



**FEBRUARY SCHEDULE:** See Sunday Service schedule, themes and leaders on page 2

See Community Night and Singing for VEAP event on page 7.

February 2024  
Volume 59 Number 6

## The Gifts of Justice & Equity

Here we go again.  
Another injustice.  
Even more  
inequity exposed.

So much pain.  
So many issues.  
So little equality.  
And so, so many people with certainty.

I wish I had it. Don't you?

The crystal-clear clarity  
of who's right and who's wrong.  
Every aspect of their argument  
neatly lined up.  
Nothing at all left to doubt.

But when I wake,  
so much ambivalence shares my bed.  
So weary am I of having to announce my position right away.  
So worried about my limited view.  
So concerned that my people  
will no longer consider me one of their own  
if I express my doubts.

But answer I must.  
Isn't that true?

What does justice look like in this case?  
What is the next right step?  
What is the correct point of view?

Just put my mind to it.  
Reason will guide me  
and show me the way.

But what if we've got the starting point all wrong?  
What if my mind - and yours - is not enough?  
What if the place to begin is not  
"How do I answer these questions?"  
But "Who do I need  
to help me think them through?"

This is the plea of that lawyer  
serving those on death row.  
"Get proximate!" he pleads.  
To change the world,  
we must get close to those on the margins.  
We must hear what they have to say.  
We must see the world with their weary eyes.

Amen, cry those Latin American priests  
who placed the word liberation  
in front of their theology.  
Blessed are the poor, they teach,  
not just because they will inherit the earth,  
but because they view our earthly woes  
most clearly.

Their gift to me, to you, to us  
is to remember that the answers to injustice  
arise from relationship,  
as much as, if not more than,  
from reason.

Who, not how.  
Who, not how.  
What if that is the place to begin?  
What if this is the way  
we change the world? -Soul Matters Ministry Team



MVUUF is a liberal religious congregation guided by democratic principles whose mission is to engage members in a shared quest for spiritual and intellectual growth leading to lives of service, compassion, and justice.

# Sunday Services

## Feb. 4th: Pedagogy of the Oppressed



Dan Darling, a literary professor at Normandale College, examines the pivotal work of Brazilian philosopher and educator, Paulo Freire. Kathleen Coate is Worship Associate. Music features the MVUUF Choir and Lark Lewis

## Feb. 11th: Diversity, Equity and Inclusion



Many organizations, including our own, are working to center diversity, equity and inclusion at the workplace and in their mission. What does it look like and why does it matter? With Rev. Laura, Betty Miller and featuring music by a guest opera singer from the U of M.

## Feb. 18th: Seasons of LOVE



How do you measure a year? In days? In smiles or sunsets? How do you measure a life? What if we measure it in love? How does love as a measurement center our lives on compassion and justice? With Rev. Laura, Carla V. Ries: music from the MVUUF Choir and Lark Lewis.

## Feb. 25th: Looking Honestly at the Injustice We Tolerate



When we think about centering justice in our lives, we cannot just focus on the justice we create and promote. We must also stay vigilantly aware of the injustices we continue to allow to exist. With Rev. Laura, Kai Hummer and Tom Ehlinger providing music.

History says, Don't hope  
On this side of the grave.  
But then, once in a lifetime  
The longed for tidal wave  
Of justice can rise up,  
And hope and history rhyme...

Seamus Heaney

# Uni-Sun

## Letter from the Board Chair

### **“Take two.”**

My personal goal this month is to revel in the extra two minutes of daylight per day that we have until the summer solstice. This gets me thinking: what can I do in two minutes? Take several long sips of coffee with a cleansing breath after each one. Perform a sun salutation yoga flow. Cuddle with my dog. Sometimes it's the small things that can extend our precious time into something transformative instead of something that just slips away. Two minutes will become four, then six, then eight, until we have sunlight that extends into the evening hours!

