm still buzzing thinking of it and have so much gratitude for the offerings that were made. We have a wonderfully creative community at MVUUF.

Thank you also to everyone who participated in our music program this year. We had so many participants, from seasoned professionals to our youngest beginner learners; classical to gospel; traditional choral to paperless; instrumental to a capella. My goal this year was to have a wide variety of genres and styles to meet the needs of our community. You all helped make that happen.

Please stay tuned for the September Uni-Sun for next year's music program details.

As the season is winding down, I look forward to spaciousness in my schedule with the hopes of vast openness in time and space and to find time to rejuvenate. I imagine reading endlessly in my hammock in the yard, camping with my new (used) pop up camper, bike rides, gardening, and nature! I will also check out our local music and arts scene and likely go to my favorite spots and activities. Here's a few of them:

A Concert with Vocalessence, Melanie Demore, and WITNESS~

WITNESS: Leading with Love March 17, 2024, 4 PM

Beloved vocal activist, soulful singer, and composer Melanie DeMore returns to Minnesota using her music as what she calls "a weapon of mass connection." Featuring music by Damien Geter, Marques Garrett, Joel Thompson, and songs from the African diaspora, WITNESS: Leading with Love is the place to hear Melanie and VocalEssence share the world premiere performance of an extended work co-created through conversation and stick-pounding workshops with Twin Cities community members. This impassioned call for the revival of love, the rebirth of peace, and the emergence of a community where violence ceases will challenge us all to "put one foot in front of the other and lead with love." ~[Vocalessence.Org](https://vocalessence.org)

A play at The Guthrie Theater~Into The Woods

Once upon a time, Cinderella pines to make a cameo at the ball, Jack (of beanstalk fame) tends to his pet cow, Little Red Riding Hood sets off toward grandmother's house and a baker and his wife discover they are barren, thanks to a curse from the neighboring witch. They all head into the woods and embark on remarkable journeys that include falling in love, slaying a giant, facing off with a wolf and more. Just when all wishes appear to be granted, a stray magic bean sprouts a second stalk and the giant's vengeful wife disrupts everyone's happy ending. Featuring beloved music and classic fairy tale characters, this heartfelt musical explores what happens after "happily ever after."

[Guthrie Into the Woods](https://guthrietheater.org/into-the-woods)

Uni-Sun

Music at MVUUF

Annual Mahkato Wacipi Pow Wow, Held at Dakota Wokiksuye Makoce (Land of Memories Park) Mankato, Minnesota September 15th-17th, 2023

The Mdewakanton Association provides an avenue for bridging the gap in Indian-White relations in the Mankato area. The purpose of the Association is:

- To create a climate for positive interaction between Mdewakanton Dakota and non-Dakota people.
- To learn about and promote an understanding of the Mdewakanton Dakota culture.
- To contribute to a broader understanding of Mdewakanton Dakota people and their contributions to this community's development.

As a means of realizing these purposes, the Mdewakanton Association has for many years co-sponsored and helped organize events with the Dakota communities that have allowed descendants of the 38 Dakota to feel comfortable in returning to their ancestral home. ~<https://www.mahkatowacipi.org/>

Stewardship 2023-24

We are at 78% of our pledging goal. Definitely making steady progress. Our success depends on your pledge. If you haven't yet pledged, please know that we will still gladly accept your pledge. If you haven't yet joined or are visiting but want to support MVUUF now is a good time to show your support. You can pledge online or in person at the Fellowship. There is a pledge station on the table by the Sanctuary doors.

To all those who have pledged: We are so grateful! Your pledges keep the lights on and the activity humming!

We are nearing the home stretch. If you have any questions about pledging or about the Annual Meeting we had in May, please reach out.

What can we do to help?:

- Do you need a Pledging Packet? Let Jeannie know. office@mnvalleyuu.org
- You can easily pledge online here <https://mnvalleyuu.org/donate-3/>
- You don't have to be a member to pledge! Pledging friends are very appreciated!
- Need help filling out your pledge or setting up an automatic deduction? Ask Jeannie.
- Want to understand the Stewardship process or the budget? You can talk to a board member or staff to find the right contact.

