



DECEMBER SCHEDULE: See Sunday Service schedule, themes and leaders on pages 2

See MVUUF December events on page 4
Local Holiday concert listing on page 8

December 2023
Volume 59 Number 4

December 2023: The Gift of Mystery

Welcome to the Gift of Mystery

We live in a culture that loves to conquer mysteries. For us modern folks, the unexplainable is simply a lock to be picked, a code to be cracked, a puzzle to be figured out. But what if mystery isn't just something to solve? What if it's also something to be listened to?

This is the lesser recognized call of our faith. "Yes," it says, "Stay skeptical, continue to question and seek answers. But at the same time, leave space for life to speak!" One of the most elegant articulations of this comes from the poet Mary Oliver. In her beloved poem, Wild Geese.

Oliver's call to listen for life's mysterious announcements implies a letting go. Mystery is funny this way. You can't make it speak. Indeed, often the more you pursue the meaning of life's mysteries; the more distant it becomes.

*Whoever you are, no matter how lonely,
the world offers itself to your imagination,
calls to you like the wild geese, harsh and exciting -
over and over announcing your place
in the family of things. -Mary Oliver*

If we want mystery to speak, it seems we have to be willing to put down the pursuit and open ourselves to being caught off guard. UU humanist minister and poet, David Breeden, captures this beautifully.

Slipping, and then falling into the sky. Is there a better way to describe our dance with mystery? Isn't this what all the great mystics have been trying to tell us from the start? That sitting at the heart of mystery is not the unknown, but unity. We fall into the mysterious oneness of life and then it falls into us. Its

voice whispers, "I am you and you are me." Simply put, mystery doesn't put up barriers; it dissolves them. Haven't all of us faced the wonder and mystery of a sunset, the stars, a baby's first cry or a lover's wet kiss and thought to ourselves, "My God, who I am does not end at the barrier of my skin!"

And it's not just words of connectedness, but comfort too. We find ourselves crushed by the weight of the world, so we take a walk in the woods, watch the waves kindly caress the shore, stare into the night sky or stumble on the smile of a stranger. And often, but not always, we hear the world gently sing, "It will be ok. In fact, it is all already ok!" have fluttered to your feet.

So friends, this month, let's let mystery work its magic. Let's allow ourselves to fall in and be opened up. Let's slip into the sky and let it slip into us. Let's set the sleuthing down, for just a moment, and simply listen. We can't wait to hear what the world whispers back.

*I dug and dug
Deeper into the earth
Looking for blue heaven
Choking always
On piles of dust rising
Then once
At midnight
I slipped
And fell into the sky
-David Breeden*



MVUUF is a liberal religious congregation guided by democratic principles whose mission is to engage members in a shared quest for spiritual and intellectual growth leading to lives of service, compassion, and justice.

Sunday Services

Dec. 3rd: Let the Mystery Be:



Theoretical physicist, Richard Feynman, wrote, “I think it’s much more interesting to live not knowing than to have answers which might be wrong. I have approximate answers, and possible beliefs, and different degrees of uncertainty about different things, but I am not absolutely sure of anything.” How can we live more comfortably in a life that does not give us all of the answers? Rev. Laura and Kaizen Hummer

Dec. 10th: Light that Prevails: Hope in Times of Destruction



In the midst of Hanukkah, we turn our attention to the promise of light to overcome the darkness. Guest speaker Hanna Yaffe will be joining us via Zoom all the way from Jerusalem to share stories that bring the light of hope when we are in the midst of war and destruction. With special music from the MVUUF choir.

Dec. 17th: A Very UU Christmas Carol



Bah Humbug! UUs don’t have anything to do with Christmas...or do we? Join us for this new take on a familiar story with the usual cast of characters. You won’t want to miss this joyous tale! Rev. Laura, Tom Ehlinger, Sarah Collins, Leslie Swenson, Patrick Westcott and a host of others bring this Dickens classic to life

Dec. 24th: Christmas Eve Traditional Songs & Stories



Join us as we celebrate the birth of hope with stories about a family, shepherds, angels, wise kings and practical queens. Invite your family and friends! Services at 10:30am and 5pm

Dec. 31st: Ring Out the Year!



Join us as we celebrate the birth of hope with stories about a family, shepherds, angels, wise kings and practical queens. Invite your family and friends! Services at 10:30am and 5pm

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Letter from the Board Chair

If you've been in the services the past couple weeks, you know how much I love cookies. So far, I've agreed to share them with the coffee hour downstairs, but I can't wait until December 17th when I can just buy my own!! The thought of seeing a variety of baked goods makes me so happy - especially after we passed around the clipboard and so many of you signed up to bring goodies! And of course, we will have some crafts and fine arts for sale as well, some from our members, and some from local crafters who will be renting tables downstairs to promote their own talents (many of whom have graciously agreed to share a portion of their profits with MVUUF.)