This also gets me thinking about the exponential effect of our community at MVUUF. I wonder how just two extra minutes could be used to strengthen a friendship or create a ripple effect to help someone feel a stronger sense of belonging. If you'd like to try it as well, here's some suggestions for spending an extra minute or two, whether you're in the building on Zenith Avenue, or thinking about us at home:

1. Before or after a service, head down the stairs to peruse the committee posters in the hallway, and learn more about getting involved.
2. Grab a coffee and a snack after the service, and connect with a fellow member or a visitor, even if just to say hi.
3. Stop by the welcome table in the lobby to see some new materials we have available for visitors.
4. Look for members with yellow name tags - these are Board of Trustees members who would be happy to answer any questions you have about all the ways to serve the fellowship - from large to small commitments!
5. Peruse the Friday email or the monthly Unisun (like this one!) and add an upcoming event to your personal calendar, and maybe invite a friend to join you for something they would enjoy.

Overall, two minutes isn't much. But it's enough to let in a little bit more light, and maybe see something new.

Sincerely,

Kathleen Coate, Board Chair  
board@mnvalleyuu.org

### **January Board Highlights**

January's board meeting was busy and productive. Please read below for some of the highlights:

- Perusal of a very busy spring calendar, making sure we have enough hands on deck to make it all happen.
- We also discussed the constant stream of new visitors, some of whom are eager to join, and some still checking us out. Thanks to all who help make visitors feel welcome, and who keep our hospitality teams and our monthly events running smoothly; our teams can always use more help to lighten the load.
- We discussed the success of the holiday bazaar and the holiday gift fundraiser, which brought our fundraising income for FY24 to \$11,480, up from \$2,029. (Note: since the Jan. board meeting, we are still tabulating some of the holiday gifts, so this number will be updated next month.) Overall, this brings us much closer to our fundraising goal of \$30,000, as we continue to expand our efforts and host successful events between now and July.

Our next board meeting is Thursday, February 8th, 7-9pm at the fellowship.

# Uni-Sun

## Communications & Administration

Hi Friends. Regrettably the next *Writing as Spiritual Exploration* which was scheduled for Thursday, February 1st is postponed. I will hopefully reschedule for March. Thank you for your understanding.

I was so fortunate to be able to vacation in Kauai in January. We had a wonderful time enjoying the beautiful ocean views, dramatic rainforests hikes, dining on the balcony of our rental and listening to ocean waves. Unfortunately, I came back to Minnesota and was pretty sick. Having spent a few hours recently in Urgent Care I am aware I need to take a minute to rest up and focus on health and the work on my desk! As much as I love leading WASE it is an "extra" thing. Between the big workload on my desk and dealing with this nagging cough, I have decided I need to focus on the basics. That's one of those adulting decisions. It's tough because, as I mentioned, I love leading the WASE workshops. As a poet, being in a room with people writing, reflecting and sharing is pure gold. So hopefully we will do that together in March or April.



I hope your new year has started out well. I love writing about the new year and am partial to poems that explore how others approach the new year. Here is one I'd like to share from our own, Tom Ehlinger. He wrote this in *Writing as Spiritual Exploration* last year. I think it's a gem.

As always, if you have any questions about WASE, Administration or Communications, please reach out me.  
[Jeannie@mnvalleyuu.org](mailto:Jeannie@mnvalleyuu.org)

*New Year: Same Day Delivery* by Tom Ehlinger  
1/12/2023

There you are outside my front door.  
Or is it the back door?  
Did I order something you're about to deliver?

Perhaps you're bringing the  
meals to eat and books  
to read and friends  
to make and fears to  
dissolve and joys to  
remember and create.

Perhaps there's paper in there that  
I can write upon or  
get a paper cut from  
leaving an edge of red.

You're standing there on my porch --  
surrounded by all those packages --  
funny -- you're the one outside  
but I'm the one who feels cold.

Come in and we can have a cup of coffee  
and chat or simply stare  
out the kitchen window together.

Leave the packages for now --  
there will be time enough and  
space to open them --

Stay with me if you will.

### SOUL MATTERS MONTHLY THEME: Justice and Equity

Check out the plethora of resources from this month's [Soul Matters Small Group Packet](#), which includes guided questions and activities, recommended readings, films, music playlists and more.

The Soul Matters packet ponders some good questions about Liberating Love. How would you answer?

- What did "fighting injustice" look like in your family of origin?
- What personal or societal injustice has most shaped your life?
- Has art ever led to or supported your justice & equity work?