GOAL: \$240,000



Uni-Sun

Social Action/Racial Justice

Support for Ukrainian Refugee

Members of the Social Action and Racial Justice Committee have been working over the last month or so with members of First Unitarian Society and Dakota Unitarian Universalist on a team to welcome Ukrainian refugees. This work is being coordinated by First Unitarian working with the sponsoring agency, Alight (formerly the American Refugee Committee). We are one of three teams, each team working with a different Ukrainian family.



One of our team co-leaders has offered up her home in South Minneapolis for the family, and the team has chosen a family to work with. The family includes a couple and an 8-year-old daughter. Their home in Dnipro has been destroyed as I understand it, and they left Ukraine to get away from the war. They traveled to Poland and are now in Georgia (the country). The team has submitted the needed applications for each family member to come to the US under the Uniting for Ukraine program, which will allow them temporary status for two years. They will likely arrive in Minneapolis in 2-3 months.

The team is actively fundraising for this work, and we need your support. If you feel compelled to help financially with this family, or would like to get involved more, please reach out to Nan Corliss (ncorliss41@aol.com) or John Chlebeck (johnchlebeck@gmail.com).

First Unitarian has set up an account to be a fiscal agent for funding the sponsorship of all three families. Donations will go to First Unitarian with a note (or check memo line) stating "UU Ukraine Project". Checks can be made out to: First Unitarian Society with "UU Ukraine Project" in the Memo

Send the contribution to:
First Unitarian Society of Minneapolis
900 Mount Curve Ave,
Minneapolis, MN 55403

Thanks for your consideration.
-John

Uni-Sun

Adult OWL

Did you have a healthy, whole sexuality education that included joy, spirituality, meaning and connection throughout your entire life as it changed?

Hmmm... not many of us did.

Our Whole Lives, Adult, is a comprehensive, holistic sexuality curriculum for adults. This program is comprehensive and progressive, addressing sexuality with candor, sensitivity, and respect for adult life experience. OWL does this for all age ranges because sexuality is not only for the adolescent or the young. It is for everyone, at every stage of life.

The workshops offered at MVUUF will be led by two Adult OWL trained Facilitators: Eve Bergmann and Kaizen Hummer.

We are planning a monthly, two (2) hour workshop starting in October 2023 and ending in May 2024 for a total of 7 sessions. We ask for a commitment from participants to attend all 7 sessions for group cohesiveness.

Group size will be a minimum of 6 and a maximum of 15 (with some flexibility based on interest level). The day and time of the monthly workshop will be based on the results of this ANONYMOUS survey: <https://www.surveymonkey.com/r/XK7NFRT>.

Please complete this survey so we can determine the level of interest.

The OWL Adult program was designed and written by trained professionals in many fields related to sexuality.

For more details on the program, please contact Eve or Kai and check out the UUA OWL information on the website here. [Our Whole Lives: Lifespan Sexuality Education | UUA.org](https://www.uua.org/our-whole-lives/lifespan-sexuality-education)



Please place clean, dry and "stretchable" plastic here.

Also accepted: bubble wrap and bubble wrap envelopes with labels cut off

**No food tainted plastic bags
No plastic wrap**



Uni-Sun

Groups and Committees

Finished until fall

Most MVUUF groups are on break throughout summer. Most committees and the Board continue to meet. Check in with your committee chair if you have questions. Please see below for a list of groups that won't meet again until further notice.

Meditation Group
Men's Group
Women's Group
Yoga with Fran
Writing as Spiritual Exploration
REI (meets in June and then on break)

REI June 29th at 7pm

Artificial Intelligence (AI) Promise or Peril

Religion Ethics and Ideas will meet by way of ZOOM (see link below) on Thursday June 29 at 7PM. The topic question will be: Artificial Intelligence (AI) Promise or Peril? All are invited to attend.

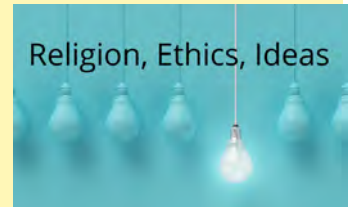
Questions? Contact John Peloquin

<https://us02web.zoom.us/j/82725474240?pwd=dzhsNGNhTCtxZy9pNjkzamlkTzhmUT09>

Meeting ID: 827 2547 4240

Passcode: 623930

Religion, Ethics, Ideas



We're only here for a minute.
We're here for a little window.
And to use that time to catch and share
shards of light and laughter and grace
seems to me the great story.

