



MARCH SCHEDULE: See Sunday Service schedule, themes and leaders on pages 2

Find important Stewardship information on page 10.

March 2024
Volume 59 Number 7

Make a bit of room. Leave a little space. That may not sound like anything radical or revolutionary. But it turns out that it is one of Life's favorite ways to make us into something new.

Be cautious with those cultural messages about aggressively tilling and turning up your whole soil. Watch out for all the heroic talk about striving and perfecting, struggle and control. Much of the time, transformation is a much subtler art. It's about stillness, listening and waiting to be led, not fighting with yourself and others to make sure you are in the lead.

In short, when it comes to transformation, the message of spirituality is "Be careful with what you've been taught and told about transformation because much of it takes us in exactly the wrong direction."

Our challenge as communities of transformation is to remind each other to take those different tacks.

Such as:

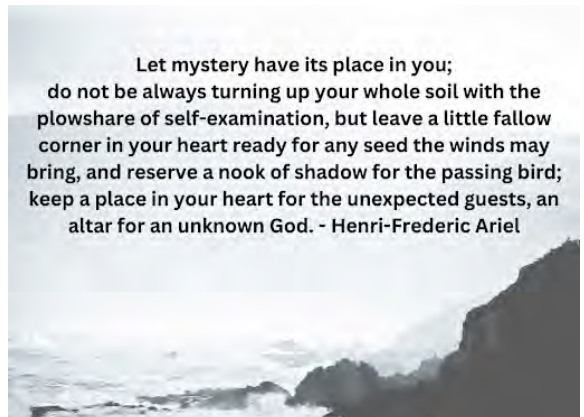
- It's about breathing rather than becoming better.
- It's about patience not perfection
- It's about depth not dominance.
- It's about attention not improvement.

That part about attention instead of improvement is especially important. It's so easy to get transformation mixed up with fixing. And fixing is transformation's biggest foe. Trying to purify or perfect ourselves is the surest way to stay stuck. The pursuit of purity and perfection focuses us on our inadequacy and inferiority, causing us to overlook those unexpected guests that Henri-Frederic speaks of.

And, friends, we don't want to miss those unexpected guests! Those seeds brought by the wind and those passing birds are the partners that make transformation possible. They help us notice new paths. They invite us to walk with a new step. They awaken in us new songs. They remind us that transformation is not something we do alone. They assure us that transformation doesn't have to be a long and lonely struggle, but instead can be more like learning a new dance with a new friend. All we have to do is trust, take the hand of that "unknown God" and follow its lead.

So, friends, this month, leave some room on that dance floor of yours. Keep your eyes peeled. See attention and attending as your greatest assets and tools. And when that unexpected guest reaches out its hand, don't be afraid.

Soul Matters Ministry Team



Let mystery have its place in you;
do not be always turning up your whole soil with the
plowshare of self-examination, but leave a little fallow
corner in your heart ready for any seed the winds may
bring, and reserve a nook of shadow for the passing bird;
keep a place in your heart for the unexpected guests, an
altar for an unknown God. - Henri-Frederic Ariel



MVUUF is a liberal religious congregation guided by democratic principles whose mission is to engage members in a shared quest for spiritual and intellectual growth leading to lives of service, compassion, and justice.

Sunday Services

March 3rd: Stewardship Sunday; We Are Better Together



We are kicking off our annual stewardship campaign by celebrating all of the ways we are better together. How does MVUUF enrich your life? How does MVUUF enrich the broader community it serves? With music from the MVUUF Choir

March 10th: Letting Go and Letting Goo



Transformation does not come without discomfort. In fact, it often comes with feeling as though we have been completely dissolved. How can we be comfortable with discomfort and find ourselves in our lostness? With Rev. Laura, Carla V. Ries and guest violinist, Naomi Schroeter .

March 17th: UU the Vote



We know there is a lot at stake in this election cycle. The whole process can bring up feelings of frustration, fear and even helplessness. One thing that can soothe those feelings and help the outcome is to get involved. Our Guest speaker Karen Wills will lay out ways we can "UU the Vote". With worship associate, Tom Ehlinger.

March 24: Something to Chew On



Many faith traditions have guidelines around food and diet as part of their spiritual practice. How can we, as Unitarian Universalists, incorporate our values through our diets and what kind of difference could it make? With Rev. Laura and Kaizen Hummer. Bring a plant-based dish for the community potluck following the service!