# Uni-Sun

## Children, Youth & Family Ministry

From Rev. Dr. Martin Luther King Junior Day  
with a weekend of Service



# Uni-Sun

## Children, Youth & Family Ministry

**Photo information from MLK Day of Service:** 14 children, youth and adults volunteered at Feed My Starving Children on Saturday. Wearing (very fashionable) hair nets, many of us packaged meals. Some of us even worked in the warehouse helping get the food to the packing stations. On Sunday, we made tie-blankets for people who are currently unhoused. A presenter from 360 Communities explained more about the need for blankets and birthday bags in the southern Twin Cities suburbs.

**February's Soul Matter's theme** asks us to receive and give the gifts of Justice and Equity. This month our Preschoolers and Elementary are celebrating Black History Month and Valentine's Day. We are exploring the gifts of building better relationships, building a better world, of joy and Beloved Community. We are excited to be lifting up the life of Dr. Gladys Mae West, a mathematician whose talent gave us GPS (Global Positioning System) without which we would still be using those old paper maps and would be getting lost a lot more often! As we help our children deepen their commitment to justice and equity, we are also deepening our connection to hope. Alone, injustice can feel intimidating, but realizing that we are in this together brings a feeling of power and possibility. Thank you for the many ways you offer children this gift.

**Crossing Paths:** This month our Middle and High School Youth Group is exploring Hinduism. The goal of this journey is to not only learn about other religious traditions but also help our youth deepen and clarify their UU identity. Hinduism contains millions of Gods and Goddesses, whereas we UUs often still struggle with and debate any god language. Hinduism places colorful, body-oriented ritual at its center, whereas we tend to be most comfortable sitting still and staying in our heads. And, despite the differences, there are more connections than we might expect. Hindus and UU's both celebrate diversity and reject the idea that there is only one way to be religious/faithful. Like UUs, Hindus do not prescribe a single way to worship. There will be a lot to learn this month! But also get ready for some fun!

[CYF Calendar Link](#) for the rest of the year!

[Registration](#) for Children's programming and Youth Group is open!

As always, please reach out with questions or comments.

Maria Bavier

Family Ministry Director, Credentialed Religious Educator

[maria@mnvalleyuu.org](mailto:maria@mnvalleyuu.org)

Pronouns: She/Her/Hers



# Uni-Sun

## MUSIC AT MVUUF!

The Music Committee would like to invite you and your friends and family to our hosted **Community Night on February 10th** featuring vegan, vegetarian, and conventional soups with accompanying sides AND A SING ALONG!

This will be a fundraiser as we'll be collecting items to donate to VEAP. The collection will start January 28th and go throughout the event on February 10th, 5-8. Crafts will be available for those interested. All are welcome!!



As we celebrate and uplift themes of justice and equality, you can be sure that music at MVUUF is sure to set the tone!

Our community is abundant with so many talents.

Be sure to come witness and support these offerings that will be expressed in the coming month.

# Uni-Sun

## Music at MVUUF

### SHORT TERM SINGING OPPORTUNITY PART 2

*Join us in singing themes of the circles in our  
lives and unity through choral arrangements  
for MUSIC SUNDAY, April 21st!!*

SOPRANOS, ALTOS, TENORS, AND BASSES

#### **Rehearsals**

3/6 Wednesday rehearsal  
3/13 Wednesday rehearsal  
3/17 Sunday rehearsal  
3/20 Wednesday rehearsal  
4/10 Wednesday rehearsal  
4/14 Sunday rehearsal  
4/17 Wednesday rehearsal  
4/21 Sunday rehearsal  
(Sundays 9:15-10:00  
Wednesdays, 6:30-7:30)

**Our second opportunity for a short term choral singing is here!!**

Calling all sopranos, altos, tenors, and basses! If you're wanting to sing with the choir at church but can't commit to a full year, this is for you. We have 8 rehearsals through March and April and you'll be provided practice tracks for independent study (not required).

We will debut these pieces for MUSIC SUNDAY on April 21st!

Contact Nicole Collins at [Music@mnvalleyuu.org](mailto:Music@mnvalleyuu.org) to secure your spot.

**SAVE THE DATE!**  
**April 21st is MUSIC SUNDAY!!!**



# Uni-Sun

## Groups, Committees & Events

### Social Action Racial Justice

Friends -- The SARJ group wants to take a moment to celebrate the many things we have done together as a congregation over the past year. Thank you SARJ members for all your hard work and John for your leadership.