Brian Doyle



Uni-Sun

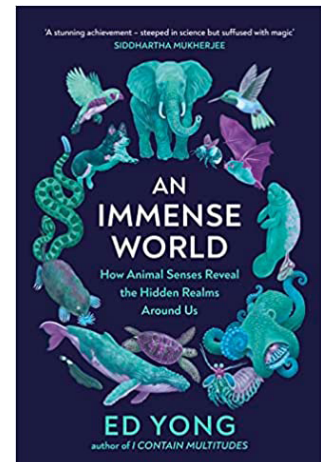
Groups and Committees

Evening Book Club

The Evening Book Group continues to meet throughout the summer. Outdoor reading is the best! Stocking up on vitamin D while increasing your knowledge or going on an adventure vicariously is the best. We think that the only thing better than actual reading is discussing the books you have already read. Select a book to read from our list and join us for lively conversation.

Alternating nonfiction with fiction as is our tradition, our upcoming choices for discussion are:

- On June 15, 2023, *The Silent Patient* by Alex Michaelides
- On July 20, 2023, *An Immense World: How Animal Senses Reveal the Hidden Realms Around Us* by Ed Yong
- On August 17, 2023, *In the Beauty of the Lilies* by John Updike
- NO MEETING IN SEPTEMBER
- On October 19, 2023, *Of Boys and Men: Why the Modern Male is Struggling, Why It Matters, and What to Do About It* by Richard V. Reeves
- On November 16, *Trust* by Hernan Diaz



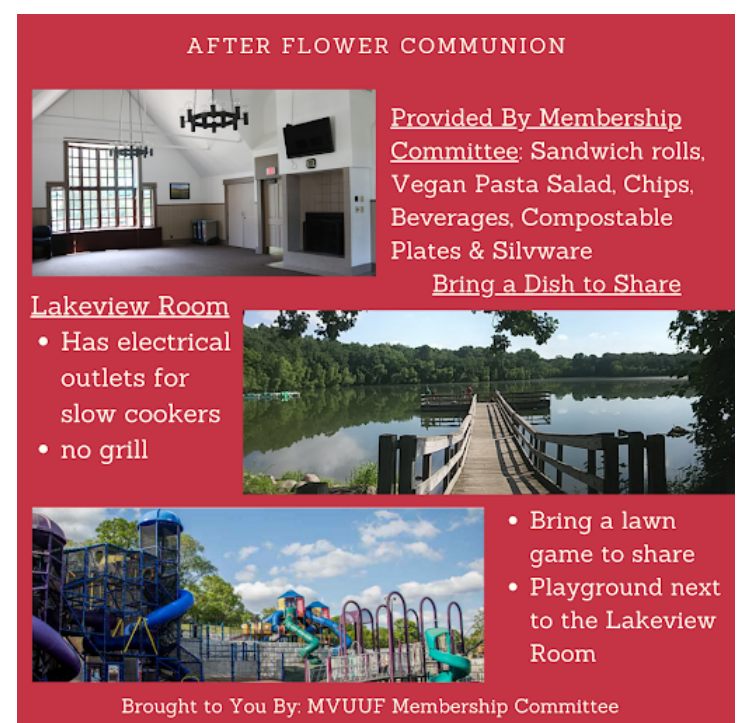
The Evening Book Group usually meets on the third Thursday of the month throughout the year at 7 PM.

PLEASE NOTE THAT THERE IS NO MEETING IN SEPTEMBER. The only requirement to attend is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. We may meet in person as the situation allows. The location of meetings might vary, but we can be accommodating. If you wish to attend a discussion let us know a little ahead of time so we can let you know the location, or send you a Zoom invitation. We welcome newcomers! Questions? Call Joyce McMartin at 952-942-7143 or text 952-210-1372 or email at joyceamcmartin@gmail.com.



Uni-Sun

Good things!