Because we are still facing a budget deficit for the 2023-24 year, all fundraising efforts are crucial to our financial stability. (Members will hear more details about our current budget status in an upcoming letter, and you can also review our emailed Board of Trustees meeting minutes and monthly Treasurer's Reports to follow our budget status.)

Along with fundraising efforts, community outreach and marketing of our fellowship community are foundational goals toward aligning our values with our stability. For all of these reasons, please mark your calendars for Sunday, Dec. 17th, 1-5pm. Hope to see you there!

3 main goals of the Holiday Bazaar



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December Holiday Events

**CHRISTMAS EVE
AT MVUUF**

*traditional
carols & stories*

*Sun. Dec. 24th
10:30am
5pm*



**A VERY UU
CHRISTMAS
CAROL**

**Sunday
December 17th
10:30 am**



RING OUT THE YEAR!

A special musical service featuring the
Richfield Brass Ensemble
Sunday December 31st at 10:30am



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Communications & Administration

Hello Friends.

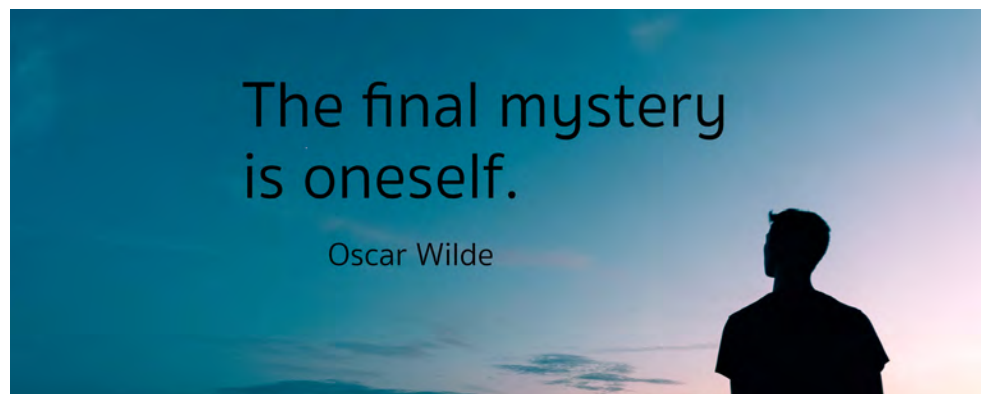
The Writing as Spiritual Exploration November class was so lovely. We read fabulous poems, delved into intriguing discussions, and wrote our own reflections based on prompts and poems we'd read. I was so inspired by the depth of the writings and discussions as well as participants' willingness to be present and brave in their exploration. If you are curious about the poems and prose we read, please let me know and I will email you a packet.

The next Writing as Spiritual Exploration will be in January. The date is yet to be determined. The theme for January is Liberating Love. That sounds like a juicy topic to read and write about. I look forward to those discussions. The workshop is hybrid, but I encourage attendees to come in person if possible.

Even though I use the Soul Matters' themes, the WASE curriculum is completely my own. So if you do a Soul Matters group you won't find this redundant. Also, even though I am poet, we read both poetry and prose and participants write in whatever form they are most comfortable.

I always break the 1.5 workshop into 2-3 sections to look at the theme from different angles. There are 2-3 writing examples from reflective, inspiring poets/writers for each section. This will give a rich foundation for in-class writing. I have prompts and suggested exercises for each section too. Where attendees choose to wander with these suggestions/prompts is open. Sharing is optional but WASE participants in the past have found it meaningful in digging deeper into the theme.

If you are interested in learning more, please reach out me. Jeannie@mnvalleyuu.org



SOUL MATTERS MONTHLY THEME: The Gift of Mystery

To delve into this theme, check out the plethora of resources from this month's [Soul Matters Small Group Packet](#), which includes guided questions and activities, recommended readings, films, music playlists and more. Please find more information about Soul Matters groups on page 4.

The Soul Matters packet ponders some good questions about Generosity. How would you answer?

- As you've grown older, has life seemed to have more or less mystery in it?
- What's the most unprovable thing you've placed your faith in?
- Have you ever heard silence speak?

Children, Youth & Family Ministry

Unitarian Universalist
Service Committee

SPAGHETTI LUNCHEON

Sunday,
December 3rd
11:30 am

Kid's Night!!

AKA PARENT'S NIGHT OUT

SAT. 12.9.23 4:30-8PM




INVITE YOUR FAMILY & FRIENDS!