- We re-started meeting in-person monthly after COVID hiatus.
- Sponsored a Ukrainian Family of three and organized Volunteers to help them get signed up for English classes, find jobs and housing and they are now settled into South Minneapolis.
- We helped determine the Sunday Sharing Partners for the last 12 months and this included some wonderful organizations including: (OutFront MN, Camp Unistar, Alight, Compassion & Choices, Families Moving Forward, The Ukrainian Refugee Project, The MN Honor Tax, Reclaim!).
- Helped staff the MVUUF booth at the Bloomington Pride Event.
- Initiated the Ridwell recycling pilot program for the building.
- Made fleece tie blankets and involved the youth in helping My Very Own Bed and collected other items for single beds including sheets.
- Hosted a Community Game night and Poster Making session.

If you are interested in joining our group, we meet in the Fireside Room on the first Sunday of the month with our next meeting being Sunday, February 4th. We would love more people join us and help us put social action, racial justice, and environmental responsibility into actionable change.

### Sunday Sharing Partner



# Uni-Sun

## Groups, Committees & Events

**Bring your plastics to MVUUF and recycle with Ridwell!**

In February Ridwell picks up the 12th and 26th. You must have your recyclables their proper bag by Sunday the 11th and/or the 25th directly after the service.

MVUUF members and friends can bring in the following items for recycling: multi-layer plastics, plastic bottle caps, metal jar caps, batteries and light bulbs. Please



your items in the appropriate bag inside the box on the lost and found shelf by the front door. Please be sure your items are clean and that your batteries are not corroded. If you have any questions about Ridwell, the pilot program or our recycling, please contact Jeannie at [office@mnvalleyuuu.org](mailto:office@mnvalleyuuu.org).



**The special featured item is still Holiday Lights. They can be damaged or working. No rope lights. You may also bring in plastic 6-pack rings, bottle caps, cords and cables.**

## Men's Group February 8th at 7PM

### Minnesota's Electric Vehicle Future

Men's Group will meet on February 8th at 7 PM on Zoom. the speaker will be Alejandro Nakpil, an electric mobility program associate at the Great Plains Institute, which facilitates Drive Electric Minnesota. Drive Electric Minnesota is "a partnership of Minnesota's electric vehicle (EV) champions, dedicated to encouraging the deployment of EVs and the establishment of EV charging infrastructure through public-private partnerships, financial incentives, education, technical support and public policy." Alejandro will tell us about the benefits and challenges of adopting electric vehicles in Minnesota. Alejandro has a BA in sustainable systems management from the University of Minnesota Twin Cities as well as certifications in project management and behavior-centered design.

All are invited and welcome to attend regardless of gender. Questions contact John Peloquin.

<https://us02web.zoom.us/j/85257002843?pwd=dkNBdFFzeGpWOHpnQnN1SThmMnJ6UT09>

Meeting ID: 852 5700 2843 Passcode: 075318

People think that in falling in  
love they make themselves  
whole? I think otherwise.  
I think you're whole before  
you begin. And the love  
fractures you. You're  
whole, and then  
you're cracked open.

Philip Roth



# Uni-Sun

## Groups, Committees & Events

### Women's Group Saturday February 3rd

**Saturday, Feb 3rd 10:30-12:30**

Most of you have seen the display of beautiful needlework made by members of the Minnesota Needlework Guild on the walls outside the sanctuary. You may know that the Guild regularly rents MVUUF's social hall for area meetings. For our February program, you'll have the opportunity to learn from members of the Needlework Guild more about their history, educational programs, and inexpensive opportunities to join them. You'll, no doubt, see more examples of members' amazing and varied work and learn why they joined the Guild. Perhaps you'll get inspired to undertake a new needlework project or join the Guild yourself.



As usual, after the program, we'll have a very short business meeting followed by lunch. Attendees can either bring their own lunch or buy the catered lunch for \$8.00. Please notify our co-chair Kathy Eager ([kathy@darrelleager.com](mailto:kathy@darrelleager.com)) no later than Tuesday evening, January 30, if you'll be coming and if you'll be purchasing the catered lunch. If you want the boxed lunch, please also let Kathy know whether you want a chicken salad sandwich or an egg salad one.