March 31st: Talkin' Bout a Revolution



On this Easter Sunday, we look at Jesus's work as a form of revolution. What lessons does the story hold for us today? What are the revolutions still needed? With Rev. Laura and Betty Miller

Uni-Sun

Letter from the Board Chair

Things are stepping up for our committees - as spring approaches, we all get a little more active! Some examples of upcoming committee activity include:

- The Stewardship committee will be gathering pledges for FY25 soon, and the Membership committee is busy welcoming new members.
- The Auction committee is preparing for the April 21st Silent Auction, so be sure to think of donations you could contribute, and get ready to start your bids!
- The Music committee is preparing for Music Sunday, also on April 21st - there will be lots of great talent and energy shared.
- The Nominating committee will be recruiting board members for next year, so read on if you're interested in learning more about how our fellowship is governed.

Committees participate in the functions of the congregation and in the community. If you're interested in joining a Committee, here's a couple of options on how to learn more:

1. Check out the Committee posters in the hallway downstairs
2. Check out the Committee webpages: <https://mnvalleyuu.org/ourcommunity/committee/>
3. Email the Board chair at board@mnvalleyuu.org and ask for more info!

Note: The Membership committee is currently in need of another member/chair. Email board@mnvalleyuu.org or talk to Linda Hayen if you're interested.

Program Council and Board of Trustees - basic info:

The Board of Trustees and the Program Council work in tandem to ensure that communication and leadership is smooth. The board meets once a month. The Board of Trustees is made up of members elected at each Annual meeting, and can serve two terms (years) at a time. The Program Council is made up of all the Committee chairs and other staff & lay leaders who run various programming, operations, and sustainability of our fellowship. The Program Council meets once every 3 months.

Join the fun! Serving the fellowship is greatly rewarding, and a great way to build community for yourself and all those who come through our doors.

As Board Chair, I want to thank all those who have served so far this year; even as some committee membership changes occur, we feel blessed to have so many who want to help, and always welcome new faces.

In general, we're just glad you're here. Even if you come just once a month, once a year, only online, or only for potlucks or community night dinners (yum!), thank you for being you.

Sincerely,

Kathleen Coate, Board Chair

board@mnvalleyuu.org

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Communications & Administration

Hello friends. There is so much going at MVUUF in March and April that I am left speechless. Can you imagine that? Well, I guess that's good news because it leaves more room for all these announcements.

By the way, please watch for the new logo and branding work coming to a Fellowship near you soon! It's pretty exciting stuff. Happy March to you!



SOUL MATTERS MONTHLY THEME: Transformation

Check out the plethora of resources from this month's [Soul Matters Small Group Packet](#), which includes guided questions and activities, recommended readings, films, music playlists and more.

The Soul Matters packet ponders some good questions about Liberating Love. How would you answer?

- What have you learned about the relationship between transformation and pain?
- What have you learned about the relationship between transformation and joy?
- What if your transformation lies in asking for what you need?

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Children, Youth & Family Ministry

Get ready for Camp UniStar!

Priority registration for Camp UniStar is open through March 19th. You may register after that, too, as long as there is availability.

Camp Unistar is located in Northern Minnesota on the unceded land of the Anashanabe. Learn more about the land and its people. Experience the locally sourced meals, and the adult, children or youth programming. Families, teens and youth are encouraged to register.

If you have any questions or would like more information or financial assistance to attend please contact CYF@MNVALLEYUU.ORG or (612)216-2921.



CYF Programming

This past month our Nursery and Preschool children circled around and sang songs like, "_____'s here today, _____'s here today! Everybody clap your hands because _____'s here today!"

As you gather for a meal together this month, take a moment to say this table grace:

May we circle around for a moment,
Feeling love flow around us and through us,
Knowing that as we give love away
There is always more within.

~Anonymous

I saw the elementary children running a weather relay over and over. They are learning about how Unitarian Universalism changes sometimes just like the weather does (Discussing the Article II proposed changes to the Principles). As you go about your days this month, consider saying this Bedtime Blessing,

I am thankful for the night
And for the pleasant morning light,
For health and strength and loving care
And all that makes the world so fair.

~Anonymous

The Youth practiced Yoga in February as part of their Hinduism learning. They learned about three paths to Enlightenment as part of Hinduism. Jnana, the path of wisdom or knowledge. Some knowledge is found by going inward and discovering inner truth.

Uni-Sun

Children, Youth & Family Ministry

Our March Soul Matter's theme asks us to receive and give the gift of Transformation.

I love it when I notice change as close to home as the backyard. A few years ago I purchased a some-assembly-required compost box. How transformative is it that change has both difficult things (smelly rotting vegetables!) as well as beautiful things (rich soil!) AND that compost is made up of worm poop?! We will definitely have to learn more about compost, and caterpillars and butterflies this month as we explore transformation. We love celebrating the environment at MVUUF!

March includes the Catholic Liturgical Season of Lent (as our Youth know from attending last month's church visit). Lent leads up to Easter, a sacred season for our Christian neighbors. Katie Covey, a religious educator since 1984, writes, "I value educating children about our Christian roots and cousins. But in practice we [UUs] often avoid it.