DINNER, CRAFTS & ACTIVITIES

SUGGESTED DONATION
\$10/CHILD
\$20/FAMILY

REGISTRATION ENCOURAGED

Two great events coming up!

Guest at Your Table is the Unitarian Universalist Service Committee's annual intergenerational program to raise support for and awareness about critical human rights issues. It is the UUSC's longest-established fundraising and educational program for congregations. This year – focusing on the theme Pursuing Liberation – we are highlighting leaders from UUSC partner organizations [HERE](#).

Kid's Night!! Have you wanted to go shopping without your child(ren)? Register for the MVUUF December 9th Kid's Night: [Here](#). Share the registration link with family and friends!

Children, Youth and Family Ministry Calendar for 2023-24 Program Year

Date	Schedule
12/3	CYF Sunday: Nursery/Preschool in Classroom #4 Elementary in Classroom #1 and Middle and High School Youth Group in Classroom #3 Spaghetti Luncheon for UU Service Committee at Noon
12/9	Kids' Night at MVUUF, 4:30-8pm
12/10	CYF Sunday
12/17	Multigenerational Worship Service - <i>A Very Unitarian Universalist Christmas Carol</i>
12/24	Multigenerational Worship Service
12/31	Multigenerational Worship Service
1/7	CYF Sunday

Programming continues through May 2024. Please check future newsletters for calendar updates. Thank you! Questions/Comments: cyl@mvvalleyuu.org

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Children, Youth & Family Ministry

December's theme is mystery. It's pretty mysterious how mindfulness works. Consider a window, pretty ordinary, right? But, if we touch it with a magic wand of mindfulness we turn it into a mysterious miracle. Now we are asking questions about that window and wondering about the mystery of how sand becomes glass. Cool! We will have art supplies to make your own wand just outside the sanctuary throughout December.

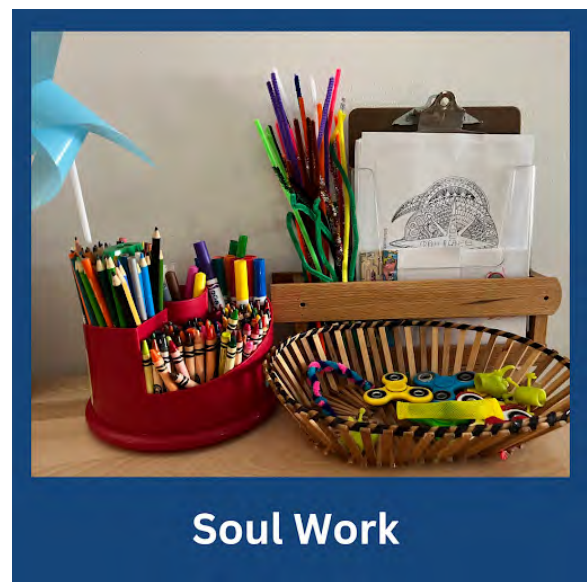
We have several children participating in "A Very UU Christmas Carol" written originally by Charles Dickens and adapted by Rev. Dan Schatz, and further adapted by Rev. Laura Thompson for our congregation's performance directed by Linda Hayen! Come on Sunday, December 17 for the 10:30 worship service and theater event. Immediately following, shop the MVUUF Bazaar: crafts, gifts, and baked goods galore!

All programming will take place on Sundays from 10:30-11:45 a.m. unless it is a field trip or Community Night ([CYF Calendar Link](#)). [Registration](#) is open!

Maria Bavier

Family Ministry Director, Credentialed Religious Educator maria@mnvalleyuu.org

Pronouns: She/Her/Hers



Soul Work

The MVUUF Middle and High School Youth Group studied and explored Judaism and Christianity this past month. They asked thoughtful questions and it turns out they knew a lot about these religions! I am so pleased that we are creating meaningful connections with our neighbors as part of the [Crossing Paths Curriculum](#).

Also, notice the new Soul Work table outside of the sanctuary. We invite you to use these resources in support of a calm body and focused mind during worship. For example: Coloring can be a fantastic spiritual practice! As you color, try letting yourself relax into the repetitive movements as a form of moving meditation, rest in the beauty of the colors, or focus on the smell and feel of the coloring tools you have chosen. Any craft material can become a tool for spiritual practice, if you set your intention that way. For example, as you bend and twist and create art with pipe cleaners, try focusing on how the material feels against your fingers. Let your movements be repetitive or free flowing.

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MUSIC AT MVUUF!