Also, if the weather is especially inclement on meeting day, email either of our co-chairs, Kathy Eager ([kathy@darrelleager.com](mailto:kathy@darrelleager.com)) and Barb Gilliland ([barbgilliland@gmail.com](mailto:barbgilliland@gmail.com)) to learn whether we will cancel or not.

All are welcome, members and visitors, and we especially encourage those new to MVUUF to attend. See you on the 3rd!

### **SOUP-ER BOWL SUNDAY** **SUNDAY, FEBRUARY 25TH AT 11:30am**



The football season may be over,  
but the Soup-er Bowl is here!

Long-time MVUUF member and potter, Becky McPeck, has donated handmade ceramic bowls and Rev. Laura & Candace Mahowald are making soup. Enjoy a fabulous lunch and take the bowl home with you.  
All are welcome!

**\$20 suggested donation to take home a bowl.**

**A Close the Budget Gap Fundraiser for MVUUF**



### The Plastic Bag Recycle Project



**Please place clean, dry and "stretchable" plastic here.**  
Also accepted: bubble wrap and bubble wrap envelopes with labels cut off  
**No food tainted plastic bags**  
**No plastic wrap**



MINNESOTA VALLEY  
UNITARIAN UNIVERSALIST  
FELLOWSHIP



# Groups, Committees & Events

## Evening Book Club

It is February and another election year is underway. Escape both the cold and the chaos by reading a good book. Even better, read a book on our list and join our group to participate in a thoughtful and lively discussion. Our upcoming selection are, alternating fiction and nonfiction:

February 15th, 2024, *How the Elites Ate the Social Justice Movement* by Fredrik DeBoer

**NO MEETING IN MARCH**

April 18, 2024, *Life as We Knew it* by Susan Beth Pfeffer

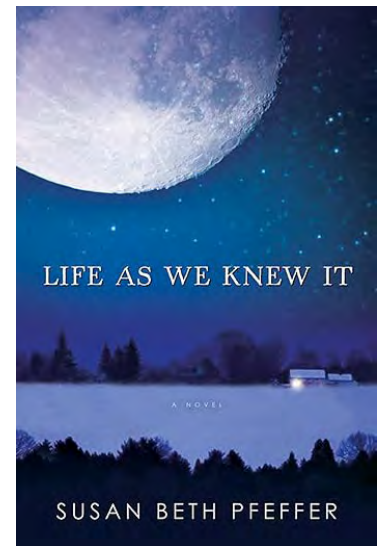
May 16, 2024, *The Second Brain: The Groundbreaking New Understanding of Nervous Disorders of the Stomach and Intestine* by Michael D. Gershon, MD

June 20, 2024, *This Tender Land* by William Kent Krueger

July 18, 2024, *The Wager: A Tale of Shipwreck, Mutiny and Murder* by David Grann

August 16, 2024, *The Natural History* by Andrea Barrett

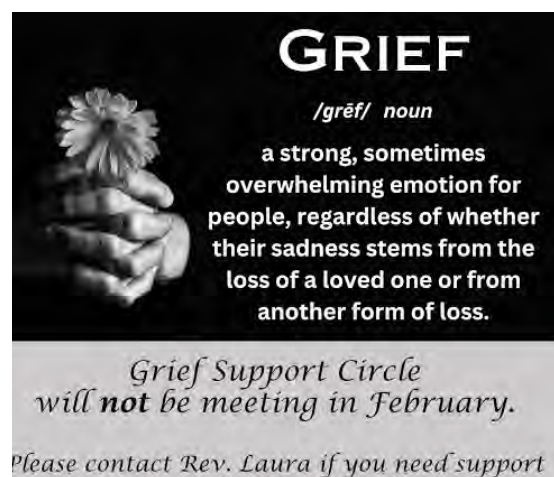
September 19, 2024, Sensational: The Hidden History of Girl Stunt Reporters by Kim Todd. **Note:** Ms. Todd will be speaking to The Women's Group on April 6, 2024, at 10:30 AM



The Evening Book Group usually meets on the third Thursday of the month throughout the year at 7 PM.

PLEASE NOTE THAT THERE IS NO MEETING IN MARCH.