"Consider this Joke: What's the only time you hear the word "Christ" in a UU church? When the Director of Family Ministry trips on the stairs.

"And in real life, I received a call from a mother, sharing this story: The family was driving down a street with several Christian churches on it. Their little UU educated daughter said, "Mommy, why are there "T's" all over these churches?" It's important to correct this. So, let's educate our children about Christianity!"

Learning about other religions, throughout the lifespan, is an important way our faith guides our children and families to bring positive transformation to their lives and to others. This is a reminder of how essential the life of the whole congregation is in accompanying children and youth.

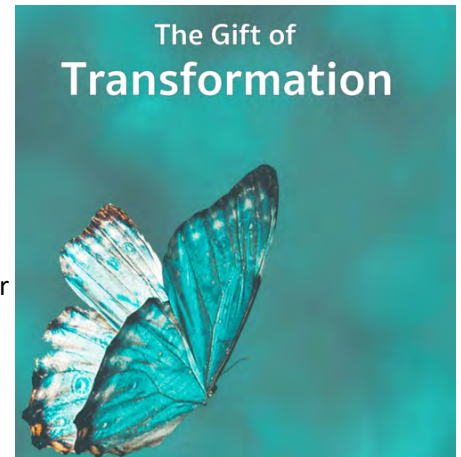
This month our Middle and High School Youth Group is exploring Islam. So many of Islam's core practices are built with the aim of helping one place God and others at the center of one's attention rather than oneself. Muslims say God deserves center stage. UUs say the interdependent web deserves that sacred spot. But both agree that we've got to get the self and selfishness out of the spotlight. We also were grateful to learn about the many contributions of Islam to Western Civilization during what's called its Golden Age during the 8th - 14th centuries. We hadn't realized how early Muslims introduced hospitals, universities, surgery, optics and more to Europe. Islam kickstarted the Renaissance!

[CYF Calendar Link](#) for the rest of the year!

[Registration for](#) Children's programming and Youth Group is open!

As always, please reach out with questions or comments,

Maria Bavier
Family Ministry Director,
Credentialed Religious Educator
maria@mnvalleyuu.org
Pronouns: She/Her/Hers



Date	Schedule
3/3	CYF Sunday
3/9	Community Night, 4-7pm
3/10	Multigenerational Worship Svc
3/17	CYF Sunday
3/24	CYF Sunday Potluck Sunday - Bring a Dish to Share
3/31	Multi-gen worship - Easter
4/7	CYF Sunday
4/13	SATURDAY Kids Night at MVUUF, 4:30pm-8pm

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MUSIC AT MVUUF!

Thank you to all who volunteered, organized, and donated to our Singing for VEAP event, especially to Karen Olson and Tom Ehlinger who led an interactive love-themed sing-along.

We raised a total of \$376.00 and 218 pounds of goods!!

Sunday, March 10th

**MVUUF
Welcomes
Guest Musician
Naomi Schroeter**

She currently manages an outreach music program for the Greater Twin Cities Youth Symphonies (GTCYS) that offers violin and cello instruction to elementary aged students in St. Paul.



Our second opportunity for a short term choral singing is here!!

Calling all sopranos, altos, tenors, and basses! If you're wanting to sing with the choir at church but can't commit to a full year, this is for you. We have 8 rehearsals through March and April and you'll be provided practice tracks for independent study (not required).

We will debut these pieces for MUSIC SUNDAY on April 21st!

Contact Nicole Collins at Music@mnvalleyuu.org to secure your spot.