Holiday Concerts featuring members and friends

Edina Chorale

Saturday, December 2nd, 7:00pm
Calvin Christian Reformed Church
5300 France Ave. South, Edina

[Tickets](#)

Angelica Cantanti Youth Choir with the Bloomington Symphony Orchestra Quartet

Sunday, December 3, 2023
1:30pm Concert featuring Con Brio, Concert Choir, Treble Singers and Cantanti Singers
4:00 pm Concert featuring Cantabile, Concert Choir, Treble Singers and Cantanti Singers
Ordway Concert Hall
345 Washington Street, St. Paul, MN 55102
Doors open 30 minutes before each concert
No tickets required. General seating.
Donations welcome.



Angelica Encore Concert and Silent Auction

Friday, December 8, 2023 at 7:30pm
Christ the King Lutheran Church
8600 Fremont Ave South, Bloomington
\$10.00 for all ages/seats-Available to purchase at door.

Bloomington Chorale

December 15th, 7:30, December 16th, 4:00
The Schneider Theater
1800 West Old Shakopee Road, Bloomington

[Tickets](#)

Giving Voice, Alzheimer's Choir

Friday, December 15th, 11am
Meetinghouse Church
6200 Colonial Way, Edina
Free admission, donations welcome

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Stewardship 2023-24

The Game Night on Saturday, November 11 had a fun turnout of people who enjoyed Steve's delicious traditional meat chili, Suzanne's delectable chicken chili, and Rev. Laura's taste bud-tantalizing white bean and pumpkin chili. Candace's savory cornbread muffins were heart-warming as an accompaniment. Mostly adults attended, and most played "Clue" and "Operation."

OTHER UPCOMING ACTIVITIES:

Holiday Bazaar

Stewardship members Candace Mahowald and Suzanne Scribner collaborate with Board members Jody Gray and Kathleen Coate (Board Chair) in the upcoming Holiday Bazaar on Sunday, December 17 from 1PM – 5PM. It's an event of crafts, baked goods, and fine arts. Tables are for rent! A play is also in the mix. Contact Candace or Suzanne, or any Board member, for more information.

Winter Retreat

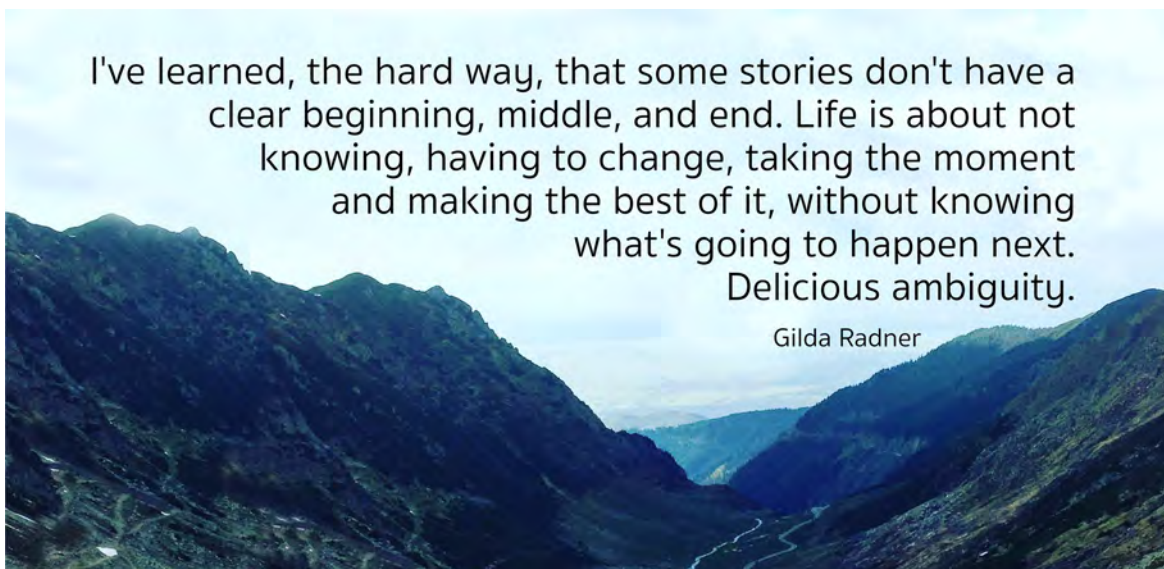
Our Stewardship Team is planning a winter retreat to include massages, a possible sound bath, and possible gourmet food. Stay tuned!

Would you like to help with these and other Stewardship activities?

Our congregation's membership is slowly recovering from the significant losses brought about by effects of COVID and normal attrition. There are many ways to volunteer, and your help would be much appreciated.

Contact any of us, or Rev. Laura, if you would like to know more: Steve Danko Emily Kampa, Candace Mahowald, Suzanne Scribner

Kelley Hughes, Stewardship Chair



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Groups, Committees & Events

Social Action Racial Justice

The Social Action and Racial Justice Committee is wrapping up a productive year and looking forward to more adventures in 2024.