The only requirement to attend is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. Let us know a little ahead of time so we can send you a Zoom invitation. We welcome newcomers! Questions? Email Joyce at [joyceamcmartin@gmail.com](mailto:joyceamcmartin@gmail.com) or text at 952-210-1372 or leave a message at 952-942-7143





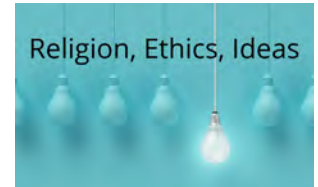
# Uni-Sun

## Groups, Committees & Events

### REI February 29th at 7pm

REI will meet on Thursday February 29 at 7pm on Zoom. The question will be: Is religion a good or bad?

Possible questions and subtopics: Organized vs Unorganized religion. Does science eliminate the need for religion? Are there atheists in foxholes? Does religion provide the foundation for ethical/moral behavior? Is there a positive connection between religious behavior/belief and mental or physical health? Religion as a source or rationale for contentious division between groups of people within a society or geographic area; for example, conflicts in Northern Ireland. Religion as a source of solace in times of personal or societal stress. Religion as a source of widely shared traditions and celebrations, think Christmas for example.



Two quotes related to the topic are 1) “With or without religion, good people can behave well and bad people can do evil; but for good people to do evil – that takes religion.” Steven Weinberg (Nobel Prize winner in Physics) 2) Anti-religious sneers are a hallmark of perpetual adolescents. Camille Paglia (American academic, social critic and feminist) <https://us02web.zoom.us/j/88396602066?pwd=L01KL1dRNVRMajFjVjA3d09nZ3Q1QT09> Meeting ID: 883 9660 2066 Passcode: 907094

### YOGA on Zoom

**Exercise could help us build and maintain a strong, capable body, whatever our age...**  
Gretchen Reynolds, The Washington Post

We meet Mondays and Wednesdays **4:00-5:00pm CST** on Zoom.  
Here's the link: <https://zoom.us/j/3953901346> meeting ID: 395 390 1346

Following are the dates for February: 5, 7, 12, 14, 19, 21, 26, and 28.

The classes consist of stretching, strength-building, flexibility, right/left brain work and balance practice for all. You are encouraged to go at your own pace and to do only the poses/movements that suit you and your needs. Have a yoga mat and strap, wear loose, comfortable clothing, and come prepared to move and have some fun



**NOTICE:** This is a very active, moving and stretching class, with lots of up and down—on the mat, standing and back onto the mat. Though chairs are used, this is NOT a chair yoga class.

We love visitors—you don't need to be a member of MVUUF, AND, there is no fee, we just ask that you make a donation to the fellowship.

Fran Bohlke is your instructor. Questions? Please email Fran — [bryawnte@msn.com](mailto:bryawnte@msn.com)

# Uni-Sun

## Groups, Committees and Events

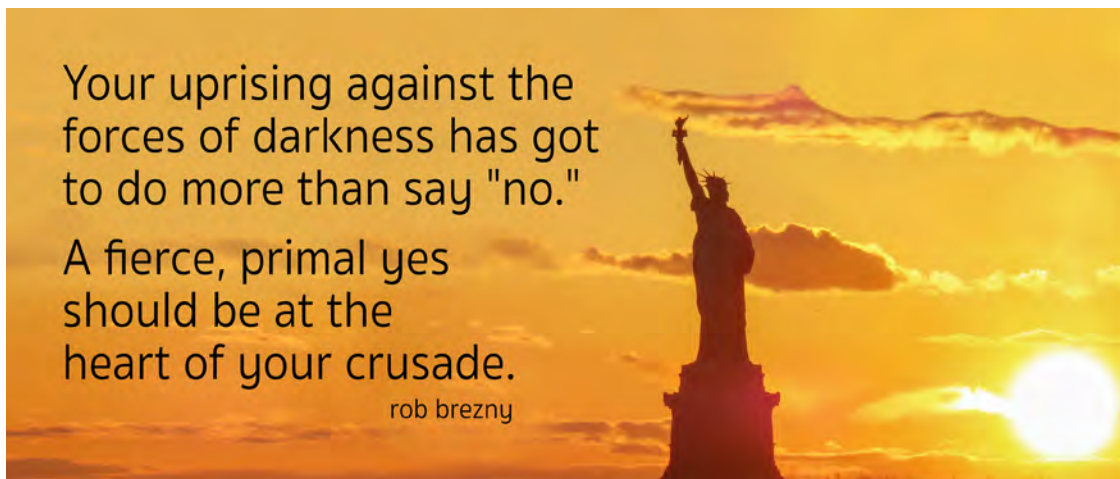
### Announcement from our tenants the Wiccan Church of MN