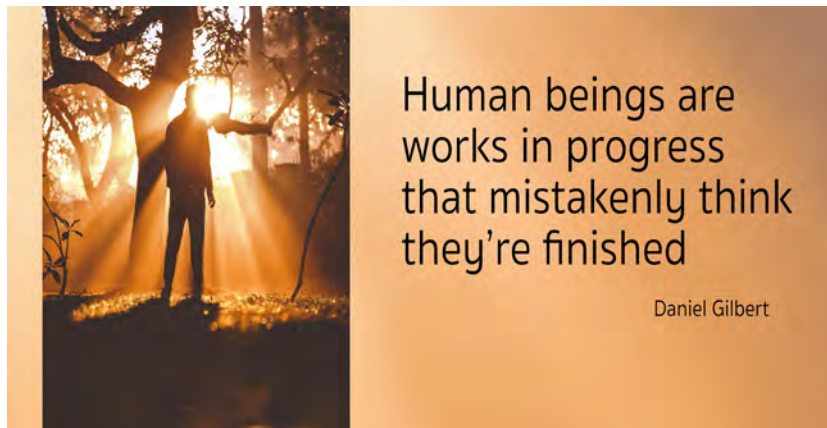
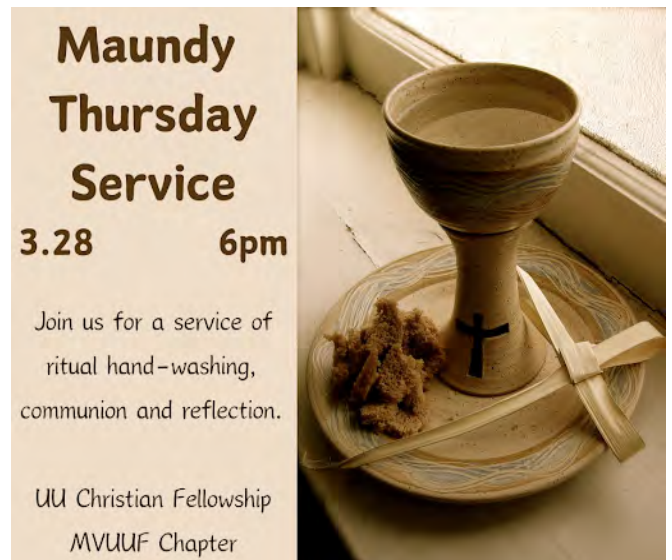
**SAVE THE DATE!
April 21st is MUSIC SUNDAY!!!**

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Board Highlights

The February board meeting was delayed due to schedule conflicts, so at the time of this writing, there is no update. However, between meetings we were able to hold a unanimous vote via email to approve 5 new members to our fellowship, so please help me welcome Seth & Yamini Ficke, Lara Tellis, Alicia Williams & Keith Higgins!

At the next few board meetings, we will be discussing the importance of tracking our pledges for Fiscal Year 2025 so that we can prepare a budget at our Annual Meeting in May (the official date will be announced soon). The timing of this is always a bit tricky, because the budget is based on anticipated pledges; so perhaps more than ever, we hope that members will consider submitting their 2024-25 pledge cards early, to help us plan for any budget adjustments. If you're interested in learning more about membership, including the "Suggested Fair-Share Contribution Guide", you can navigate to this ["Membership"](#) page of our website.



Uni-Sun

Groups, Committees & Events

Service Auction

It's Auction Time!

Our annual "Pitching in to Hit the High Note" Service Auction will be on **Sunday, April 21st**, again combined with Spring Music Sunday. Your Auction committee has been busy contacting over 100 businesses for their donation. We've already received several and are getting more everyday.

The next part of our planning involves you. What can you donate and what would you like to see as a donation? For those of you who are new to the auction, here's what you need to know. Generally this has been a silent auction. Items that are auctioned include dinners in members homes, food (cookies, jams, breads, etc) that is delivered at a convenient time for donor and bidder, services such as teaching a class about something, weeding or handyman work, entertainment such as tickets to a play, museum or performance. Usually we have about 100 items to bid on!

During the next few weeks you'll be asked for your donation. Also feel free to suggest something you'd like someone else to donate (how to knit, cook a special dessert, driving to medical appointments). We'll have a special area for those requests.

Many times it is very convenient to donate a gift card to your favorite restaurant, theater, or museum. Gift cards sell easily. Just be aware that it may not sell for the full face value of the card. We start our bids below the value of the donation to spur activity. If it doesn't reach full face value, MVUUF is still happy with the donation and with whatever money it does bring in.

So put on your thinking caps, get creative and let's get this auction going! We have lots of ideas if you need help. Watch for information and links in Friday emails and on the MVUUF website. Coming soon!

Jean Danko, Barb Becker, Karen Olson, Leslie Swenson, Mary Tuttle



Service auction team in action!

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Groups, Committees & Events

Stewardship

The Stewardship team is happy to welcome new member, Patrick Westcott and new chair, Candace Mahowald! We are grateful for the dedication and support of out-going chair, Kelley Hughes, in making the transition smooth.

This month we kick-off our Stewardship Campaign for the 2024-25 church year, which runs July 1, 2024 to June 30, 2025. 2025! That sounds like a futuristic date! But the whole point of Stewardship is to ensure a healthy Fellowship for the future. Look for more information about our campaign in the 2024-25 Pledge Packets, which will be distributed the first full week of the month.

Pledge packets will be available on March 3rd following the service and mailed to those members not present the following week. Pledges for the 2024-25 year can be dropped off, mailed in or you can pledge online at <https://mnvalleyuu.org/donate-3/>. Pledging information and links will also be in the Friday emails, throughout the month.



Contact Jeannie at office@mnvalleyuu.org for questions about current pledging amounts, how to pledge, or to set up automatic deductions.