We are always seeking input if you want to stop by one of our meetings, or feel free to reach out to John Chlebeck: johnchlebeck@gmail.com.

Some things we have discussed involvement in include: additional refugee sponsorship, advocacy related to our asylum system, affordable housing advocacy with Beacon and other community partners, managing MVUUF's Welcoming Sanctuary status and activities, and seeking out ways to reduce our environmental footprint. We are also responsible for vetting Sunday Sharing partners, and will be discussing options for 2024. Let us know if you have any recommendations or suggestions.

Our committee will meet on Jan. 7 after the service in the Fireside room.

We are hosting the Community Night in January and hope to see you there.

Bring your plastics to MVUUF and recycle with Ridwell!

Ridwell picks up on the first and third Mondays. For December that means December 4th and 18th. You must have your recyclables in their proper bag by Sunday December 3rd and/or December 17th directly after the service.

MVUUF members and friends can now bring in the following items for recycling; plastic bottle caps, batteries, light bulbs, and old keys. January's featured item is holiday lights. Be sure to bring in lights that don't work or you no longer need. No rope lights, please.

Please your items in the appropriate bag inside the box on the lost and found shelf by the front door. Additional information about what can be included is on the front label of the box.



We can make a difference! Small acts make big impacts.

If you have any questions about Ridwell, the pilot program or our recycling, please contact Jeannie at office@mnvalleyuu.org.

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Groups, Committees & Events

Sunday Sharing Partner

December Sunday Sharing Partner

RECLAIM is a local nonprofit that supports the mental health of queer and trans youth with therapy. They offer community trainings, education and outreach to local partners to increase their competency in working with queer and trans people. Find more information at: reclaim.care

December Sunday Sharing Partner



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Learn more at reclaim.care

Men's Group December 14th at 7PM

Goodwill Easter Seals

Men's Group will meet on ZOOM at 7PM on Thursday December 14. Our speakers that evening will be Keith Brooks and Nick Adams both in management positions at Goodwill Easter Seals (GES). Nick Adams is the Retail Stores Senior Director and Keith Brooks is the Senior Director for Services and Programs. They will give us an overview of what GES does in the community. I am certain that all are aware of their retail stores (47 in MN and Western WI), but probably less aware of their programs that promote job readiness, job training and employment. They will tell us about how donations to their retail operations benefit the community and fund their job service programs.

All are invited and welcome to attend regardless of gender. Questions contact John Peloquin.

<https://us02web.zoom.us/j/81677821608?pwd=clhQSjRKOHFDUWZLaTRaMUtuWXVtZz0>

Groups, Committees & Events

Women's Group Saturday Dec 2nd

Saturday, Dec 2nd 10:30-12:30

Our December program will give us all an hour of relaxation and enjoyment at this busy time of year. We'll hear from six of our area's talented ukelele players--our own Karen Olson and five other especially talented members of the Ukelele Jam group she belongs to. The group rents space at MVUUF twice a month for Friday practice sessions, and all those who've heard them say that we're in for a treat. They'll share a wide variety of songs with us, including some sing-a-longs.



After the program, we'll have a very short business meeting followed by lunch. Attendees can either bring their own lunch or buy the catered lunch for \$8.00. Please notify our co-chair Kathy Eager (kathy@darrelleager.com) no later than Tuesday evening, November 28 if you'll be coming and if you'll be purchasing the catered lunch. If you want the boxed lunch, please also let Kathy know whether you want a chicken salad sandwich or an egg salad one.

Also, we're looking for someone who will take over the job of treasurer of our group. If you're good with numbers and have a little free time, Carolyn Halverson, our current treasurer, will be happy to train you. Just email Kathy Eager at the email address above to let us know if you're willing. This would be just a one or two-year commitment.

Finally, you don't need to be a dues-paying member of our group to attend a meeting or two. Friends and newcomers to MVUUF are also welcome. We hope to see you on December 2 so we can begin to get to know you better!