Uni-Sun

MVUUF Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 10:30am - Sunday	29 2:45pm - Nicole	30 11am - Nicole Voice 3:15pm - Nicole	31 3:30pm - Nicole 6pm - MA -	1	2 11am - Uke Jam -	3
4 10:30am - Sunday 11:30am - Picnic Hyland Park Reserve	5 10am - Soul Matters: 2:45pm - Nicole	6 3:15pm - Nicole 4pm - CoSM Meeting	7 3:30pm - Nicole 6pm - MA -	8	9 10am - Needlework	10
11 10:30am - Sunday	12 2:45pm - Nicole	13 10am - Needlework 11am - Nicole Voice 3:15pm - Nicole 7pm - Needlework	14 3:30pm - Nicole 6pm - MA - 7pm - BoT Meeting	15 5:30pm - 7pm - Evening Book 7pm - Needlework	16 11am - Uke Jam -	17
18 10:30am - Sunday	19 2:45pm - Nicole	20 10am - Needlework 3:15pm - Nicole	21 3:30pm - Nicole 6pm - MA -	22	23	24
25 10:30am - Sunday	26 2:45pm - Nicole	27 10am - Needlework 11am - Nicole Voice 3:15pm - Nicole	28 3:30pm - Nicole 6pm - MA -	29 7pm - REI on Zoom	30 11am - Uke Jam	1

Uni-Sun

MVUUF Service Schedule

SUNDAY Service is at 10:30am. Services are multi-platform. You may join us in person, on Zoom or you can livestream on YouTube.

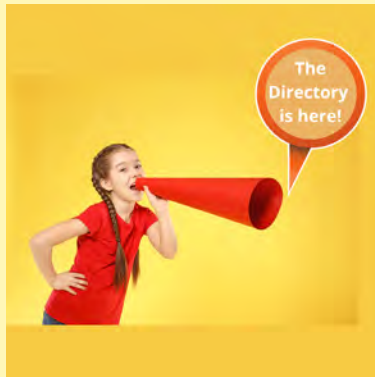
<https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

Please check the [website](#), Friday emails and the above content of the Uni-Sun for all the MVUUF events

If you would like to volunteer to help as a Greeter, Usher or treat-bringer, here is a [link to sign up](#).

The latest Covid guidelines are available online and on page 2 of this newsletter.

Church Directory



Are you a member of MVVUF?

Would you like a directory of Fellowship members?

Email Jeannie at office@mnvalleyuu.org for an electronic or hard copy directory.

WE ARE:

ALL CONNECTED

STRONGER TOGETHER

LOVE'S HANDS IN THE WORLD

CALLED TO CREATE JUSTICE

RESPONSIBLE FOR ONE
ANOTHER AND THE EARTH

Uni-Sun

Board, Committees and Staff

BOARD OFFICERS OF THE FELLOWSHIP AS OF 7/1/2022

Chair & Board Member	Myra Basar
Chair-elect & Board Member	Kathleen Coate
Secretary & Board Member	Carla V. Ries
Treasurer	Richard Duffin

BOARD WORKGROUPS

Covid-19	Rev Laura Thompson, Myra Basar, Jeanne Simpson, Richard Duffin, Kelley Hughes
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MVUUF STANDING COMMITTEES AS OF 7/1/2022

Committee	Chair/contact(s)
Adult Education and Enrichment	Rev. Laura Thompson
Aesthetics	Karen Olson
Archives	Kathy Eager
Congregational Care	Emily Kampa
Committee on Shared Ministry	Barb Gilliland
Endowment	Bob Boucher
Finance	Steve Danko
Membership	Eric Grady
Music	Barb Becker
Nominating	Linda Hayen
Operations	Mark Clary
Religious Education	Maria Bavier
Social Action & Racial Justice	John Chlebeck
Stewardship	Kelley Hughes
Technology	Richard Duffin

BOARD TRUSTEES AS OF 7/1/2022

Trustee & Board Member	Eve Bergmann
Trustee & Board Member	Holly Bruce
Trustee & Board Member	Jody Gray
Trustee & Board Member	Kelley Hughes
Trustee & Board Member	

MVUUF

952-884-8956

10715 Zenith Ave South

Bloomington , MN 55431

mnvalleyuu.org

Minister

Rev. Laura Thompson

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Uni-Sun Item Submission Information

The deadline for UNI-SUN is the 20th of each month.
Submit articles to **office@mnvalleyuu.org**