If you have questions about pledging or our budget goals for 2024-25, stop by the table or contact a member of our Stewardship team. **We are better together!**

Candace Mahowald, Chair

Patrick Westcott, Steve Danko, Richard Duffin, Laura Thompson, Jeannie Piekos

Finance Report 2023-2024 on Pledging

As we start our 2024-2025 Pledge Drive it is customary to report on the last year's Pledge Drive.

Pledges make up **75% of our budget** for a total of \$189,568. As you know the 2023-24 pledge drive was short by \$30,000 from covering our expenses. We are asking our members to consider this as they make their coming year's pledge in March. This is a critical year for us as we need to eliminate that gap.

As of today, we have 127 members. Since many members are couples or partners this works out to 87 pledge units which makes the gap roughly \$300 per pledge unit. Please consider increasing your pledge to eliminate this gap. Every pledge increase will help whether it's more or less than \$300.

We look forward to your continued support as MVUUF continues to support you and your family.

Pledge Statistics: Members-127; Pledge units-87

Pledge Total: \$189,568

Highest Pledge Units: \$10,000, \$9,800, \$8,400, \$7000, \$6600

Uni-Sun

Groups, Committees & Events

Social Action Racial Justice

The SARJ group wants to thank the MVUUF Choir for a wonderful sing along community night in February. The theme of the sing along was LOVE. And supporting VEAP was a great way to share love with our neighbors. It was successful financially as well raising \$376 and 218 pounds of food and pantry items for VEAP. Several of the SARJ members toured VEAP in January and wanted to share some information with the larger community in hopes that we can strengthen our partnership with VEAP.



- VEAP stands for Volunteers Enlisted to Assist People.
- VEAP is the Twin Cities largest food pantry and it was started in Bloomington by a group of churches.
- VEAP not only provides food but works with families to help them access resources such as stable housing and better employment. In 2023 social services made up 64% of VEAP's annual budget and the food bank made up 22%.
- Volunteers help keep their management and administrative costs low at only 9% of their annual budget.
- VEAP is able to buy food from food banks at reduced cost so every dollar given goes much farther than if we were donating food directly.
- In 2023 VEAP distributed 6 million pounds of food with 2.8 million being fresh produce.
- In 2023 VEAP's mobile pantry visits were up 56%, home deliveries were up 103% and onsite visits were up 33% over the previous year.



VEAP is celebrating their 50th Anniversary on Tuesday June 11th from 4-7:00 pm. VEAP's goal for their anniversary fundraiser this year is 100,000 pounds of food and \$300,000 in funds.

All year VEAP will be having monthly challenges that MVUUF can help by contributing. You can give at any time but we will post the monthly goal in the lobby and you can drop off items there. February's goal is items for birthday bags including cake mixes and much needed FROSTING! There are many volunteer opportunities including data entry.

If you have questions about VEAP or are interested in volunteering with VEAP, please reach out to Heather at hmwarweg@hotmail.com.

Theater lovers: *Inherit The Wind* featuring MVUUF member, Linda Hayden

Linda Hayden is performing in *Inherit The Wind* with Eden Prairie Players March 15th- 24th. This play is a depiction of the real life courtroom drama in 1920's Tennessee when a high school teacher was arrested for teaching evolution. The trial was commonly known as the Scopes Monkey trial. Information at edenprairieplayers.com

Uni-Sun

Groups, Committees & Events

Sunday Sharing Partner

March's Sunday Sharing Partner

oasis
FOR YOUTH



Oasis for Youth is the trusted resource committed to elevating youth in their own community. We imagine our communities of Bloomington, Richfield, and Edina as places where every young person has an opportunity to thrive.

Bring your plastics to MVUUF and recycle with Ridwell!

Ridwell picks up on the first and third Mondays. For March that means March 11th and 25th. You must have your recyclables in their proper bag by Sunday the 10th and/or the 24th directly after the service.



MVUUF members and friends can bring in the following items for recycling: multi-layer plastics, batteries and light bulbs. Please be sure your items are clean and that your batteries are not corroded.



Along with multi-layer plastics, batteries and light bulbs you can also bring in plastic 6-pack rings, plastic bottle caps, cords and cables.

Please your items in the appropriate bag inside the box on the lost and found shelf by the front door. Additional information about what can be included is on the front label of the box. We can make a difference! Small acts make big impacts.

If you have any questions about Ridwell, the pilot program or our recycling, please contact Jeannie at office@mnvalleyuuu.org.

Uni-Sun

Groups, Committees & Events

Women's Group Saturday March 2nd

Saturday, March 2nd 10:15-12:30

Woman's Group will be having yet another interesting meeting!

We will break into groups. One to review the book Killers of the Flower Moon, and one to recommend television series, movies, books, radio programs or podcasts.

Bring your favorites in mind and expect new favorites to come out of this meeting.

All women of the fellowship and friends are welcome to attend. We won't turn guys away either.