Holiday Bazaar December 17th

We are so excited about this! Mark your calendars and don't miss out on the goodies and goods. This event is a fundraiser for MVUUF and is made fantastic by you! Here is how to help:

[Donate](#) baked goods, homemade candies or handcrafted items to be sold by MVUUF

[Volunteer](#) to help at the event

[Share this event on Facebook](#)



Groups, Committees & Events

Evening Book Club

The Evening Book Group continues to meet and discuss a fascinating selection of books. We try to make choices that will generate thought and spark discussion. Our upcoming list, alternating fiction and nonfiction, follows:

December 21, 2023, ***A Guide to the Good Life: The Ancient Art of Stoic Joy*** by William B. Irvine

January 18, 2024, ***Darkness at Noon*** by Arthur Koestler

February 15th, 2024, ***How the Elites Ate the Social Justice Movement*** by Fredrik DeBoer

NO MEETING IN MARCH

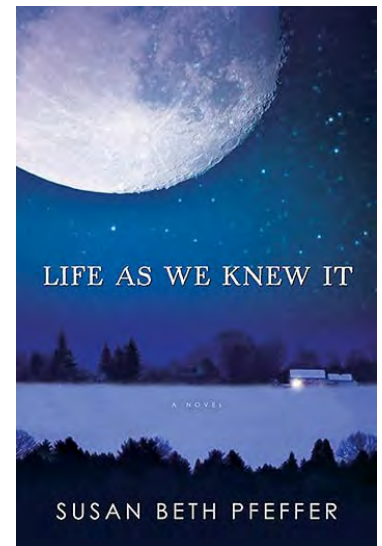
April 18, 2024, ***Life as We Knew it*** by Susan Beth Pfeffer

May 16, 2024, ***The Second Brain: The Groundbreaking New Understanding of Nervous Disorders of the Stomach and Intestine*** by Michael Gershon, MD

June 20, 2024, ***This Tender Land*** by William Kent Krueger

July 18, 2024, ***The Wager: A Tale of Shipwreck, Mutiny and Murder*** by David Grann

August 16, 2024, ***The Natural History*** by Andrea Barrett



D.

The Evening Book Group usually meets on the third Thursday of the month throughout the year at 7 PM.

PLEASE NOTE THAT THERE IS NO MEETING IN MARCH.

The only requirement to attend is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. Let us know a little ahead of time so we can send you a Zoom invitation. We welcome newcomers! Questions? Email Joyce McMartin at joyceamcmartin@gmail.com or text at 952-210-1372 or leave a message at 952-942-7143.

MVUUF TAXI SERVICE

Going to the airport or need help getting to an appointment? Call the MVUUF Taxi. This service has been around since 2002. It's not only helpful, it also creates extra income for the Fellowship.

The MVUUF Taxi operates by members giving other members rides to the airport or wherever they need to go. Then the receiving member donates to MVUUF what they would normally spend on a cab, Uber or Lyft. It is a painless way to support the Fellowship and has been very successful

Are you interested in participating? We are looking for riders as well as additional drivers. Please contact Jeannie, office@mnvalleyuu.org or Steve Danko, 612-978-2587 to arrange for a trip or to volunteer.

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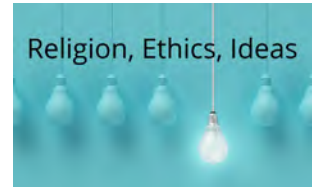
Groups, Committees & Events

REI December 28th at 7pm

Religion, Ethics and Ideas will meet on Thursday, December 28 at 7:00 on ZOOM.

Topic is still to be determined. Please watch the Friday email for topic and Zoom links. If you have any questions please contact John Peloquin.

Religion, Ethics, Ideas



YOGA Now on Zoom

Motion is Lotion

We meet Mondays and Wednesdays from 4:15-5:15 on Zoom.

<https://zoom.us/j/3953901346> meeting ID: 395 390 1346

Following are the dates for December: 4, 6, 18 and 20.

So sorry there are only 4 classes in December. It's a busy month of concerts, holiday, and driving to FL!

The classes consist of stretching, strength-building, flexibility, right/left brain work and balance practice for all. You are encouraged to go at your own pace and to do only the pos-es/movements that suit you and your needs. Have a yoga mat and strap, wear loose, comfort-able clothing, and come prepared to move and have some fun.

NOTICE: This is a very active, moving and stretching class, with lots of up and down—on the mat, standing and back onto the mat. Though chairs are used, this is NOT a chair yoga class.

We love visitors—you don't need to be a member of MVUUF, AND, there is no fee, we just ask that you make a donation to the fellowship.

Fran Bohlke is your instructor. Questions? Please email Fran — bryawnte@msn.com



Uni-Sun

Groups, Committees and Events

UU Christian Fellowship at MVUUF

The MVUUF chapter of the **UU Christian Fellowship** meets on the 4th Sunday of the month at 3:30pm on Zoom. No December meeting but please join in January if interested.

Join the meeting here:

<https://us02web.zoom.us/j/3953901346>


Contact Rev. Laura (minister@mnvalleyuu.org) for more info.