Wicca is a faith celebrating the wheel of the year, and the seasons as they change and reoccur year after year. We have eight main celebrations in the year. Imbolc is one of the four cross quarter celebrations: Imbolc (imm-bolk) February 1st, Beltaine (bell-tayne) May 1st, Lughnasadh (loona-sath) August 1st and Samhain (sow-enn) October 31st. The other four celebrations correspond to the solstices and equinoxes; Yule December 31st Winter solstice, Oestarra (oh- starra) March 21st Spring equinox, Midsummer June 21st Summer solstice and Mabon (may-bonn) September 21st Fall equinox.

Imbolc comes at the time of the year when the sun is definitely getting stronger, though it is the coldest time of the year. This is a time to be indoors, getting ready for the spring which is coming—eventually. This used to take the form of refurbishing the tools for farming and animal husbandry. Now we aren't agrarian people much anymore, though we do use tools. Nowadays our tools are computers and other modern contrivances.

This year WiCoM, the Wiccan Church of Minnesota will celebrate Imbolc with a blessing of the tools and what they create. We are asking all attendees to bring a symbol of the tools they use for blessing. A memory stick from a computer, a cooking or baking tool, an actual tool for whatever you may make; be creative! Just keep it small please, no lawn mowers or chain saws other large items that cannot sit on a small side table.

Imbolc will be celebrated Saturday evening, **February 3rd** in the MVUUF fellowship hall. We will gather at 6:30pm and the ritual starts at 7pm, with explanations beforehand. After the ritual we will have a potluck feast, so please bring something to share, if you can. Please RSVP to [teachersrep@wiccanchurchmn.org](mailto:teachersrep@wiccanchurchmn.org), so we can plan for the correct number of people. We look forward to meeting members of MVUUF, and celebrating with you.



# Uni-Sun

## MVUUF Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 10:30am - Sunday 11:30am - Potluck 3:30pm - UU Fellowship	29 2:45pm - Nicole 4:15pm Yoga on Zoom	30 10am - Needlework 3:15pm - Nicole	31 3:30pm - Nicole 6pm - MA -	1	2 11am - Uke Jam -	3 10:15am - Women's Group 5:30pm - WiCoM Imbolc
4 10:30am - Sunday	5 2:45pm - Nicole 4:15pm - Yoga Zoom	6 11am - Nicole Voice 3:15pm - Nicole	7 3:30pm - Nicole 4:15pm - Yoga Zoom 6pm - MA -	8 7pm - BoT Meeting 7pm - Men's group	9 10am - Needlework	10 5pm - Community Night
11 10:30am - Sunday 12pm - Eve/Kai OWL	12 2:45pm - Nicole 4:15pm - Yoga Zoom	13 10am - Needlework 3:15pm - Nicole 7pm - Needlework	14 3:30pm - Nicole 4:15pm - Yoga 5pm - UU Christian Fellowship 6pm - MA -	15 5:30pm - CCC 7pm - Evening Book 7pm - Membership 7pm - Needlework	16 11am - Uke Jam -	17
18 10:30am - Sunday 12pm - Starting Point	19 10:30am - Soul 2:45pm - Nicole 4:15pm - Yoga Zoom	20 10am - Needlework 11am - Nicole Voice 3:15pm - Nicole	21 3:30pm - Nicole 4:15pm - Yoga Zoom 6pm - MA -	22 12pm - Guys Lunch 7pm - REI on Zoom	23 11am - Uke Jam	24
25 10:30am - Sunday 11:30am - Potluck	26 2:45pm - Nicole 3:30pm - CoSM 4:15pm - Yoga Zoom	27 10am - Needlework 3:15pm - Nicole 7pm - NWG evening	28 3:30pm - Nicole 4:15pm - Yoga 6pm - MA -	29 7pm - REI Zoom	1 11am - Uke Jam -	2 10:15am - Women's Grp

# Uni-Sun

## MVUUF Service Schedule

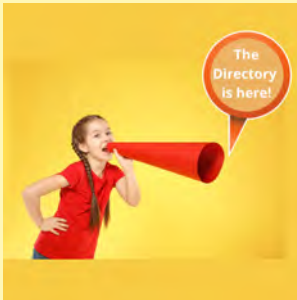
SUNDAY Service is at 10:30am. Services are multi-platform. You may join us in person, on Zoom or you can livestream on YouTube.