After the program we will have a brief business meeting, then lunch accompanied by sparkling conversations.

Contact Kathy Eager kathy@darrelleager.com if you will be attending, bringing your own lunch, or if you will be purchasing the box lunch for \$8 of either chicken salad or egg salad sandwich by Tuesday evening, February 27.

We especially welcome those new to MVUUF to attend.



Men's Group March 14th at 7PM

The Future of Men's Group

Men's Group will meet Thursday March 14 by ZOOM; the purpose of the meeting will be to gauge interest in continuing men's group and to talk about potential speakers for the coming year.

Our next speaker will be in April and his topic will be the Impact of Climate Change on forests.

Questions contact John Peloquin

Join Zoom Meeting

<https://us02web.zoom.us/j/89980919910?pwd=SlduNVdDVU81VDJxVFZEcFhzc21pQT09>

Meeting ID: 899 8091 9910

Passcode: 118836

Groups, Committees & Events

Evening Book Club

Just a reminder that there is no Evening Book Group meeting in March. We will return in April with the following line up:

April 18, 2024, *Life as We Knew It* by Susan Beth Pfeffer

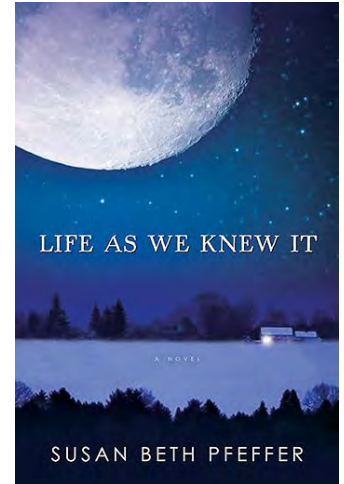
May 16, 2024, *The Second Brain: The Groundbreaking New Understanding of Nervous Disorders of the Stomach and Intestine* by Michael D. Gershon, MD

June 20, 2024, *This Tender Land* by William Kent Krueger

July 18, 2024, *The Wager: A Tale of Shipwreck, Mutiny and Murder* by David Grann

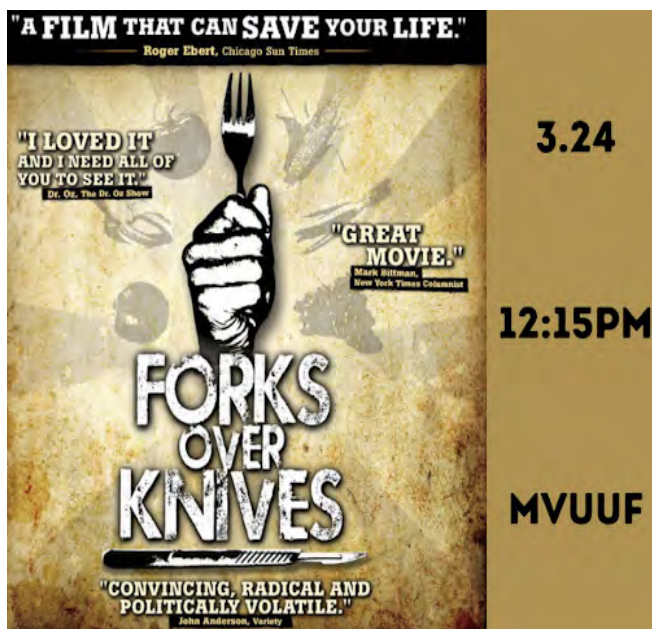
August 16, 2024, *The Natural History* by Andrea Barrett

September 19, 2024, *Sensational: The Hidden History of Girl Stunt Reporters* by Kim Todd. **Note:** Ms. Todd will be speaking to The Women's Group on April 6, 2024, at 10:30 AM



The Evening Book Group usually meets on the third Thursday of the month throughout the year at 7 PM. PLEASE NOTE THAT THERE IS NO MEETING IN MARCH.

The only requirement to attend is that you read, or attempt to read, the monthly selection. Feel free to come to any or all of the meetings. Let us know a little ahead of time so we can send you a Zoom invitation. We welcome newcomers! Questions? Email Joyce at joyceamcmartin@gmail.com or text at 952-210-1372 or leave a message at 952-942-7143



GRIEF

/grēf/ noun

a strong, sometimes overwhelming emotion for people, regardless of whether their sadness stems from the loss of a loved one or from another form of loss.

Grief Support Circle
Wednesday March 6th at 10:30am
Hosted by Rev. Laura

Uni-Sun

Groups, Committees & Events

REI March 29th at 7pm

REI will meet on Thursday, March 29 at 7pm on Zoom. The question will be: What do we mean by "Justice"?