MVUUF meets diverse spiritual needs; let us know how we can help meet yours.



unitarianuniversalist
CHRISTIAN FELLOWSHIP

freely following jesus



GRIEF

/grēf/ noun

a strong, sometimes overwhelming emotion for people, regardless of whether their sadness stems from the loss of a loved one or from another form of loss.

*Grief Support Circle
1st Wednesdays at 10:30am
Fireside Room*




The Plastic Bag Recycle Project

Please place clean, dry and "stretchable" plastic here.
Also accepted: bubble wrap and bubble wrap envelopes with labels cut off

No food tainted plastic bags
No plastic wrap



MINNESOTA VALLEY
UNITARIAN UNIVERSALIST
FELLOWSHIP



It's strange to be here.
The Mystery never leaves you alone.

John O'Donohue

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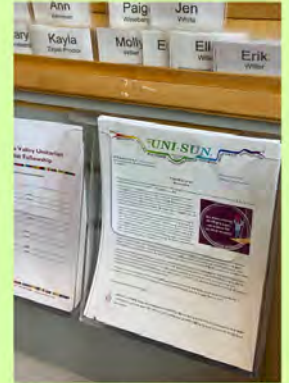
Other important info

We need your MVUUF keys!

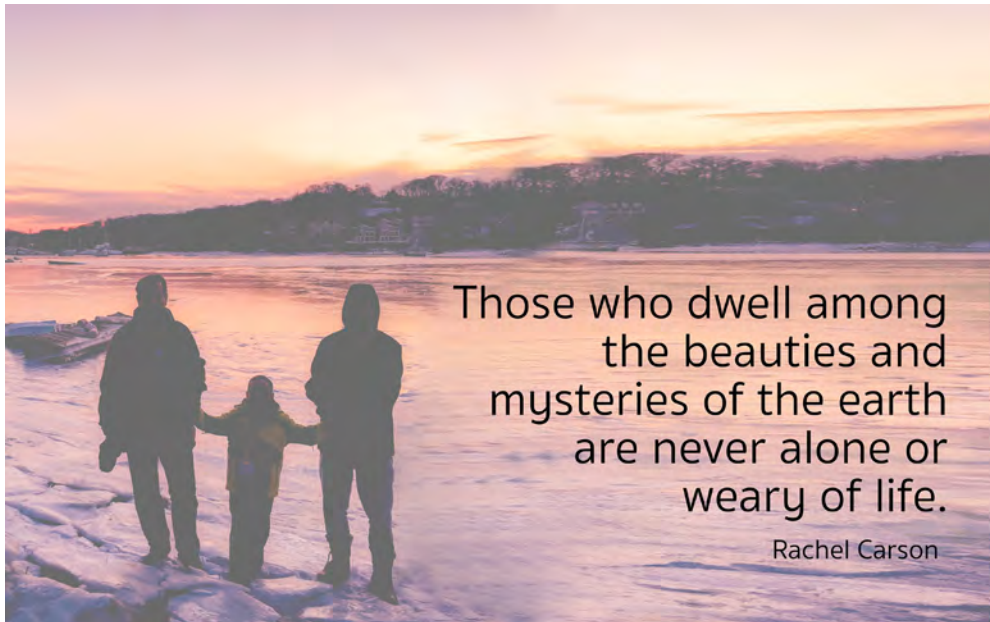


Do you have an MVUUF key that you don't currently use? Please check your old keys and return any MVUUF keys to the office. The keys are expensive to have copied and we are very low. Thank you.

Uni-Sun print copies



**Would you like a hard copy of the Uni-Sun?
Let Jeannie know and she can mail it to you.
Also print copies of the current month are
available on the wall by the name tags**



Those who dwell among
the beauties and
mysteries of the earth
are never alone or
weary of life.