<https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

Please check the [website](#), Friday emails and the above content of the Uni-Sun for all the MVUUF events

If you would like to volunteer to help as a Greeter, Usher or treat-bringer, here is a [link to sign up](#).

### Church Directory



Are you a member of MVVUF?

Would you like a directory of Fellowship members?

Email Jeannie at [office@mnvalleyuuu.org](mailto:office@mnvalleyuuu.org) for an electronic or hard copy directory.

**Print copies of Uni-Sun are always available.**

Would you like a print copy of the Uni-Sun?

Just email Jeannie at [office@mnvalleyuuu.org](mailto:office@mnvalleyuuu.org) and she can mail one to you.

Or look on the wall by the nametags for the current month.



## WE ARE:

ALL CONNECTED

STRONGER TOGETHER

LOVE'S HANDS IN THE WORLD

CALLED TO CREATE JUSTICE

RESPONSIBLE FOR ONE  
ANOTHER AND THE EARTH



# Uni-Sun

## Board, Committees and Staff

### BOARD OFFICERS OF THE FELLOWSHIP AS OF 7/1/2023

Chair & Board Member	Kathleen Coate
Chair-elect & Board Member	Linda Hayen
Secretary & Board Member	Carla V. Ries
Treasurer	Richard Duffin

### BOARD WORKGROUPS

Craft/Bake Sale	Laura Thompson, Kathleen Coate, Jody Gray, Suzanne Scribner and Candace Mahowald
Marketing Team	Becky McPeck, Rev Laura Thompson, Steve Danko, Jeannie Piekos, Richard Duffin

### MVUUF STANDING COMMITTEES AS OF 7/1/2023

Committee	Chair/Contacts
Adult Education and Enrichment	Rev. Laura Thompson
Aesthetics	Karen Olson
Archives	Kathy Eager
Congregational Care	Andrea Anderson
Committee on Shared Ministry	Barb Gilliland
Endowment	Holly Bruce
Finance	Steve Danko
Membership	Eric Grady
Music	Barb Becker
Nominating	Barb Gilliland
Operations	Mark Clary
Social Action Racial Justice	John Chlebeck
Religious Education	Maria Bavier
Stewardship	Kelley Hughes
Technology	Richard Duffin

### BOARD TRUSTEES AS OF 7/1/2023

Trustee & Board Member	Myra Basar
Trustee & Board Member	Holly Bruce
Trustee & Board Member	Jody Gray
Trustee & Board Member	Becky McPeck
Trustee & Board Member	

### MVUUF

952-884-8956

10715 Zenith Ave South

Bloomington , MN 55431

[mnvalleyuu.org](http://mnvalleyuu.org)

### Lead Minister

Rev. Laura Thompson

[minister@mnvalleyuu.org](mailto:minister@mnvalleyuu.org)

612-216-4203

### Administration & Communications Manager

Jeannie Piekos, [office@mnvalleyuu.org](mailto:office@mnvalleyuu.org)

612-216-4113

### Director of Children, Youth & Family Ministries

Maria Bavier, [RE@mnvalleyuu.org](mailto:RE@mnvalleyuu.org)

612-216-4224

### Music Director

Nicole Collins, [music@mnvalleyuu.org](mailto:music@mnvalleyuu.org)

### Treasurer

Richard Duffin, [treasurer@mnvalleyuu.org](mailto:treasurer@mnvalleyuu.org)

### Accompanist

Lark Lewis, [piano@mnvalleyuu.org](mailto:piano@mnvalleyuu.org)

### Custodian & Operations

Mark Clary, [cust@mnvalleyuu.org](mailto:cust@mnvalleyuu.org)

### Uni-Sun Item Submission Information

The deadline for UNI-SUN is the 20th of each month.  
Submit articles to [office@mnvalleyuu.org](mailto:office@mnvalleyuu.org)