Our question will be what do we mean by the words "Just" and "Justice"? We hear the words "Just" and "Justice" in many contexts. For example "Criminal Justice", "Economic Justice", "Environmental Justice", "Social Justice", "Racial Justice", "No Justice No Peace", "A Just Peace", "Justice as Fairness". We will have an open - ended conversation. One question that may arise is can there be conflict between justice for groups vs justice for individuals? An example might be the recent supreme court decision regarding racial preferences in college admissions (Students for Fair Admissions vs Harvard).

Religion, Ethics, Ideas

All are invited and welcome to attend.

<https://us02web.zoom.us/j/88396602066?pwd=L01KL1dRNVRMajFjVjA3d09nZ3Q1QT09>

Meeting ID: 883 9660 2066 Passcode: 907094

YOGA is finished

All good things come to an end

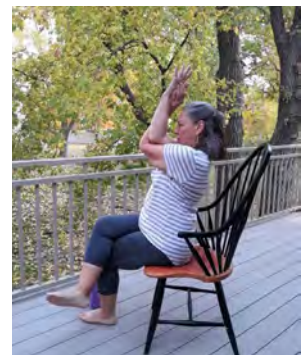
Well, it's the end of an era, friends. Fran (who is one of the busiest people) is no longer able to offer yoga. Fran's yoga classes were full of strength training, stretching, flexing and laughing. Even when I wasn't participating I enjoyed her classes because Fran's offerings were so full of good-will, good humor and good for the body moves. I often could hear the laughter and sometimes groans emanating upstairs to my office.

Did you know that Fran offered these classes to her participants free? She welcomed one and all, and only asked that they donate to MVUUF, if they could, in lieu of fees. What a brilliant way to use her gifts and talent to enrich the community of the Fellowship!

Fran brought both members and friends together, created a healthy activity and raised funds for MVUUF. She offered yoga classes for many years either in person or on Zoom. Over the last 4 years, the Fellowship received many lovely notes from people with their donations thanking Fran and the Fellowship for the classes. In 2023 alone Fran raised almost \$2000 in donations from her yoga.

Thank you, Fran, for all the yoga (and laughter) your generous spirit created at MVUUF!

It's a big yoga mat to fill but hopefully someone else might step forward to lead a class of their own.



Uni-Sun

Groups, Committees and Events

Information on the North Star Act

Dear Friends and Congregants,

Did you know that when a non-citizen commits a crime, they serve their time then 24-48 hours before they are released, the jail or prison calls ICE and notifies them (MN Statute 631.50 requires this) ICE detains them in a regional facility where they face likely deportation and family separation. The North STAR Act would end cooperation between MN law enforcement and federal immigration enforcement saving families from being separated.

Many of you are aware of Conversations With Friends, a local group committed to helping undocumented and imprisoned immigrants in Minnesota. You may have Steve Kraemer, the Executive Director, when he spoke at a MVUUF service in October. Many of you donated money to CWF and we thank you!

They need your help again! Just a small amount of your time. They need your help to support the North Star Act. [Click here for more information on the North Star Act.](#)

PLEASE take a few minutes to send a message to your senators and representatives. Need a script to make this easier? Fran can send you several different scripts that Steve has supplied.

Please email Fran at bryawnte@msn.com and she will send you a script immediately.



Print copies of Uni-Sun

Would you like a print copy of the Uni-Sun? Just email Jeannie at office@mnvalleyuu.org

Or look on the wall by the nametags for the current month.



Uni-Sun

MVUUF Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25 10:30am - Sunday 10:30am - CYF 11:30am - Potluck 11:30am - Potluck	26 1pm - Mah Jong 2:45pm - Nicole 3:30pm - CoSM	27 10am - Needlework 3:15pm - Nicole 7pm - NWG evening	28 3:30pm - Nicole 6pm - MA -	29 7pm - REI on Zoom	1 11am - Uke Jam -	2 10:15am - Women's Group
3 10:30am - Sunday 10:30am - CYF 11:30am - Hospitality Training	4 1pm - Mah Jong 2:45pm - Nicole	5 Election Primary 11am - Nicole Voice 3:15pm - Nicole	6 10:30am - Grief Grp 3:30pm - Nicole 6pm - MA -	7 10:30am Stewardship mtg	8 10am - Needlework Group	9 4pm - Community Night
10 10:30am - Sunday 10:30am - 12pm - Eve/Kai OWL	11 1pm - Mah Jong 2:45pm - Nicole	12 10am - Needlework 3:15pm - Nicole 7pm - Needlework	13 3:30pm - Nicole 6pm - MA - 7:15pm - BoT Meeting	14 7pm - men's group	15 11am - Uke Jam -	16
17 10:30am - Sunday 10:30am - CYF 12pm - Starting Point	18 10:30am - Soul Matters 1pm - Mah Jong 2:45pm - Nicole	19 10am - Needlework 11am - Nicole Voice 3:15pm - Nicole	20 3:30pm - Nicole 6pm - MA -	21 5:30pm - 7pm - Evening Book 7pm - Membership 7pm - Needlework	22 6:30pm Cong Care	23 5:30pm - WiCoM
24 10:30am - Sunday 10:30am - CYF 11:30am - Potluck	25 1pm - Mah Jong 2:45pm - Nicole 3:30pm - CoSM	26 10am - Needlework 3:15pm - Nicole 7pm - NWG evening	27 3:30pm - Nicole 6pm - MA -	28 12pm - Guys Lunch 6pm - UU Christian Fellowship 7pm - REI on Zoom	29 11am - Uke Jam	30
31 10:30am - Sunday 10:30am -	1 1pm - Mah Jong 2:45pm - Nicole	2 11am - Nicole Voice 3:15pm - Nicole	3 10:30am - Grief 3:30pm - Nicole 6pm - MA -	4	5 11am - Uke Jam -	6 10:15am - Women's