Rachel Carson

Uni-Sun

MVUUF Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 10:30am - Sunday 11:30am - Potluck 3:30pm - UU	27 2:45pm - Nicole 3:30pm - CoSM 4:15pm - Yoga on	28 10am - Needlework 11am - Nicole Voice 3:15pm - Nicole 7pm - NWG evening	29 9:30am - Richfield 3:30pm - Nicole 4:15pm - Yoga 6pm - MA -	30 7pm - REI	1 11am - Uke Jam -	2 10:15am - Women's Group
3 10:30am - Sunday 11:45am - Spaghetti	4 2:45pm - Nicole 4:15pm - Yoga Zoom 7pm - Stewardship	5 3:15pm - Nicole	6 10:30am - Grief 3:30pm - Nicole 4:15pm - Yoga Zoom 6pm - MA -	7	8 10am - Needlework	9 4:30pm - Kid's Night
10 10:30am - Sunday 12pm - Eve/Kai OWL	11 2:45pm - Nicole 6pm - Uke Jam	12 10am - Needlework 11am - Nicole Voice 3:15pm - Nicole 7pm - Needlework	13 3:30pm - Nicole 6pm - MA -	14 7pm - BoT Meeting 7pm - men's group	15 11am - Uke Jam -	16
17 10:30am - Sunday 1pm - Holiday Craft	18 10:30am - Soul 2:45pm - Nicole 4:15pm - Yoga Zoom	19 10am - Needlework 3:15pm - Nicole	20 3:30pm - Nicole 4:15pm - Yoga Zoom 6pm - MA -	21 5:30pm - 7pm - Evening Book 7pm - Membership 7pm - Needlework	22	23
24 10:30am - Sunday	25 2:45pm - Nicole 3:30pm - CoSM	26 10am - Needlework 11am - Nicole Voice 3:15pm - Nicole 7pm - NWG evening	27 3:30pm - Nicole 6pm - MA -	28 12pm - Guys Lunch 7pm - REI on Zoom	29 11am - Uke Jam	30
31 10:30am - Sunday	1 2:45pm - Nicole 7pm - Stewardship	2 3:15pm - Nicole	3 10:30am - Grief 3:30pm - Nicole 6pm - MA -	4	5 11am - Uke Jam -	6 10:15am - Women's

Uni-Sun

MVUUF Service Schedule

SUNDAY Service is at 10:30am. Services are multi-platform. You may join us in person, on Zoom or you can livestream on YouTube.

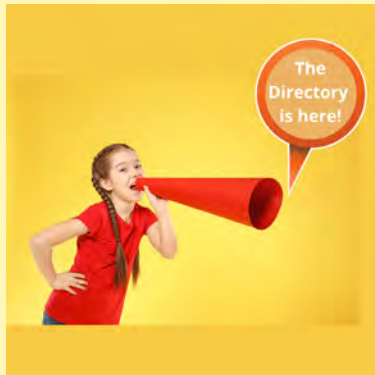
<https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

Please check the [website](#), Friday emails and the above content of the Uni-Sun for all the MVUUF events

If you would like to volunteer to help as a Greeter, Usher or treat-bringer, here is a [link to sign up](#).

The latest Covid guidelines are available online and on page 2 of this newsletter.

Church Directory



Are you a member of MVVUF?

Would you like a directory of Fellowship members?

Email Jeannie at office@mnvalleyuuu.org for an electronic or hard copy directory.

WE ARE:

ALL CONNECTED

STRONGER TOGETHER

LOVE'S HANDS IN THE WORLD

CALLED TO CREATE JUSTICE

**RESPONSIBLE FOR ONE
ANOTHER AND THE EARTH**

Uni-Sun

Board, Committees and Staff

BOARD OFFICERS OF THE FELLOWSHIP AS OF 7/1/2023

Chair & Board Member	Kathleen Coate	
Chair-elect & Board Member	Linda Hayen	
Secretary & Board Member	Carla V. Ries	
Treasurer	Richard Duffin	

BOARD TRUSTEES AS OF 7/1/2023

Trustee & Board Member	Myra Basar	
Trustee & Board Member	Holly Bruce	
Trustee & Board Member	Jody Gray	
Trustee & Board Member	Becky McPeck	
Trustee & Board Member		

BOARD WORKGROUPS

Craft/Bake Sale	Laura Thompson, Kathleen Coate, Jody Gray, Suzanne Scribner and Candace Mahowald	
Marketing Team	Becky McPeck, Rev Laura Thompson, Steve Danko, Jeannie Piekos, Richard Duffin	

MVUUF STANDING COMMITTEES AS OF 7/1/2023

Committee	Chair/Contacts	
Adult Education and Enrichment	Rev. Laura Thompson	
Aesthetics	Karen Olson	
Archives	Kathy Eager	
Congregational Care		
Committee on Shared Ministry	Barb Gilliland	
Endowment	Holly Bruce	
Finance	Steve Danko	
Membership	Eric Grady	
Music	Barb Becker	
Nominating	Barb Gilliland	
Operations	Mark Clary	
Social Action Racial Justice	John Chlebeck	
Religious Education	Maria Bavier	
Stewardship	Kelley Hughes	
Technology	Richard Duffin	

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Director of Children, Youth & Family Ministries

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Music Director

Nicole Collins, music@mnvalleyuu.org

Treasurer

Richard Duffin, treasurer@mnvalleyuu.org

Accompanist

Lark Lewis, piano@mnvalleyuu.org

Custodian & Operations

Mark Clary, cust@mnvalleyuu.org

Uni-Sun Item Submission Information

The deadline for UNI-SUN is the 20th of each month.
Submit articles to office@mnvalleyuu.org