Uni-Sun

MVUUF Service Schedule

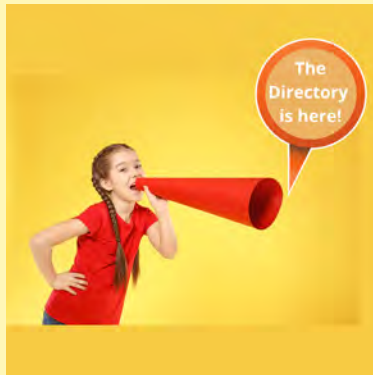
SUNDAY Service is at 10:30am. Services are multi-platform. You may join us in person, on Zoom or you can livestream on YouTube. Check the website for the YouTube link.

<https://zoom.us/j/3953901346> or call 312-626-6799; Meeting ID: 395 390 1346

Please check the [website](#), Friday emails and the above content of the Uni-Sun for all the MVUUF service themes, community dinners, potlucks, groups and other events.

If you have any questions about services or events, or if you are interested in becoming a member, please contact office@mnvalleyuu.org.

Church Directory



Are you a member of MVVUF?

Would you like a directory of Fellowship members?

Email Jeannie at office@mnvalleyuu.org for an electronic or hard copy directory.

WE ARE:

ALL CONNECTED

STRONGER TOGETHER

LOVE'S HANDS IN THE WORLD

CALLED TO CREATE JUSTICE

**RESPONSIBLE FOR ONE
ANOTHER AND THE EARTH**

Uni-Sun

BOARD OFFICERS OF THE FELLOWSHIP AS OF 7/1/2023

Chair & Board Member	Kathleen Coate	
Chair-elect & Board Member	Linda Hayen	
Secretary & Board Member	Carla V. Ries	
Treasurer	Kelley Hughes Richard Duffin	

BOARD WORKGROUPS

Marketing Committee	Doug Bruce, Richard Duffin, Steve Danko, Becky McPeek, Laura Thompson, Jeannie Piekos	

MVUUF STANDING COMMITTEES AS OF 7/1/2023

Committee	Chair(s)	
Adult Education and Enrichment	Rev. Laura Thompson	
Aesthetics	Karen Olson	
Archives	Kathy Eager	
Congregational Care	Andrea Anderson	
Committee on Shared Ministry	Barb Gilliland	
Endowment	Holly Bruce	
Finance	Steve Danko	
Membership		
Music	Barb Becker	
Nominating	Linda Hayen	
Operations	Mark Clary	
Social Action Racial Justice	John Chlebeck	
Religious Education	Maria Bavier	
Social Action	Rev. Laura Thompson	
Stewardship	Candace Mahowald	
Technology	Richard Duffin	

BOARD TRUSTEES AS OF 7/1/2023

Trustee & Board Member	Myra Basar	
Trustee & Board Member	Holly Bruce	
Trustee & Board Member	Jody Gray	
Trustee & Board Member	Becky McPeek	
Trustee & Board Email	board@mnvalleyuu.org	

MVUUF

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Bloomington , MN 55431

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Minister

Rev. Laura Thompson

minister@mnvalleyuu.org

612-216-4203

Administrator & Communications Director

Jeannie Piekos, office@mnvalleyuu.org

612-216-4113

Director of Children, Youth & Family Ministries

Maria Bavier, CYP@mnvalleyuu.org

612-216-4224

Music Director

Nicole Collins, music@mnvalleyuu.org

Treasurer

Richard Duffin, treasurer@mnvalleyuu.org

Accompanist

Lark Lewis, piano@mnvalleyuu.org

Custodian & Operations

Mark Clary, cust@mnvalleyuu.org

Uni-Sun Item Submission Information

The deadline for UNI-SUN is the 20th of each month.
Submit articles to office@mnvalleyuu.org